

NCJ

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mon dieu!

FLASH FICTION 2019

BIG STORIES IN
LITTLE PACKAGES

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Paintings of Humboldt Bay by Bobby Wright. Read more on page 24. *Submitted*

On the Cover
Illustration by Annie Kassof

NCJ

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1. Preheat the oven to 450°. In a small bowl, mix the mustard with the garlic, thyme, pepper and 2 teaspoons of kosher salt. Whisk in the olive oil.
2. Set the meat, bone side down, in a roasting pan and season it lightly with salt. Roast the meat in the lower third of the oven for 20 minutes.
3. Remove the meat from the oven and reduce the temperature to 350°. Brush the mustard coating all over the top and sides of the meat and roast for about 1 1/2 hours longer, rotating the roasting pan 2 or 3 times for even browning. The meat is done when an instant-read thermometer inserted in the center of the roast at the thickest part registers 120° (for medium rare). Transfer the roast to a carving board, cover it loosely with foil and let rest for 20 to 30 minutes.
4. Set the roast on its side and run a long, sharp knife between the bones and meat; remove the bones and set them aside. Turn the roast right side up. Carve the roast 1/4 to 1/2 inch thick and transfer the slices to warmed plates. Pour any carving juices over the meat and serve at once. For bone-gnawing carnivores, cut down between the rib bones and pass them on a plate.

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NCJ MAILBOX

SECOND LEG OF THE HOLIDAY RACE



Terry Torgerson

One Word: Plastics

Editor:

Regarding "Recycling's New Reality" (Nov. 21). I couldn't help but notice the word "plastic." I mean, maybe six or eight times in almost every paragraph? It is obvious that plastic is the recycling industry's major stumbling block. But plastic is in nearly everything. From toys to tools, packaging to parts, building materials to machinery encasements. I am typing on plastic keys and reading what I wrote on a plastic screen. Where would we all be without plastic? Worldwide!

Probably 99 percent of plastic is made from a petroleum by-product. I bet the petroleum industry is pleased that it can sell its waste, oops, I mean by-product worldwide.

How much better to profit from your waste than have to deal with it in a safe, environmentally friendly way? That is left up to the recycling industry.

One word I didn't hear in the whole article was biodegradable, as in biodegradable plastic. Plastic made from hemp or corn. Of course, the petroleum industry uses corn for the ethanol additive to gasoline. Chalk up another one to the petroleum industry. And it's even kinda good for the environment.

Which brings us back to hemp. Coincidentally, there was even an article in the same NCJ issue about the growing of hemp right here in Humboldt County ("Supes Punt on Hemp Ordinance"). Not that I think that is a good idea. Let's leave that to the Central Valley and the vast farmlands of middle America. But let us all agree, it is much better that all of our plastic be made to melt in water or even just returned to the Earth. As consumers, let's demand that our plastics be made to biodegrade, thereby closing the loop.

Roy Marin, Eureka

What's Woke

Editor:

Mr. Yeo used the word "woke" to shape his Nov. 7 column ("Love the Alien"). What is woke and what isn't? The Nov. 14 Ana Daksina and Jake Pickering letters mocked it (Mailbox). Woke is a new take on the word as Webster's had it in 1998.

I suggest woke could mean living daily life by the light of a fact: that the day will come when we disappear as a human body. Born innocent, we continue a form of life present when we were born into it. Not cookie-cutter made, we have lineage and agency. As homo sapiens we are today's version of homo erectus and how far back do you want to go? There was a time when there was no planet Earth!

As our body begins to die in our 30s, it begins to release experience that shaped it from the outside — love, work, loss, etc., even as more is added. The changes create a new you: the residue of a life. What if we consider this residue a new expression of the body we got at birth — the version we had a chance to contribute to for the time we were in it by what we did with the life we were given?

At death, this residue that gave the body expression is released. What happens to it? If the formative experience endured by every other form of life is also released by death, what does all of it form? We live as if contributing to a huge project beyond our comprehension: Life experience from all forms of life is constantly being released as these beings die. Could it be that the new human being of scripture continues taking shape in us? That through our life, but living woke, is how we use our chance to make our contribution? Easy to see from here how, why, where, religion kicks in.

Andrés Steinmetz, Eureka

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Crosswinds

Editor:

As your Nov. 21 editorial ("Protect Tsakiy-wit, Deny Terra-Gen's Wind Farm") states, "due to Terra-Gen's ownership's other investments, its proceeds could well be used to fund other power sources that will continue to pollute the environment."

This reality undercuts the Terra-Gen's entire project. The wind farm will worsen, and hasten climate breakdown.

It is imperative, of course, that we act on a local level to reduce our carbon footprint. However, world-scale toxic activities, such as pipelines, oil extraction, fracking and deforestation, can only be restrained by political action. Our military generates more greenhouse gas than any other entity, with the exception of 34 entire countries. Yet Congress approves, even increases, its budget almost without dissent. The interests involved here are deeply entrenched and changing them will involve economic upheaval. Only the people can do it.

We're not used to large-scale political action any more. Nonetheless, we have to find our voice, as we did in the supervisors' chamber last week, to abate the approaching world climate catastrophe.

Ellen Taylor, Petrolia

Editor:

I am rarely surprised when mega-corporations like Terra-Gen try to bend public opinion with lies but the company's recent slander against the Wiyot people is both surprising and repugnant. I'm talking about (property owner) Lane Russ' recent demand that the Wiyot people prove that they once inhabited the Bear River Ridge. What he's really saying is, "What right do the Wiyot people have to stop this (Humboldt wind) project?"

This attempted character assassination won't work. Read:

- "An American Genocide," Oct. 27, 2016.
- *The Quest for Qual-a-Wa Loo*, (Holmes Book Company, 1964).
- *The History of Humboldt County* by Leigh Irvine (1914).
- *The History of Humboldt County, California* by Wallace Elliott.
- University of California Archaeological Survey #54 (1961).
- *California Indian Country, the Land and the People* by Dolan Eargle Jr.
- *Atlas of the North American Indian* by Carl Waldman

Terra-Gen has already admitted (in the DEIR) to discovering Native American artifacts at numerous sites along Bear River Ridge. History proves that the Wiyot people have every right to stop this Humboldt wind project and save their cultural heritage!

On Oct. 14, Gov. Gavin Newsom said, "The

Continued on next page »

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NCJ MAILBOX

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indigenous peoples of California persevered through our state's shameful history, including the genocidal "war of extermination" directed by California's first governor. Recognizing the enduring trauma of this violence and oppression, I took the initial and necessary step earlier this year to formally apologize to California Native Americans — a step I encourage other leaders to take in good faith alongside California. We are also creating a Truth and Healing Council to continue on this journey of reckoning with our past and healing together."

We are in a defining moment in our county's history. Will we sit silently on the sidelines while industrialists run roughshod over sacred lands? I agree with the governor. We need to stop this genocide.

Rick Pelren, Fortuna

Editor:

I am in favor of the Terra-Gen windmill project. The only way to lessen the severity of the impacts of climate change is to utilize renewable energy, such as solar and wind, and transition away from fossil fuels.

There are those who claim that we can do this with solar energy. People with knowledge and experience with solar energy don't agree. Solar, while important, costs significantly more and, if utility scale, requires square miles, not acres, of land. Please check on-line comments by Jay Peltz.

The impacts associated with the Terra-Gen project are outweighed by the impact our climate crisis is having on people and ecosystems around the world, right now.

For instance:

- In parts of Pakistan the temperature has risen 4 degrees Celsius. The resulting droughts, loss of agricultural productivity and health impacts have been devastating.
- Island nations in the central tropical Pacific Ocean are in danger of being completely overrun and destroyed by the ocean due to sea level rise. (Sea level rise in our own country is impacting the food sources and land of the Inuit people of Alaska.)
- The abundant marine life in the northern Pacific Ocean is threatened as a result of the shrinking of an ice sheet just north of Japan. This sheet historically has supplied substantial nutrients to the ocean and its sea life. (See a Nov. 12 article on this in the *Washington Post*.)

Greenhouse gas emissions produced locally for our electricity, such as from PG&E's natural gas plant and the biomass energy used by RCEA, contribute to our planet's global atmosphere, impacting

the cosmos

the bumble bee unlatches
 from the folds of a cosmos

where it slept last night
 while I slept nearby inside

a plastered wooden box
 I don't know why I call it home

one morning I may forget who I am
 and begin to buzz and wobble

maybe I too will lift from a cosmos
 and disappear into light

— Michael Spring

Pakistan, the island nations, the Inuits, the Pacific Ocean marine life and much more. We should be supporting efforts to reduce our local contributions to these gases. The Terra-Gen project does this.

Nancy Ihara, Manilla

Editor:

The latest report on world climate is now even more dire. We have only 10 to 15 years. We must move quickly to wean ourselves from fossil fuels. No time for NIMBYism. The Terra-Gen project to install wind turbine machines is needed. Solar panels are fine as well as conservation but alone cannot meet our energy needs. The concerns about the danger to birds and bats pale in relation to the wholesale loss of species to climate change.

Yes, Terra-Gen is a profit-making company that also invests in fossil fuels; but it, like other energy companies, sees clearly the "writing on the wall." It must start investing in wind and solar if it is to survive.

And, of course, it will be necessary to hook into the existing power grid. That is how our power is distributed.

Some don't like the fact that these turbines will mar the pristine view. A couple of recent cross-country trips revealed thousands of these turbines, as well as large fields of solar panels. A trip along the Danube in Germany saw the same. The view was fine and gratifying. Now it is our turn. As the apt saying goes: Think globally, act locally.

Edward Webb, McKinleyville

Write a Letter!

Please make your letter no more than 300 words and include your full name, place of residence and phone number (we won't print your number). Send it to letters@northcoastjournal.com. The deadline to have a letter considered for the upcoming edition is 10 a.m. Monday. ●

Trinity River Under Siege

Trump administration, reservoir project threaten North Coast rivers

By Thadeus Greenson
thad@northcoastjournal.com

While local tribes celebrated a federal appellate court ruling last month upholding their senior water rights on the Klamath River, a trio of threats facing the Trinity River combine to paint a foreboding picture for local salmon populations.

"Just the status quo is a risk to the river and the fishery," said Thomas Stokely, a retired Trinity County planner who currently co-manages the nonprofit Save California Salmon and has spent more than three decades working on Trinity River water issues.

But conditions are far from status quo, as a seeming sweetheart deal for the nation's largest agricultural water supplier, a new reservoir project and what environmental groups charge is a flawed biological opinion supporting a Trump administration water plan all threaten to siphon more Trinity River water to other parts of the state.

"All of these things are calling for more delivery of Trinity River water (to the south)," Stokely said. "As Trinity Lake is drawn down during drought years, it will be drawn down more quickly and it won't recover. Sooner and sooner, it will be drawn down to a mud puddle that will be too warm to save the salmon."

And that would, in turn, have devastating consequences for the Klamath River, which counts on the Trinity — its principal tributary — to deliver an influx of cold water to its lower reaches.

The Yurok and Hoopa Valley tribes both issued celebratory press releases last week after the Ninth Circuit U.S. Court of Appeals issued a ruling in the case of *Baley v. United States*, which was filed in 2001 by Klamath Irrigation Project irrigators who charged the Bureau of Reclamation acted improperly when it halted water deliveries that summer in the face of a drought. But the court ruled in the federal government's favor, finding that the Yurok, Hoopa Valley and Klamath tribes have senior, federally reserved water rights that predate those of the irrigators' and require

enough in-stream water to ensure the continued existence of tribal trust species, including salmon.

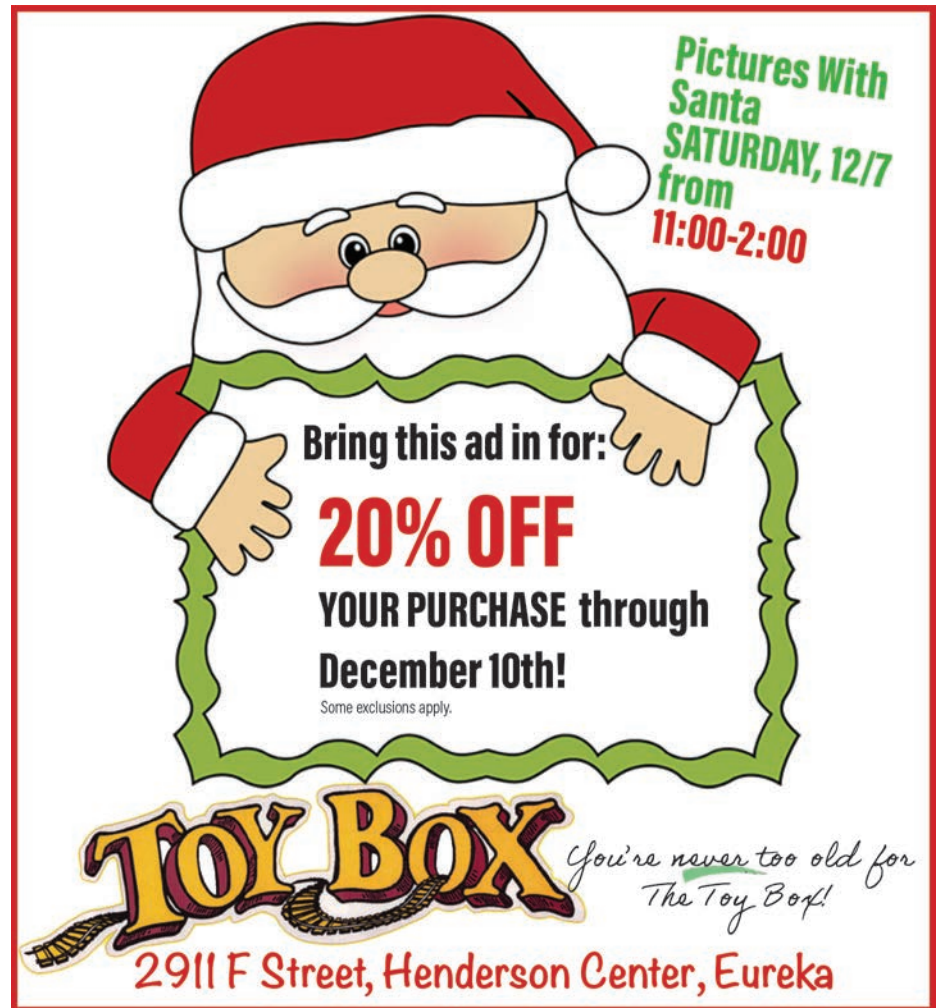
"This decision is very important to define our rights in the basin vis-à-vis other interests," said Yurok General Counsel Amy Cordalis in a press release. "By definitively affirming that our water rights ensure, at a minimum, the persistence of the (Endangered Species Act) listed species, rather than fighting irrigators or the federal agencies about the existence of those rights, we can move forward in determining what water the ailing fish populations need. This is a key step forward in reclaiming and restoring the Klamath River ecosystem."

The decision — though appealable to the Supreme Court — is a huge win for the tribes that have been enmeshed in almost two decades of litigation on the issue but it remains to be seen whether it might set a precedent for the Trinity River, where threats are mounting on several fronts.

Perhaps first and foremost, the U.S. Department of the Interior is currently mulling whether to agree to permanently give the Westlands Water District in Central California up to 1.15 million acre-feet of water annually, or roughly enough to supply 2 million California families. Under the terms of the deal, Westlands — which serves some of the nation's wealthiest corporate farms and sells surplus water to nearby municipalities at a hefty profit — would pay a little more than \$300 million to reimburse the costs of erecting the dams and canals that transport the water and are collectively known as the Central Valley Water Project.

The project, which included the construction of Lewiston Dam and the creation of Trinity Lake in 1961, was carried out specifically to provide Trinity River water to Central Valley farmers (through Westlands) via the Sacramento River. The trouble is the Bureau of Reclamation has six times more water rights than there is water in the Trinity River, according to

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NCJ NEWS

Continued from previous page



The Trinity River in Hoopa. *File*

Stokely, prompting the term “paper water” and the steady stream of fights and litigation over who gets what and what’s left over for fish.

Stokely and other environmental groups contend that entering into a contract to forever give Westlands the full amount of water it was able to pull in 1963 is simply bad policy and gives the district a prominent seat at the table in all future water fights.

Some have also argued that the deal is the result of a conflict of interest years in the making, as Interior Secretary David Barnhardt’s lobbying firm made \$1.3 million over a five-year period working for Westlands prior to his being appointed to a position in the Interior Department. In fact, Barnhardt’s lobbying efforts have been credited with Congress’ approval in 2016 of a law that paved the way for the types of permanent water contracts Westlands is now looking to reel in.

North Coast Congressman Jared Huffman has been sharply critical of the deal, saying, “The Interior Department needs to look out for the public interest, and not just serve the financial interests of their former lobbying clients.” (An interior spokesperson, meanwhile, has maintained the Westlands contract was delegated to Bureau of Reclamation staffers and Barnhardt has not been involved.)

A public comment period on the contract is open until Jan. 8 and comments can be emailed to Erma Leal at eleal@usbr.gov.

Meanwhile, the Humboldt County Board of Supervisors on Dec. 10 will

consider whether to begin the process of withdrawing its stated support of the Sites Reservoir project, a proposed \$5 billion off-stream storage reservoir that would collect winter flows from the Sacramento River and store them west of Colusa. The board penned a letter last year expressing support for the project but asking for reassurances that it wouldn’t impact the Trinity River’s health or the county’s rights to 50,000 acre-feet annually of its flows. Those assurances have been slow in coming and the project’s draft Environmental Impact Report did identify potential impacts to the river.

Most notably, the report indicates the project could result in a change of timing of water diversions from the Trinity to Sacramento rivers, which could cause water to pool in Lewiston Reservoir in the fall, increasing water temperatures in the river and potentially harming salmon.

The board is slated to consider sending two letters to project officials on Dec. 10 — one asking them to revise and recirculate the environmental report to correct errors regarding potential fish impacts and another requesting a legally binding agreement essentially pledging that there will be no negative impacts to salmon in the Trinity and Lower Klamath rivers as a result of the project. If the county doesn’t receive a response by Jan. 15, it would consider withdrawing its conditional support of the project, according to a draft letter.

Finally, in October, the Trump administration released a biological opinion that reverses findings made by scientists a decade ago granting Endangered Species

Act protections for salmon and delta smelt, and consequently gave California rivers preference over irrigators. The opinion flatly contradicted one released in July, which concluded excess water diversions would imperil endangered fish populations. The administration pulled the document two days after its release, saying it needed “additional review.”

In addition to contradicting the prior opinion, the new one would turn years of scientific studies upside down, stating that the fish would not be jeopardized by continued — or even increased — water diversions. The state of California has indicated it plans to sue the Trump administration over the opinion, saying it’s a necessary step to protect Chinook salmon, steelhead and smelt.

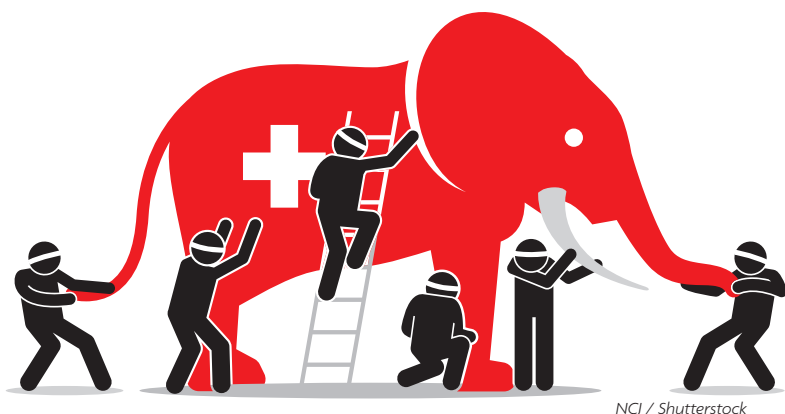
Stokely said the dangers currently facing the Trinity River are dire.

“Just the biological opinion would pretty much be a death sentence for the Trinity River,” he said. “All the way up to Lewiston Dam, there won’t be any cold water and the fish will die in the hatcheries and the fish will die in the river.”

Later in the conversation, Stokely sighed, contemplating the cumulative threats of the Westlands contract, Sites Reservoir and the biological opinion.

“It all ties together and it’s kind of like death by a thousand cuts,” he said. ●

Thadeus Greenson is the Journal’s news editor and prefers he/him pronouns. He can be reached at 442-1400, extension 321, or thad@northcoastjournal.com. Follow him on Twitter @thadeusgreenson.



The (Single-Payer) Elephant in the Room

By Patty Harvey

views@northcoastjournal.com

There's the ancient Buddhist story about blind men describing an elephant. One grasps the tail: "An elephant is like a rope." One has an ear: "An elephant is flat and floppy." Another, a leg: "An elephant is like a tree trunk." These isolated conclusions do not describe an elephant. This has relevance to what people hear (and mistakenly think) about a single-payer healthcare system: Some fear losing their private health insurance, others worry about loss of choice and lack of healthcare access, and still others believe that taxes will go up and access will go down. These are limited beliefs that are wholly misleading when describing single payer. Let's take them one at a time.

1) Indeed, private, corporate health insurance would be disallowed from offering treatments that are publicly paid (meaning by all of us) and that privately delivered single-payer health care would freely provide. Private health insurance would mostly be out of business except for certain elective or cosmetic procedures. Why? Nearly a third of what we pay private health insurance companies is wasted as profit and overhead, money that does nothing to promote health. The cost of coping with health insurance companies' pre-authorizations, denials, paperwork, regulations and requirements runs privately practicing doctors an average of \$100,000 a year. Many move to Canada (yes, Canada) to practice medicine as they were trained to do without the frustration and financial burden of fighting insurance institutions dedicated to making money over providing care. So, yes, private health insurance would be lost and a fully accessible program of health

care would be gained. No more premiums, deductibles, co-pays or point-of-service doctor or hospital bills. We should ask ourselves here in Humboldt County about our own current burdens with healthcare costs: How many of us can say exactly what we sacrifice from our paycheck for a health-care plan? Do we know how much our employer pays and how that affects what we earn? How much control do we have over what companies our employer might use? In addition, how many of us are aware of the costs to us, personally, for the local governmental health insurance programs we subsidize — our county, city, service districts all buy from private, for-profit corporate interests that cost every one of us in terms of local taxes and fees? At the same time, we subsidize many health insurance programs for (certainly deserving) children, the poor, Native Americans, veterans and others. On top of that, we (those of us not employed by or are a part of any of those groups) must pay for our own private coverage. One important example: In 2017, Humboldt County paid more than \$18 million for its 2,377 employees. We all paid for that, plus the levying of Measure Z to plug a \$6 million budget deficit that was created by lining the pockets of for-profit institutions. We should ask ourselves, finally, "What good does private health insurance really do?" How much better would it be to have a system that provides a single, streamlined, unified program that impacts everyone equally?

2) That's where "choice" comes in. Private health insurance asks you to make a gamble when you "choose" a plan: Shall I pay less and gamble that I won't get sick or

Continued on page 11 »

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should I pay more and hope that the plan will actually come though for me when I need it? I can have the “choice/risk” of paying a high or low premium for a basically defective product since no one can say what the future holds. It’s a cruel choice. A single-payer plan, on the other hand, has no profit motive to deny care wherever, whenever and from whomever you choose. It would be one broad network that, yes, actually does fit all, from cradle to grave, regardless of employment, income, race, ethnicity, marital status, etc. This is a real choice.

3) Taxes will definitely go up. It could be a sales tax, a gross receipts tax, a capital gains tax, a Wall Street transaction tax or simple wealth tax ... there are many ways to find money in this, one of the richest countries on Earth. But as it turns out, the problem of finding money is not even that pertinent, given the cost-savings of a single-payer program. Even the conservative Koch Brothers’ group, The Mercatus Center, found that a single-payer system such as proposed by the Jayapal Universal Healthcare Bill (H.R. 1384) would save the U.S. some \$2 trillion over the next decade. For the record, however, below is just one possible scenario proposed by the Robert Pollin study conducted by the Political Economic Research Institute of the University of Massachusetts.

- \$2.93 trillion: Needed to fund a Medicare-for-All program.
- \$1.88 trillion: Current spending by the government for U.S. health care.
- \$623 billion: From an estimated 8-percent cost savings to businesses no longer paying for health care premiums.
- \$196 billion: Revenue from a proposed 3.75 percent sales tax on nonessential items (excluding food, clothing and other items).
- \$193 billion: From a proposed 0.38 percent tax on individual net-worth in excess of \$1 million.
- \$69 billion: From a proposed long-term capital gains tax.

This revenue (from taxes) and cost savings (for businesses) adds up to \$2.96 trillion, more than would be needed to fund Improved Medicare for All.

The difference is that instead of the yearly \$3.6 trillion we now pay for health care, with a single-payer program that cuts out the profit and overhead of corporate health insurance, that amount could be reduced to as little as \$2.93 trillion.

To bring it closer to home, take a family

of four with employer-based health insurance — they pay about \$18,000 per year for a network-restricted plan that can be lost or cancelled at any time. Adding a \$2,000 deductible and \$1,000 in co-pays brings the total family cost to \$21,000 a year — a private tax. Even if this family ends up pay-

ing, high estimate, an extra \$5,000 per year under single payer, they will save \$16,000. It is possible that the very wealthiest (1 percent) of us may see the least reduction in personal healthcare cost but the vast majority will save significantly.

“There is not a nation in the world with universal healthcare that would trade for our broken, inefficient, inequitable and irrational healthcare programs.”

4) As for access and quality — we hear repeatedly from corporate propaganda how much better our healthcare is here than abroad. Nothing could be further from the truth. (We do, indeed, have great health-science, if you can afford it.) Besides paying twice per capita what other countries pay, our outcomes, especially in categories like life expectan-

cy and maternal and infant mortality, are much worse. With 70 million of us un- or under-insured, bankruptcy, homelessness and premature death are the outcomes we endure from lack of access to the health care we need — results unheard of in the rest of the civilized world.

Although no system is perfect and there are always anecdotal, fear-mongering stories, there is not a nation in the world with universal healthcare that would trade for our broken, inefficient, inequitable and irrational healthcare programs. It’s time to stop listening to sightless conjecturing about what a single-payer system is all about. With an accurate description of many of the important parts of this pachyderm, let’s do it: Let’s bring on the whole elephant. ●

Patty Harvey prefers she/her pronouns, lives in Willow Creek, is a retired teacher and current director of Health Care for All-Humboldt. She has been a Humboldt County resident off and on for more than five decades. For more information about Health Care for All-Humboldt, email healthcareforallhumboldt@gmail.com or join its regular meetings, held at 5 p.m. on the fourth Wednesday of the month at The Sanctuary, 1301 J St. in Arcata.

Have something you want to get off your chest? Think you can help guide and inform public discourse? Then the North Coast Journal wants to hear from you. Contact us at editor@northcoastjournal.com to pitch your column ideas.



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Winter Storms Usher in the Holiday Season

A so-called “bomb cyclone” pummeled the North Coast at the beginning of Thanksgiving week followed by another winter storm at the tail end that tangled holiday traffic and left thousands of residents in the dark, many for days.

Pouring rain and battering winds uprooted trees and downed power lines across the region, with the National Weather Service reporting that the highest recorded gust in Humboldt County was 80 mph at a PG&E weather station in the mountains south of Ferndale.

At one point, nearly 20,000 customers were reported to be without electricity due to “widespread damage to power lines,” which in turn made it difficult to restore service to “a large number of customers at one time,” according to the Humboldt County Office of Emergency Services.

Meteorologist Scott Carroll with the National Weather Service office in Eureka said the storm reached an “unconfirmed” record low of atmospheric pressure, which is what meteorologists use to determine the storm system’s location.

The low pressure played a major factor in the wind speeds.

“It’s the lowest pressure system ever reported in California since records began,” he said, noting the reading hit 28.64 inches near Crescent City on Nov. 27, “which was pretty close to center of the storm, which was near the California-Oregon border.”

The term “bomb-cyclone” is not often used by meteorologists, Carroll added, but it is a reference to a rapidly intensifying low pressure system, with pressure falling within 24 hours.

Carroll also said that gusts hit 70 mph at 2,900 feet southwest of Scotia, 45 mph at the NWS office on Woodley Island and 54 mph at the Arcata/Eureka Airport in McKinleyville.

Damage left in the storm’s wake included a downed billboard along the U.S. Highway 101 Safety Corridor and a ripped metal canopy at a Eureka gas station.

Local resident Matt Huber told *Redheaded Blackbelt*

Thanksgiving Vigil



On Thanksgiving morning, some 50 people gathered on the steps of the Humboldt County Courthouse to hold a vigil for immigrant families separated in detention centers. Renee Saucedo and others spoke at the event organized by Centro del Pueblo, the Seventh Generation Fund for Indigenous People and other organizations. See the full slideshow at www.northcoastjournal.com. POSTED 11.28.19.

Photo by Mark McKenna

that he witnessed a crazy wind hit Nov. 26.

“I was driving on 101 between the Loleta exits,” he said. “I saw this trampoline 20 feet in the air ... [It] came flying down and smashed into a brand new Audi.”

Huber said he went to help when the driver ran into an embankment after being hit. “When I was driving away, the trees started snapping. ... I’ve lived there all my life and I’ve never seen anything like that before.”

The California Highway Patrol reported a major increase in calls for response during the storm. As of 10:30 p.m. Nov. 26, CHP dispatch had more than 360 calls compared to 130 the day before.

While visits were up, St. Joseph Health spokesperson Christian Hill said none were believed to be directly related to the storm.

“We did see an uptick in patients in our emergency

department around the Thanksgiving holiday but it was in line with our historical volumes and did not indicate any causal relation to weather activity,” he wrote in an email to the *Journal*.

After the skies cleared, the temperature plummeted, with Nov. 28 tying a record low for the day at 30 degrees and Nov. 29 and Nov. 30 coming within one degree of the same by hitting 30 and 34 degrees, respectively.

During those frigid mornings and nights, thousands in the region remained without power.

Another winter storm followed, mainly in the mountains over the weekend, with chains required in some areas. But along the coast, temperatures soared in comparison to the previous few days, hitting 65 degrees Dec. 1 and Dec. 2, but setting no records.

— Iridian Casarez and Kimberly Wear

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For the news as it develops and all you need to understand politics, people and art on the North Coast, follow us online.

Fatal Crash: A man was killed and his passenger severely injured just before 1 p.m. on Nov. 27 after the driver lost control of his vehicle for unknown reasons near Salmon Creek Road on U.S. Highway 101 amid “heavy rainfall and hail” conditions and drove into the path of a Ford Excursion traveling in the opposite direction. POSTED 11.27.19

Justice for Josiah: The mother of slain Humboldt State University student David Josiah Lawson has joined with Arcata Police Chief Brian Ahearn to tape a public service message asking for any witnesses to his April 15, 2017 stabbing to contact the department. POSTED 11.26.19

Chief to Retire: The city of Fortuna announced Dec. 3 that Police Chief William Dobberstein, who started with the city’s force in 1994 and has been at the department’s helm since 2011, will be retiring next month after serving the Friendly City for 25 years. POSTED 12.03.19



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FDA: CBDon't

By Thadeus Greenson
thad@northcoastjournal.com

The U.S. Food and Drug Administration issued a stern warning this week about the potential dangers of cannabidiol, the cannabis-derived compound sweeping the nation.

Commonly known as CBD, the non-psychoactive cannabinoid has been the subject of a wellness craze that has credited it with everything from treating acne and joint pain to cancer and neurological conditions. The CBD movement went mainstream late last year, when Congress included amendments to the Farm Bill to federally legalize industrial hemp and CBD, paving the way for CBD balms, ointments and tinctures to show up on shelves from pharmacies to gas stations. The stuff has even made its way into tampons ("This is Not a Weed Tampon," June 13) and fast food ("The CBD Burger and the Evangelist Editor," April 25).

The problem, as the FDA notes, is that there is an absolute dearth of science to support claims of CBD's health benefits or even the notion that it isn't harmful.

"The FDA is concerned that people may mistakenly believe that trying CBD 'can't hurt,'" the FDA warning reads. "The agency wants to be clear that we have seen only limited data about CBD's safety and these data point to real risks that need to be considered."

First and foremost, the agency warns that CBD can cause liver injury. When the FDA approved a form of CBD for treatment of two seizure disorders in 2018 — the only CBD treatment thus far to get the FDA's seal of approval — the agency identified the risk of liver injury as a concern. But the FDA ultimately determined that if taken under medical supervision, the treatment's benefits outweighed its risks and approved it for use.

"This serious risk can be managed when an FDA-approved CBD product is taken under medical supervision, but it is less clear how it might be managed when CBD is used far more widely, without medical supervision and not in accordance with FDA-approved labeling," the warning states, adding that it found liver damage through blood tests of patients, some of whom weren't taking other drugs known to impact liver function.

Further, the FDA notes that studies of the two CBD treatments approved by the agency also show there is a risk of CBD

interacting with other medicines.

"Taking CBD with other medications may increase or decrease the effects of the other medications," the warning states. "This may lead to an increased chance of adverse effects from, or decreased effectiveness of, the other medications. ... We are concerned about the potential safety of taking other medicines with CBD when not being monitored by a healthcare provider."

If all that weren't warning enough, the FDA says studies in lab animals have linked CBD with male reproductive toxicity, including but not limited to a decreased testicular size, inhibition of sperm growth and development and a decrease in circulating testosterone. This toxicity, the FDA warns, was also found in the male offspring of "CBD-treated pregnant females."

The FDA believes there are also just a ton of unstudied questions at this point.

"What happens if you take CBD daily for a sustained period of time? What is the effect of CBD on the developing brain (such as children who take CBD)? What are the effects of CBD on the developing fetus or breastfed newborn? How does CBD interact with herbs and botanicals?" the FDA asks.

These are all good questions, ones that would have been answered already if not for the long-standing folly of federal prohibition. But we are where we are and we don't know what we don't know.

What we do know is there's a lot of anecdotal evidence that CBD is or can form the basis of effective treatments for a range of maladies. But personal anecdotes and clinical trials are very different things. And to hear the FDA tell it, you might want to wait for these trials to come back before making CBD a regular part of your health and wellness regimen.

At the very least, talk to your primary healthcare provider about the stuff before you start slathering it all over your skin, dropping it under your tongue or sticking it in your hamburgers (or anywhere else).



Thadeus Greenson is the Journal's news editor and prefers he/him pronouns. He can be reached at 442-1400, extension 321, or thad@northcoastjournal.com. Follow him on Twitter @thadeusgreenson.

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FLASH FICTION 2019

Big stories in little packages

It's only 99 words — what could happen? Evidently a lot. Entries in this year's flash fiction contest gave us talking animals, zombie apocalypses, young love blooming, old friendships withering, family reunions and familial shunning. The breadth of these tales belie their humble size, much to our judges' delight. Along with myself, returning for duty are retired children's librarian JoAnn Bauer, Booklegger owners Jen McFadden and Nancy Short, and College of the Redwoods professor and newly minted Poet Laureate of Eureka David Holper. Here's what we dug most, starting with this year's winning story, "Grand Canyon" by Colin Trujillo.

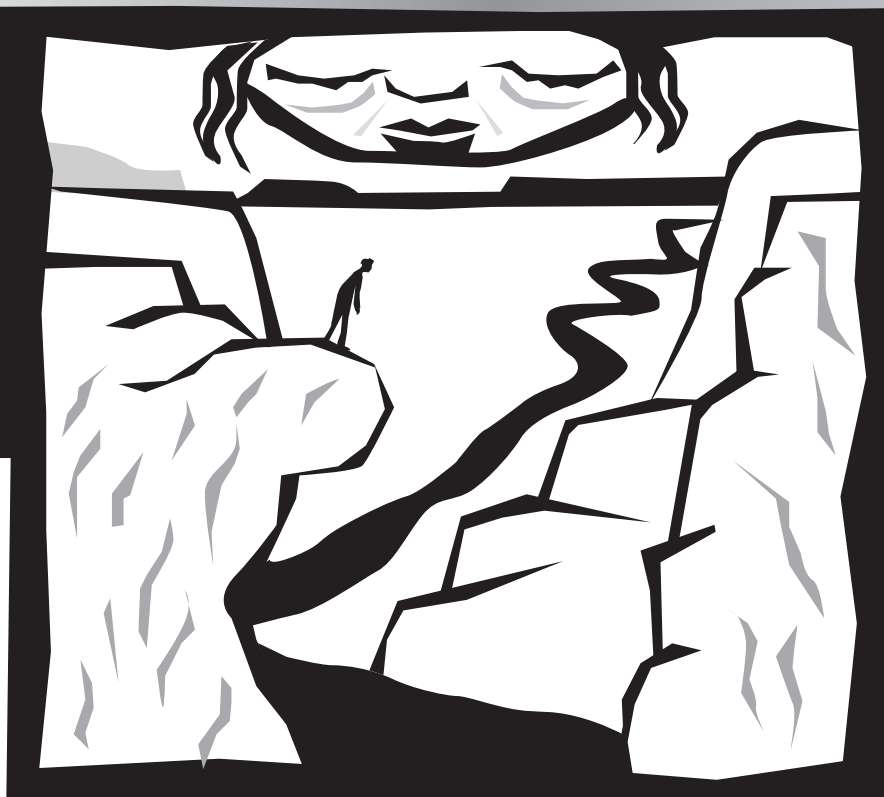
— Jennifer Fumiko Cahill
Illustrations by Annie Kassof



OVERALL WINNER CHOSEN BY NCJ

GRAND CANYON

BY COLIN TRUJILLO, ARCATA



➤ "Hola mamá, ¿Cómo estás?"
"Bien, ¿Y tú?"
"Bien."
She doesn't remember her son, but she remembers her high school Spanish.
"I brought your favorite."
She takes the plate. Looks at me like a stranger.
I read her the paper for a while. Nothing overly exciting. Travel section.
It's so grim here. Off white. Institutional.
She nibbles a fry, but hardly touches the fish.
"Remember that vacation to the Grand Canyon?
You walked right up to the edge and said, 'I thought it would be bigger.'"
A shadow of a smile.
For just a second, I think she does.

Stories, especially brief ones, can sometimes treat people with dementia as props or emotional shortcuts but this one gives the mother and the speaker equal humanity and individuality with its details. Those details anchor the reader in a real world for a moment. — NCJ

This author, like its subtle title, powerfully captures the sad reality of the damage that Alzheimer's can do to a parent — and how painful that is to be witness to. — David Holper

Somehow this story encapsulates a particular grief while giving us a glimpse of what is lost. Its art is in the celebration of a relationship that continues even as its history has slipped away from one of the parties. The widening gulf is, of course, a grand canyon, yet it left me with a sense of affection and connection. — Nancy Short

FINALISTS

MAIZE

By Melea Cadmium, Arcata

➤ A prisoner sits on a gray transfer bus, four and a half hours into a seven-hour drive across Kansas. It is sometime in the deep of night, and the monotonous view out of the slits of windows, hour after hour, is dark fingers of corn. A transfer guard occupies the same bench seat, but keeps a considerable distance. The prisoner is still, but his face is etched with discomfort from the chain cutting across his stomach. Silently, the guard reaches over and loosens the chain. The corn begins to appear yellow as the morning sun lightens the sky.

We never learn how either of the people in this story arrived at this moment but their interaction, small as it is, is meaningful. Something changes with that gesture and it comes across in the final description. — NCJ

This author offers a bleak vignette of a prisoner on a bus driving across Kansas.

Although subtle, the small kindness the guard offers and the sunrise offer the smallest amount of hope in what otherwise seems a dismal life. — David Holper

WTFACEBOOK

By M. Susan Pahl, Arcata

➤ WTF?

The power is out for 24 hours and Turkey invades Syria?

Feeling like Rip Van Winkle here, folks.

(pic of) wreath

(pic of) DIY wreath

(pic of) steak & eggs #butitsvegan

c'mon, we are bigger than posting pictures of jack-o-lanterns or this morning's breakfast, aren't we? People (OK, not us) but people are going to die today.

WTF???

I'm just saying that somebody could've said SOMETHING.

Just saying ...

Because my power was shut off, but you guys ...

(pic of) turkey created from child's hand-print

(pic of) eggs benedict #butitsvegan

This quick capture of social media posts in relation to the recent news about the Turkish attacks on Syrian Kurds reminds us about priorities. — David Holper

FIRST KISS

By Aisha Cissna, Eureka

➤ It happened atop a soiled moldy mattress, whose broken springs groaned exhausted squeaks when we shifted our weight.

A steady stream of cars screeched down Brookhurst Street; the strip mall skyline depressed by our smoggy sunset. We gazed from an abandoned yard, chip bags tumble-weeding between clumps of dusty grass.

Jacob, like me, had just moved to this motel peppered with folks who were down on their luck. Broken beer bottles cobbled the path to peeling blue doors. Behind No. 9, my father snored. Our bathroom sparkled with crumpled bits of foil that wrapped singed residue of crystallized happiness.

This poignant story of human connection in heartbreaking circumstances impressed me with its restraint. The author's careful choice of words and images draws a vivid scene. — Jen McFadden

What a totally bleak landscape this narrative evokes. Every image adds to the oppressive atmosphere. In contrast, the last line with its "sparkled ... bits of

foil" and "crystallized happiness" makes an even sadder commentary on self delusion. One can only hope that the narrator and Jacob find their way out of this shadow life someday. — JoAnn Bauer

LADY LUCK STRIKES AGAIN

By Lauri Rose, Bridgeville

➤ She stepped into the casino and relaxed. The cool dark, the ringing of happy slots all coalesced to confirm she was right to come, that she'd be lucky today. Wasn't that a song, "Luck Be A Woman Tonight?" That was her, a lucky woman tonight.

He was smoking in front of "her" slot, chatting with his friend. Which was rude, either play the machine or get up. She told him that. He gave her a look, then lazily drew a quarter from his pocket. There, on her machine, on a quarter bet, she watched him steal her luck away.

This one has a heroine, a villain and a tragic ending, all in 99 words. We even get to know our relatable protagonist through her thoughts and her misremembered lyrics, just as we do the scoundrel who stole her luck. — NCJ

THE AMERICAN MUSHROOM SOCIETY

By Sarah Godlin, Fieldbrook

➤ "It's with a heavy heart that we must inform you; Mushroom Season is canceled. Sorry for any inconvenience this news may cause."

The letterhead seemed authoritative: The American Mushroom Society, Philadelphia, PA. Gladys was no skofflaw; She would refrain, but she couldn't help wonder how Ben Dover, Society Board of Directors President, knew she collected mushrooms. She had only told Ada!

Lunching with Ada and picking mushrooms were her only Joys! First the feud with Ada, and now this. She'd just have to eat alone and wait for news about the next season.

What a sad and circumscribed life this describes. Ada might have been a good

Continued on next page »



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Saturday, December 7 * 1pm
Tuba Christmas led by Fred Tempas



SUPPORT LOCAL ARTISTS
Saturday, December 7 * 6-9pm
Experience the festive atmosphere in Downtown & Old Town as you stroll from business to business enjoying beautiful art, music, shopping and dining.

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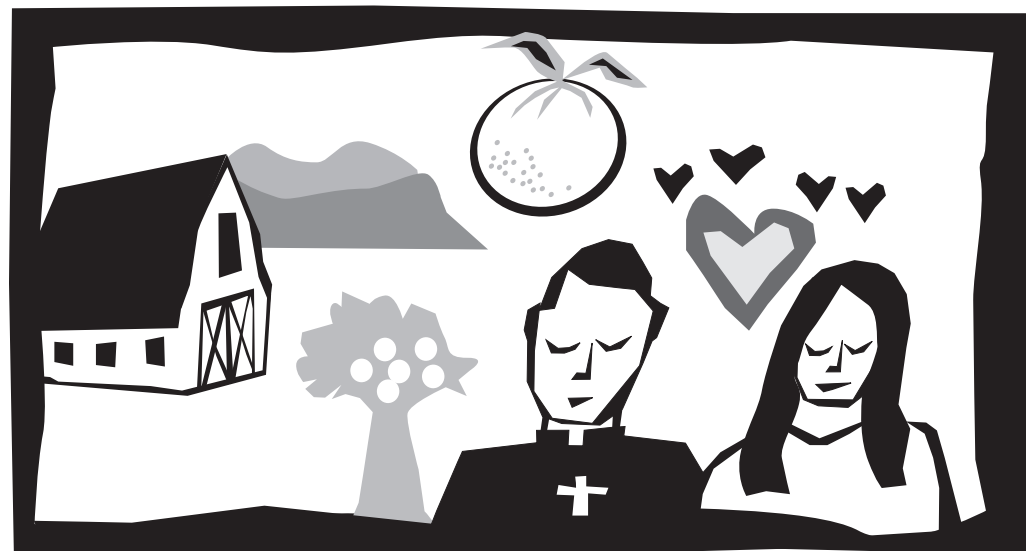
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NCJ ON THE COVER

Continued from previous page



friend once, but she has surely proved to be a resourceful and malicious enemy. Also you don't see "skofflaw" (or scofflaw) used in a sentence often enough! — JoAnn Bauer

UNTITLED

By Joe Fox, Ferndale

➤ An old fox met a young cat. "You should come with me," said the cat. But the fox was wary. "This will never work. Your legs are not the same length as mine and you have my disease. Our colors are different and we speak different languages. What I think is beautiful makes you afraid. And what you desire hurts my nose."

"These things are true," said the cat. "But you should come with me anyway. I promise, you will have all that you desire."

But the fox was right. Even so, he searches for her day and night.

This feels both like a folk tale and a painfully accurate story about how protecting ourselves from disappointment in love can leave us brokenhearted anyway. And "What you desire hurts my nose" is the new "It's not you, it's me." — NCJ

LOOK MOM

By Bruce Taylor Jr., Westhaven

➤ I was 4 years old yelling look Mom no hands when I urinated anywhere but in the toilet bowl as she ran toward me shrieking. I was 12 years old yelling look Mom

no hands when I crashed my bicycle, her shouting as she ran toward me and gathered me up to take me to the hospital for a broken collarbone.

I was 20 years old returning from a tour of duty in Afghanistan after an I.E.D. explosive accident. I walked slowly off the plane and up the ramp toward her, and I didn't have to say a word.

This author uses a humorous list of anecdotes to frame the last unstated revelation. It is that unstated delivery that we as readers intuit that delivers the punch. — David Holper

THE GIFT

By Lauri Rose, Bridgeville

➤ A person can learn to live with loss. A woman can spread her grief through the layers of her life so no one stratum bears too much weight. In that fashion she can continue to do the laundry, go to work, cook the dinner. She can spend a lifetime making love to a husband, wiping the noses of their children and holding grandchildren on her lap; while just below the heart the small beloved ache of longing never dissipates.

Then, one day, the phone rings, a prayer un-prayed for is answered, "Mrs. Brody? I think I'm your daughter."

I found this very moving. People often experience grief as a physical pressure on their hearts and the second line gives this

feeling powerful expression. With the current proliferation of DNA testing, I would imagine such reunions are becoming more common. — JoAnn Bauer

REV. D. L. KENT

By Stephen J. Carey, Arcata

➤ Reverend's preaching was pastoral this evening, recalling Virginia and the farm where, "Unc' had a hog would eat anything. Once it ate Unc's overalls ..." Florida, picking oranges, where he met, "Her name was Rosie. Her skin was the color of peanut butter ..."

Other evenings spirits released demons, New York recounted and his descent into, "Attica! Attica! Attica!" Some doubted but had seen the documentary in the mission's common room, with its grainy images of a younger Reverend.

Reverend breathes soft and deep, no prison riots haunt his sleep. Rosie lies with him tonight, soothes his brow, holds him tight.

The glimpses the reader gets of the Rev. D.L.Kent's voice and dreams tell us his life story with a light touch. We get a feel for the man, his character and past through spare, carefully chosen details. — Jen McFadden

DELIVERANCE, (NO BANJO)

By R. Collins, Arcata

➤ A dried clot matted meager strands of hair against his scalp — a memento from the bloodbath of the previous night.

He'd made it, alive, enduring the forced pilgrimage that was inconceivable to retrace. Only one other before him had survived the journey.

His head throbbed. Sharp pains shot through his left shoulder when they tried to reposition him. He grimaced. Spent, he drifted off to sleep only to abruptly awaken, urinating on himself.

Traces of sticky vernix coated the folds of his groin and armpits — testament to the comfortable surroundings from which he had emerged.

The title immediately put me into the horrific backwoods of the film and the following descriptions seemed to fit the story. It is only at the end that we see the title in an entirely different light, as attendants in their scrubs (at least in my imagination) bustle about their duties. — JoAnn Bauer

MEAT SNACKS

By Doug Brunell, Eureka

➤ "It's a bear," Alan whispered. "It's after the hamburgers."

Kate nodded. From inside their closed, dark tent they could hear the shuffling of some massive creature outside. Every time the creature grunted, Kate wanted to scream. They wished they had the courage to light their lantern.

It brushed against the tent. Kate moved closer to Alan, who held onto her.

A low growl sounded outside the tent flap.

"Eat the damn burgers," Kate muttered into Alan's chest.

A howl almost made them pee.

"That's no bear," Kate whimpered.

The tent zipper started its upward trail and they began screaming.

How difficult it is to pull off horror in 99 words, but the sense of dread here is utterly Shakespearean. We don't know what's outside the tent, but we, like the couple we meet, are well aware it isn't a bear. — David Holper

UNTITLED

By Mark Holian, Arcata

➤ Before the end of surface habitation, our ancient parents built great domes on Pleistocene aquifers. The upper-halves admit the sun and block hot wind. We few live in a terrarium where only wise stewards survive.

After sunsets with a waxing moon, we walk to the red cliffs where clever mirrors throw light deep into workshops and churches, where the precious bonsai spruce and dogwood, bide. Like us, they wait for the day we can live in open air again. Our destiny is atonement, to spread the sacred compost. But the winds grow stronger, hotter, and atonement grows more distant.

I read a lot of dystopian fiction and this is a perfect distillation of the bleakness, combined with the thin (perhaps fraying) thread of hope, that makes this genre so compelling. — JoAnn Bauer

Continued on next page »



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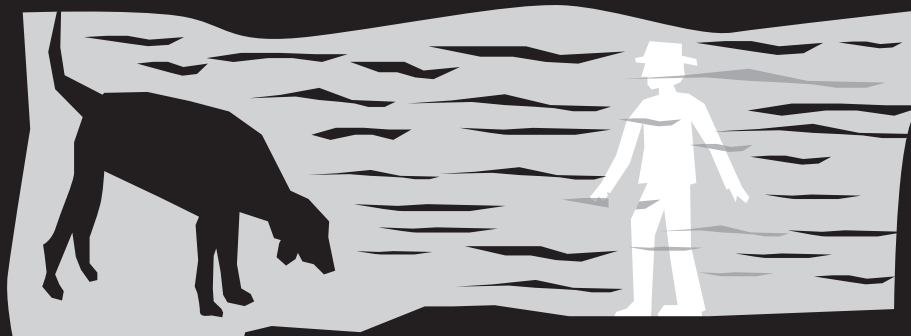


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NCJ ON THE COVER

Continued from previous page



A SLIGHT MISUNDERSTANDING

By Natalia Collier, Arcata

➤ A figure appears, fuzzy through the mist coming off the sand. Soon she sees it is a man walking toward her. The dog is near her, unconcerned and busy with sniffing, until the man runs at them. The dog begins barking urgently, as her body stiffens, ready to act. Then she sees the wave chasing him, white foam gathered around his shoes. She smiles at the misunderstanding, relieved. They wave to each other as they pass, a sheepish grin on his face. They are both in on this joke, but she glances behind her just to be sure.

The fear and vulnerability that are stirred up by the slight misunderstanding in this story are familiar. Is this innocent situation truly safe? Are things turning? Can I relax? Should I? Looking back over our shoulder holds a familiar tension and the writer made it into a concise story arc. — Jen McFadden

MYSTERY SOLVED

By Jenny Lovewell, Eureka

➤ She told me about the last time she saw him and felt his paranoia seep under her skin. She told me about studying grainy newspaper photos of people hunched over free turkey dinners and of hearing about unidentified remains found somewhere, never to be mentioned again, and of so many family gatherings that his missing eventually became missing. After 10, 20, 30 years, word recently came that he died. Finally, she can stop searching, with hope and with dread, the faces of homeless men who haunt the streets.

She can. But she hasn't yet.

The woman in "Mystery Solved" has lived with an open-ended grief for so long, she is unable to move into closure when, finally, the mystery of her loved one's absence is resolved. In just a few words the author has delineated a way of being in which waiting in dread has become a state that is not only habitual, but preferable to the certainty of loss.

— Nancy Short

IN PLAIN SIGHT

By Jenny Lovewell, Eureka

➤ When I was 12 and getting bullied at school, Uncle Rudy moved to our small hometown.

He had teeth like a camel, a weird accent and explained what he called moxie to me. Working as a groundskeeper at the cemetery, he insisted he knew where all the bodies were buried. Twice that joke saved me from getting beat up. It made the tough kids laugh and get over themselves. I wanted to be just like him, until the Feds came from New York and took him away. Wasn't a joke after all; it was moxie.

We all have that one uncle, right? OK, maybe not quite Uncle Rudy and maybe not with "teeth like a camel," which, damn. But the quick, no-nonsense delivery, gallows humor and lightly handled twist make it seem possible enough while still surprising. — NCJ

The tone of this story has moxie itself. Blunt, arresting, and witty, the narrator's changing awareness blends admiration and shock with the revelation of Uncle Rudy's true vocation. — Jen McFadden ●



A pot of the hearty fall flavors of chestnuts, mushrooms and chicken.

Photo by Wendy Chan

Gathering Chestnuts in Late Fall

And a recipe for braised chicken and chestnuts

By Wendy Chan

onthetable@northcoastjournal.com

Although it was late autumn, the afternoon sun was still hot in Willow Creek. I brought my friends along to McIntosh Farm for our first chestnut gathering. Since we had no experience with the spiny husks, we only brought latex gloves. Luckily our host provided us some thick garden gloves. Stomping, pulling, picking and avoiding the poison oak, there was a lot of giggling under the 80-year-old golden chestnut trees. Even with the garden gloves, we still managed to get a few pokes. We were sweating after gathering a few pounds. I always appreciate and support our hard-working farmers — it's not an easy way to make a living.

On our way home, we talked about what to do with our harvest. I love roasted chestnuts for their sweet and buttery taste. They are also make a perfect mousse for a sweet Mont Blanc cake. Of course, my ultimate dish has to be the classic Cantonese style braised chicken with chestnuts. The warm spices of ginger and star anise and the earthy shiitake and Matsutake mushrooms make it one of my family's comfort dishes. I shared the joy of gathering chestnuts with my friend but forgot to mention how to cook them. The very next day, she sent me a picture of the chestnuts and the lid of her air fryer all

over her kitchen floor. I called immediately and thank goodness she was in another room when that happened. Whew! So please be sure to cut an X on the round side of each chestnut with a sharp paring knife before roasting them. Spread them out on a baking sheet and 20 minutes in a 425 F oven should do it. To be safe, check out how to roast chestnuts in whatever particular piece of equipment you're using before making this dish. I don't want to hear about another explosion in someone's kitchen.

Braised Chicken with Chestnuts

Serves 4 to 6.

- 2 pound of boneless chicken thighs, cut into 1-inch cubes
- 20 roasted chestnuts, shelled
- 10 dried shiitake mushrooms, soaked over night
- Fresh matsutake mushrooms, sliced (optional)
- ¼ cup sliced ginger
- 2 star anises
- ½ cup vegetables oil (divided)
- 3 tablespoons corn starch (divide)
- 1 tablespoon brown sugar
- 2 tablespoons dark soy sauce

- 2 tablespoons regular soy sauce
- 2 tablespoons oyster sauce
- 2 tablespoons rice wine or sherry
- 1 teaspoon white pepper
- 2 cup water or chicken broth
- Salt to taste
- Green onion for garnish

Toss the chicken with 1 tablespoon of oil and 1 tablespoon of corn starch and set it aside for 1 hour or more.

In a wok or a large cooking pan over medium heat, warm the rest of the oil until a drop of water sizzles in it. Add the star anise and ginger, stir frying them until fragrant. Add the chicken and cook until lightly browned. Pour in the water or broth and bring to a boil. Add the chestnuts and mushrooms, stir everything together well, then cover and let it simmer for 15 minutes.

Add the rest of the ingredients except the corn starch and cook for 2 minutes. Mix the corn starch with 1 tablespoon water and add it to the pan, stirring well to thicken the liquid slightly. Salt to taste. Garnish with chopped green onion and serve with steamed rice. ●

You can find Home Cooking with Wendy Chan classes benefitting local charities on Facebook. She prefers she/her.



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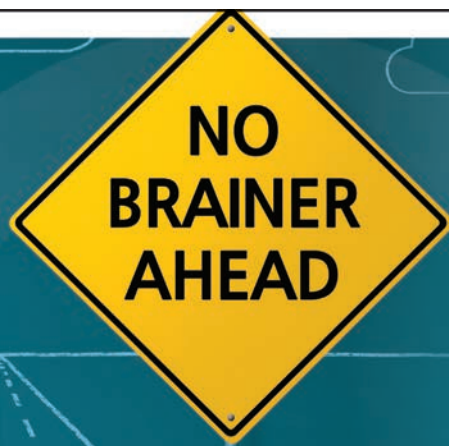


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Brave Girls

Dell'Arte's *Return to Oz* and FRT's *Matilda*

By Pat Bitton and Rale Sidebottom

frontrow@northcoastjournal.com

Return to Oz

After battling high winds on State Route 299, I was braced for Dell'Arte's 2019 holiday show, *Return to Oz*, and the on-stage hurricane that carries Dorothy away from the world where Auntie Em, Uncle Henry, and everyone at school think she's a little crazy and back to a version of L. Frank Baum's Oz.

As the dust settles, Dorothy (Sara Kei Wegmüller) is delighted to find she's back in Oz (and therefore not crazy for continuing to believe in it) and that her beloved pet chicken has turned into a human-sized walking, talking, blue-ribbon-winning egg layer Billina (H. Veenadari Lakshika Jayakody). But Oz looks broken down and desolate. No cheery munchkins singing or bluebirds flying over the rainbow, just litter and abandoned buildings.

At first, her spirits are lifted when her old friend Scarecrow (Andrew Lupkes) tumbles in, but, when he explains why Oz looks so bad, she's crushed. The self-described "bigly" Nome King (Joël Vining) has used all the emeralds from Oz on bad investments (in PG&E) and made himself all-powerful by stealing the ruby slippers from the once-beautiful Princess Langwidere (Marguerite Boissonnault). Scarecrow barely finishes his tale when two strange dandified creatures with top hats and wheels for hands and feet zoom in on all fours. These "Wheelers" make a lot of threats about what they're going to do to Scarecrow (mostly involving a large

match) if he doesn't return to the Nome King's dungeons, where Lion (Everson Ndlovu, also Uncle Henry and a Wheeler) and Tin Man (Hannah Shaka, also Auntie Em and a Wheeler) are held. Fortunately, without hands, their ability to carry out their threats is rather limited. The Princess, meanwhile, has decided she wants Dorothy's face for her collection.

Dorothy is having none of this and instead organizes everyone to go tackle the Nome King in person. Which is all well and good until the King decides they should all be sent to the Cave of Giant Spiders unless they can complete his challenge — to which Billina unknowingly holds the key. Of course, this being a proper fairy tale, there is a proper happy ending and this time the ruby slippers make it all the way back to Kansas.

The cast is universally excellent. Michael Fields directs with his usual panache and is ably assisted by Cleo DeOrio, with scenographic design by Lynnie M Horrigan, lighting design by Michael Foster, sound design by Brian Post, original music by Post and the cast, and technical direction by James Hildebrandt.

Return to Oz is a timeless tale of adventure in which friendships are forever and everyone is happiest when they discover and celebrate their own true selves. Adults and children can join in the fun — mostly for free — as the production tours the North Coast (including McKinleyville, Scotia, Orick, Eureka, Klamath, Trinidad

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and Arcata) before returning to Dell'Arte for five final shows through Dec. 22. Visit www.dellarte.com or call 668-5663.

Pat Bitton is a freelance writer/editor based in Eureka who is theoretically retired but you know how that goes. She prefers she/her.

Matilda

Roald Dahl's classic *Matilda* has been transformed and transfigured into a fun, fantastical musical running at Ferndale Repertory Theatre. The production is a real treat.

When wunderkind Matilda (Sophia Furshpan) is dumped by her doltish, criminal parents into the clutches of the devious, devilish Mrs. Trunchbull (Mathew Lewis), headmistress at her school, it seems as if all is lost. After terrorizing generations of schoolkids, to Trunchbull, Matilda is just another punk kid to be belittled and beaten into submission. But Matilda and her loving teacher Miss Honey, the one adult who believes in her, have a different vision for the future. Matilda gains the admiration of her classmates as she dares to fight back against tyranny. This is the heart of Dahl's classic tale: When a child can speak truth to power, all bets are off. Matilda is a great book but Dennis Kelly's musical adaptation, directed here by Leira Satlof, is wonderful on the stage. Slapstick comedy, devious villains, fun songs and a healthy dose of schoolyard humor keep this show moving. The entire cast and crew of this production have gone to great lengths to inspire and delight their audience.

Furshpan is an actor whose age disguises her talents for bringing a presence to the stage with the heart and soul of her character. The range of songs and dedi-



Holly Portman as Miss Honey and Sophia Furshpan as Matilda at Ferndale Repertory Theatre. Photo by Kristi Patterson

cation of the singers keep the audience engaged and entertained throughout. Lewis' big intro as Agatha Trunchbull draws laughs (what legs! what boots!) and André LaRocque's second act opener "Telly" as Mr. Wormwood was fantastic. LaRoque's as funny as he is dedicated to such a ridiculous character, and he entrances all with his crooked car salesman schtick and penchant for farcical reasoning, all to the chagrin of his brilliant daughter. His wife, Mrs. Wormwood, the outlandish and awesome Veronica Ruse, is at her best in an over-the-top dance number with her dance partner Rudolpho, played by Jesse March and who gets some of the biggest laughs of the show for his, shall we say, "stretching" exercises.

Holly Portman as Miss Honey shines equally, like the teacher we all loved growing up, the one who empathized and stood with us, not against us. Portman's rendition of the song "My House" is a fine

example of how lucky the Rep is to have such versatile singers and actors. *Matilda* is a don't miss for the family this holiday season.

Ferndale Repertory Theatre presents *Matilda* Fridays at 8 p.m., Saturdays at 2 and 8 p.m., and Sundays at 2 p.m. through Dec. 22. Visit www.ferndalerep.org or call 786-5483.

Rale Sidebottom is a screenwriter recently returned from the vast concrete jungle of Southern California. He prefers he/him pronouns.

Continuing

Get religion at the retro-rock **Jesus Christ Superstar** at North Coast Repertory Theatre through Dec. 8. For more information, call 442-6278 or visit www.ncrt.net.

Opening

Dell'Arte goes for personality as **The Character Project** takes the stage with original pieces at the Carlo Theatre from Dec. 5-8. Visit www.dellarte.com or call 668-5663.

Dreamers: Aquí y Allá, a drama based on the experiences of DACA recipients who traveled to see family in Mexico City, plays Gist Hall Theatre Dec. 6-15. Visit www2.humboldt.edu/theatre or call 826-3928.

Redwood Curtain Theatre's **Every Brilliant Thing** delves into depression and all the things and people to love in the world Dec. 6-15. Visit www.redwoodcurtain.com or call 443-7688.

The Arcata Playhouse presents its annual holiday panto show, this year **Scouts Honor: The Whichever Scouts vs. the Energy Monster**. Shows run Dec. 5-14. Visit www.arcataplayhouse.org or call 822-1575.

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Kylan Luken, photography.

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CIARA'S IRISH SHOP 334 Second St.

Paul Dixon, photography.

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Hall: Humboldt Homebrewers and Distillers Night, tastings. "Whiskey in the Walls: Law and Disorder In Hum-

boldt County 1920-1933," stories of how prohibition here took a life of its own. **Native American Wing:** Shirley

Laos, Native American basket weaving demonstrations. "Women's Ceremo-

nial Dresses: Then and Now," 150 years of dressmaking for ceremony in local

tribes. From Clarke and community collections. "When Designs Escaped

Baskets," focuses on visual language of basket designs of the Hupa, Karuk, Wi-

yot, and Yurok tribes. **Victorian Room:**

"Victorian Weddings," explores the Victorian roots that influence modern

American traditions, with a holiday theme this month. **Art Wall:** "Victorian

Hobbies: Hair Art," a confluence of artwork and commemorative works

that remember family members who have passed or to document family

trees and "Chinese Expulsion," photos and maps of Chinatown immediately

after Chinese expulsion. **Opera Alley:**



The Traveling Dress Photography Project at Old Town Coffee and Chocolates.

Photo by Amanda Lankila Photography, submitted

Basket and quilt designs, a pairing of photos related to the coming basketry designs exhibit and quilt squares drawn by visitors and participants engaging with the "Sewing Circles" exhibit.

CONNECTION at HPRC 334 F St. "Lost

Coast Wall Sculpture Series," Peter Zappel, mixed media. Hosting "Growing

Your Food Business Launch," meet and taste Humboldt's new food businesses

as they share their products with the public. Presented by North Coast Small

Business Development Center and Humboldt Made.

DALIANES TRAVEL 522 F St.

Robert Lopez, paintings. Music by Wynsome Winds.

DEWEY'S BEAUTY BOUTIQUE 324 Sec-

ond St. TBD.

EUREKA BOOKS 426 Second St.

Soldiers Unknown author Chag Lowry, book signing, and *Ka'm-t'em: A Journey Toward Healing* authors Kishan Lara-Cooper and Walter J. Lara Sr. Both books feature indigenous peoples and stories from the Klamath River.

EUREKA FABRICS 412 Second St.

Meet and Greet Cliff Berkowitz.

EUREKA RUBBER STAMP 520 F St.

Christian Gabriel Gonzalez, charcoal, canvas, drawings and paintings. Coffee, homemade hot chocolate and "REIN-DEER POOP" (Muddy Buddy's 11 months of the year).

EUREKA VISITOR'S CENTER (inside the

Clarke) 240 E St. Music by A Company of Voices.

FOREVER FOUND 105 Fifth St. TBD.

GOOD RELATIONS 223 Second St.

Bianca Lago, paintings.

HUMBOLDT ARTS COUNCIL at the

Morris Graves Museum of Art 636 F

St. **Performance Rotunda:** Music by

Squeezebug. **William Thonson Gallery:**

"Through the Humboldt Fog: Atmospheric Watercolors of the North Coast

Landscape," Jim McVicker, Steve Porter, Jody Bryan, Ken Jarvela and Paul Rickard.

Anderson Gallery & Knight Gallery:

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Floyd Bettiga Gallery: "We All Bleed,"

Natalie Craig, mixed media. **Homer**

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HUMBOLDT BAY COFFEE *Opera Alley Gallery* Reuben T. Mayes, artwork. Music by Kenny Ray and the Mighty Rovers.

HUMBOLDT CIDER CO. TAP ROOM 517 F St. Melissa Reneski, handmade jewelry.

HUMBOLDT COUNTY DEMOCRATIC HEADQUARTERS 527 Fourth St. "White Mountains of California," Bob and Pam Service, photography. Art Of Dialogue "Schools and Communities First" initiative by Kathryn Donahue at 7 p.m.

HUMBOLDT HERBALS 300 Second St. Reuben T. Mayes, abstract expressionist works, acrylic on canvas. Music by Back Seat Drivers.

HUMBOLDT YOGA 216 J St. "Libra Sun," Steph Godfrey and "Fluffy Felines in Fantastic Yoga Poses," Mathew Divas.

INN AT 2nd AND C (*Historic Eagle House*) Ballroom: "Transcendental Illumination," Wrenna Monet, paintings in acrylic and oils.

JUST MY TYPE LETTERPRESS PAPERIE 501 Third St. "MoKu Hanga," Erik Eustis, traditional Japanese woodblock prints.

KENNY'S CHOCOLATE 425 Snug Alley Rob Hampson, artwork.

LAND OF LOVELY 127 F St. TBD.

LITTLE SHOP OF HERS 416 Second St. "Pop Art," Elizabeth Thompson.

LIVELLA STUDIO MUSIC PRODUCTION & ART GALLERY 120 Second St. The Prairie Companion, crystals, gems and reusables; Katrina Godsil, artworks and sculptures; and The Asteroid Advocate, artworks.

LIVING THE DREAM ICE CREAM 1 F St. TBD.

LOTUS STUDIO 630 Second St. "Play with Clay," throw on the wheel for five minutes free.

MADRONE BRICK FIRE PIZZA & TAP-HOUSE 421 Third St. Jocelyn Ayala. Music by Surya.

MANTOVA'S TWO STREET MUSIC 124 Second St. TBD

MANY HANDS GALLERY 438 Second St. Over 40 local artists.

MENDENHALL STUDIOS 215 C St. (Corner

of Second and C Streets) **Studio C3 Scott Hemphill:** "Recap 2019 – One Year One Night," artwork, sculptures, sketches and more. **Studio D1 Studio D2** Rachel Schlueter, Kathy O'Leary, artwork. **Studio D3** Art Community Kinetic Clubhouse.

NORTH OF FOURTH Third and C streets. TBD.

NOTHING OBVIOUS 426 Third St. "collect/hoard discern/respond," Anna Sofia Amezcua and Jenna Catsos, new works on paper.

OLD TOWN ANTIQUE LIGHTING 203 F St. John Palmer, landscape paintings.

OLD TOWN ART GALLERY (*on the Gazebo*) 417 Second St. Julie Cairns, artwork

OLD TOWN COFFEE and CHOCOLATES 211 F St. "Traveling Dress Photography Project," 15 different photographers. Music by Jim Lahman Band.

OLD TOWN SQUARE Second and F streets. Humboldt County Correctional Facility Second Annual Holiday Art Contest.

OM SWEAT OM HOT YOGA & DANCE 516 Fifth St. "I See You," Tisha Cooper, oil on canvas and acrylic on canvas.

OTTO +OLIVE 330 Second St. Angela Tellez, boudoir photography.

PHATSY KLINE'S PARLOR LOUNGE 139 Second St. (*inside Inn at 2nd and C streets*) Sit Back & Relax.

PIANTE 620 Second St. "Water and Power," Becky Evans and Jerry Martien. This is the last show for Piante.

PROPER WELLNESS CENTER 517 Fifth St. Collection of local artists.

RAMONE'S BAKERY 209 E St. Employee art show.

REDWOOD ART ASSOCIATION 603 F St. "Artist's Choice," media by members of RAA. Music by Humboldt Accordions.

REDWOOD DISCOVERY MUSEUM 612 G St. Kids Alive! 5-8 p.m.

REDWOOD MUSIC MART 511 F St. Music by Tatiana Henrickson.

RESTAURANT 511 511 Second St. "Water

Elements," Peggy Ho, photography.

SAILOR'S GRAVE TATTOO 138 Second St. Tattoo related art, antiques and memorabilia, new works.

SEAMOOR'S 212 F St. Vintage paint by numbers and shellac art.

SHIPWRECK! Vintage and Handmade 430 Third St. Gus Clark, paintings.

SIDEWALK GALLERY at Ellis Art and Engineering 401 Fifth St. "E2 Founders Show," Donovan Clark, Rachel Grusin, Jeremy Hara and Forest Stearns.

SIREN'S SONG TAVERN 325 Second St. Alan Grizzell, artwork. Music by King Range, and Graeme.

SOULSHINE ARTS & FLAMEWORKING STUDIO 411 Fifth St. Marble classes and live demos on the torches.

STONETHROW BOUTIQUE 326 Second St. Music by Sundays Forever.

STUDIO 424 424 Third St. Elaina Erola, watercolors.

SUMMIT FUNDING 108 F St. Photos with Santa, refreshments.

SURFSIDE BURGER SHACK 445 Fifth St. Hosting an evening with Humboldt Educare, children's art and photography.

SYNOPSIS NOVA 212 G St. Augustus Clark, artwork. "Winter Wonderland" aerial show 9 p.m.

TAILWAGGERS 2 239 G St. TBD.

TREASURES BY THE BAY 213 F St. Onsite art demonstrations. Michael Cowan, hand knife-cut inlaid wood paintings; Ryan Johnson, photography; Torie, paintings; Live music.

TRUCHAS GALLERY at Los Bagels 403 Second St. TBD.

TULIP PERFUME 339 Second St. LEEF Organics CBD and customer appreciation specials.

TWO STREET ART LAB 527 Second St. TBD.

WHIPLASH CURVE 423 First St. Holiday Artisan Marketplace, featuring handmade clothing, ceramics, apothecary, woodwork, watercolor and more from local artisans.

THE WINE CELLAR 407 Second St. TBD.



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The Landscape Gives You Information

Paintings by Bobby Wright at Humboldt Bay Social Club

By **Gabrielle Gopinath**
artbeat@northcoastjournal.com

When you think about landscape, it's hard to get past the Impressionists. This has been true for more than a century, ever since Manet, Monet, Pissarro and the rest of the gang who showed at the Salons des Refusés in the 1870s and 1880s reinvented representation with their small, luminous, rough-hewn canvases. In the 20th century, the Impressionists' optical approach to color, embrace of plein-air technique and rejection of traditional finish would be embraced around the world.

Bobby Wright's paintings of Humboldt Bay owe something to an older tradition: the detail-oriented, information-rich approach associated with premodern painting from northern Europe, especially Flanders. Masters in this tradition did not labor over light effects or seek to render the fleeting instant of lived experience, Impressionist-style. Instead they packed their panels full of detail, making objects and places appear hyper-real. Viewers of works by Van Eyck or Van der Weyden could zoom in on even the humblest objects in a painted interior to appreciate velvet's nap, the wood grain on a table or the coarse weave of a maidservant's apron.

Wright's paintings of Humboldt Bay — on view this Sunday, Dec. 8, at the Humboldt Bay Social Club — are not Flemish masterworks but they do reveal similar descriptive inclinations. In terms of the way they represent the world, they are more Flemish than French — oriented more toward tactility than toward optics, which makes them engaging outliers in these plein-air intensive parts.

Wright grew up around Los Angeles but he's been living here for 20 years — much of that time in Manila, where he lives

and paints on a sandy peninsula between the ocean and Humboldt Bay. The bay is always in eye- and ear-shot — so close, he says, "I can see it from my bedroom windows."

The 20 works on view are all the same size (9 by 12 inches), painted with oil on panel. This uniform format accentuates their role as units in a series, like visual entries in a journal or daybook. The frames, which Wright fabricated, make use of aged redwood, pine and cedar salvaged from area demolition projects.

Everything was made during a two-month period Wright spent at the Humboldt Bay Social Club earlier this year as its inaugural artist-in-residence. Seeing the paintings in this lofty oceanside exhibition space — a decommissioned airplane hangar — yields fun opportunities for comparison between interior and exterior, painted and nonpainted views.

Humboldt Bay appears in nearly every panel. Sometimes it's a blue expanse, sometimes a mirrored plane, sometimes a mudflat between two tides. Bridges, railroad tracks and culverts cross this shape-shifting field. Strange things wash up at the water's edge. Paint piles up in areas where the painter's attention seems to have been riveted — there's normally at least one of these foci per painting, sometimes more. Paint handling quickens and intensifies around particular objects: in the gnomic form of a lone, wind-battered Monterey cypress or in the dark lid of cumulus cloud that covers the bay

all summer. Bits of post-industrial waste become conduits for expression. A pickup truck rusting in the weeds at the water's edge, worked and reworked days or weeks after the composition's initial statement, acquires surprising gravitas. The yawning, heavily worked mouth of a drainage pipe exerts a visually magnetic, quasi-gravitational force that makes the rest of the composition, unmoored by comparison, appear to drain away.

"I'm part illustrator, not a landscape purist," Wright told me. His project documents how ordinary, even ugly objects seen along an everyday commute can take on startling weight when seen in a certain light or frame of mind. In his paintings, impasto accumulation — layer upon layer of paint — is oftentimes the key that unlocks an ordinary object's expressive power.

He offers an example: barnacles, specifically the ones encrusting the rotting piers that emerge in sequence around the bay's edge at low tide. Sometimes, for him, getting the barnacles right is essential. However, "it's impossible to do this while the paint is wet." In a situation like this Wright will revisit the barnacles in the studio once the initial oil sketch has dried, sometimes reworking them over multiple sessions until they acquire a visual heft that dovetails with his recollection.

"It's about information," the artist told me. "What's out there in the landscape? The landscape is giving you information. How much are you ready for? How much can you handle? The information I include

is the stuff that excites me, interests me — sometimes range of depth, or juxtaposition of colors. I would never paint from a photograph."

Wright looks at the bay every day while he's driving to work and back, "noticing the colors and the light." He notes that it's always a work in progress: constantly in flux, shaped by the ceaseless tides. "There's so much water coming in and out. The bay is so pristine from having those billions of gallons flushed each day. It's like a nursery for everything in the ocean." The tide's moon-driven rhythms cut across the more predictable rhythms of the daily commute, so that those mudflats "never look the same twice." Viewed attentively on a regular basis, patterns emerge.

Wright cherishes one especially serendipitous fortune from a long-gone cookie: "Enlightenment is finding the magic in the everyday. That's what I try to do." His landscapes speak to this commitment, capturing not just the fugitive color and sparkle but also something of the larger experience of time surrounding the body of water he refers to as "my life's backdrop." ●

Bobby Wright's paintings of Humboldt Bay will be on view for one day only at the Humboldt Bay Social Club on Sunday, Dec. 8, starting at 2 p.m.

Gabrielle Gopinath is an art writer, critic and curator based in Arcata. She prefers she/her.



One of Bobby Wright's series of untitled oil paintings of Humboldt Bay.
Photo by Gabrielle Gopinath

Being Here

By Collin Yeo

music@northcoastjournal.com

I had a one-two punch this week: On Sunday I got to see a beautiful brand new little baby that my friends made and on Monday I spent time in the ICU at St. Joseph Hospital visiting an older friend who is having a tough time after a very invasive cancer surgery. I hope to see both of these people again this week, with the underlying desire that they are both thriving. Life is fragile and often surprising. A baby can spring up out of a pregnant person and be blinking and cooing and sputtering in the world just like that. And, similarly, a big man can be knocked flat into a hospital bed just as helpless as a newborn all over again. Just like that. Life is messy and painful, and life is intrinsically worthwhile. I talk about politics a lot in this column but I have never really commented on the ideological mechanisms behind my own political philosophy. Maybe because I don't get reminded of those ideas enough. Remove the bluster and my caustic ire toward the abusively powerful people of this world, and you are left with what I really believe about the human experience: It's fragile, it's incredibly messy and it's absolutely beyond valuable and deserving of every last effort of nurturing preservation. To those of you who find yourselves lucky enough to be on the outside of both the crib and the hospital bed, I invite you to get every drop of life that you want out of this week.

Be well.

Thursday

The Handshakers are playing the Redwood Curtain Brewery at 8 p.m. this evening. This band is one of the best country and western bar bands in the area. Beer, blues and (rule of three, dammit — let's see ... buddies? Yes, that should stick) buddies! Go have some fun; the performance is all-ages and free.

Friday

It's the first night of the **Eureka Symphony's** two-night performance of its holiday showcase "Celestial Celebrations" featuring that grandly truncated classic, Tchaikovsky's *Nutcracker Suite*, as well as **The Eureka Symphony Chorus** belting out some works by Randall Thompson and from the world of cinema. John Hughes' cinema to be exact, as three holiday songs from the movie *Home Alone* are the pieces in question. Advance tickets are suggested as this is historically a popular performance (\$19-\$49). The place is the Arkley Center for the Performing Arts, the time is 8 p.m. and there will be rush



Omni plays the Miniplex at 9 p.m. on Wednesday, Dec. 11.

Courtesy of the artists

tickets available an hour before the performance each night (\$15, \$10 students).

Saturday

It's a good night to have some fun in Arcata. The Jam is hosting an eclectic and raucous show at 8 p.m. featuring some of my favorite local bands. **The Bow-Legged Buzzards** will be doing its hybrid sea-shanty, bluegrass, cemetery polka, while **The Sturgeons** will be jamming on the outboard motor propelled, thrash and surf power trio sound that I have come to know and love. The boys in **Blacksage Runners** have the blues yelp on tap and a band called **Grag** that I have yet to hear apparently has some type of benzo-fueled black metal sound, if Facebook is to be believed (\$5-\$10). Well it's almost 2020, let's stop believing Facebook and come see for ourselves instead, eh?

Two hours later over at the Arcata Theatre Lounge, you will find a mini version of seminal Bay Area hip-hop act Living Legends, when two of its legends hit the stage. I'm talking about **Murs** and **The Grouch**, of course, who are on the 12th and allegedly final iteration of their winter tour series *How the Grouch Stole Christmas*. (\$25, \$20 advance). Also on tap for the night are DJs **Fresh** and **Gabe Pressure**, as well as **Pure Powers** and **Dr. Oop**.

Sunday

Singer, songwriter, modern bluesman and delightfully anachronistic lover of the Piedmont style of fingerpicked blues **Charlie Parr** will be at Humbrews this evening. I like many of Mr. Parr's influences from the aforementioned midsouth-Atlantic players to heavy Delta players like Bukka White. And I also enjoy Mr. Parr's music, especially in our dreadful age of highly redundant disposable sleekness. He'll be playing at 8 p.m. (\$10). Will you be there?

Monday

There's a new band in town and it will be at the Miniplex at 9 p.m. **Death Like the Old Days** is a throwback Pacific Northwest trio

featuring members of the short-lived but rad MRDR MTN, as well as veteran guitarist and creator **Oryan** from Datura Blues and Die Geister Beschwören, who will also be performing. Portland's Mentat folk act **Crowey** rounds out the bill (price TBA).

Tuesday

Marco Benevento is coming back to town. I'm excited and you should be, too, because this New York jazz weirdo's music is a rare combination of virtuosity, danceable playfulness and utterly catchy songwriting. I can't endorse this show enough. The last time I saw him at Humbrews, where he'll be appearing tonight at 9 p.m., was some years back and I still occasionally think about how good that set was. His effect-pedal-enhanced acoustic piano is one of the wonders of our modern world — organic and also electronic without the sclerotic coldness of purely digital music. It's the bee's cybernetically augmented knees (\$15).

Wednesday

Omni is a post-punk trio from Atlanta whose bright and hollow static sound reminds me of an era of songs about buildings and food when pink flags were flying everywhere. The Miniplex hosts this show tonight with local free radicals **Comma Comma** and **DJ Rosé** at 9 p.m. (\$10).

I sometimes do sound production at this venue but I will likely be at this show regardless of whether I am on call because it sounds like a hoot. ●

Full show listings in the Journal's Music and More grid, the Calendar and online. Bands and promoters, send your gig info, preferably with a high-res photo or two, to music@northcoastjournal.com.

Collin Yeo would like to announce that this last decade has been a bit of a "lost one" and that he will be working on getting his shit together posthaste. He prefers he/him and lives in Arcata.

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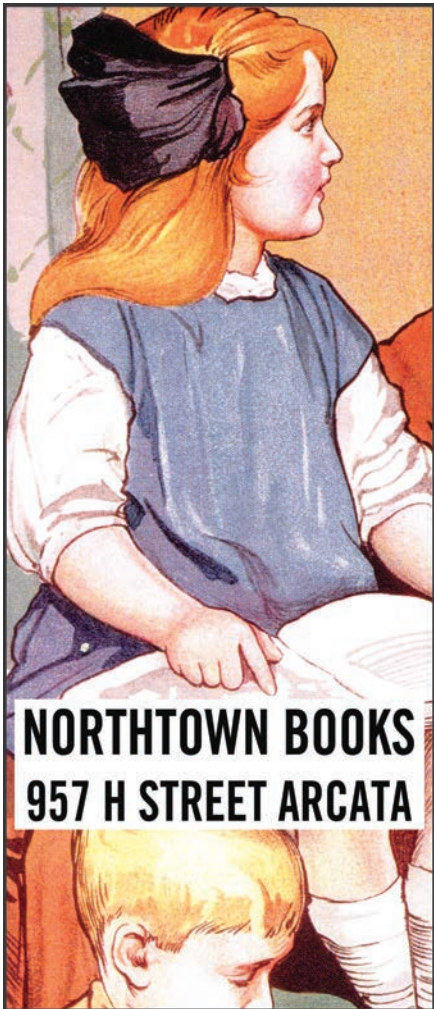
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|--|--|--|--|---|---|
| ARCATA THEATRE LOUNGE 1036 G St. 822-1220 | Thirsty Thursday (college night) 9:30pm TBA | Black & White Ocean Night 6:30pm \$10 suggested donation | How the Grouch Stole ChristMurs 10pm \$20-\$25 | <i>The Secret of NIMH</i> (1982) (film) 6pm \$5 | [W] Sci-Fi Night: <i>Santa & the Ice Cream Bunny</i> (1972) (film) 6pm Free w/\$5 food/bev |
| THE BASEMENT 780 Seventh St., Arcata 826-2345 | RLA ft. Blake Brown 8pm Free | Front Ear 9pm Free | | | |
| BLONDIES FOOD AND DRINK 420 E. California Ave., Arcata 822-3453 | Open Mic 7pm Free | | | Jazz Jam 6pm Free | [W] Latin Dance Night 9pm \$5 |
| BLUE LAKE CASINO WAVE LOUNGE 777 Casino Way, Blue Lake 668-9770 | Latin Nights 9pm Free | Blue Rhythm Revue (blues, R&B) 9pm Free | Decades (hits) 9pm Free | | [T] King Trivia 7pm Free |
| CENTRAL STATION SPORTS BAR 1631 Central Ave., McKinleyville 839-2013 | | Karaoke w/Rock Star 9pm Free | | | [W] Karaoke w/Rockstar 9pm Free |
| CHER-AE HEIGHTS CASINO FIREWATER LOUNGE 27 Scenic Drive, Trinidad 677-3611 | | Full Moon Fever (Tom Petty tribute) 9pm Free | Eyes Anonymous ('80s hits) 9pm Free | | [W] Karaoke w/DJ Marv 8pm Free |
| CLAM BEACH TAVERN 4611 Central Ave., McKinleyville 839-0545 | Frank and Friends (blues, folk, ballads) 6-8pm Free | | | Anna Hamilton (blues) 6pm Free | |
| FLDDBROOK MARKET 4636 Fieldbrook Road 633-6097 | | Yamo N Top Hat 7:30pm Free | | | [T] Trivia Tuesday 6-8pm [W] Cornhole Tournament 6-10pm \$10 buy-in |
| THE GRIFFIN 937 10th St., Arcata 825-1755 | | First Fridays - Sign Of The Times w/DJ EastOne 10pm Free | | | |
| HUMBOLDT BREWS 856 10th St., Arcata 826-2739 | | HSU Recreation Benefit w/ Humboldt Jam Collective 9:30pm \$5 | | Charlie Parr (singer/ songwriter) 8pm \$10 | [T] Marco Benevento (piano rock) 9:30pm \$15 |
| THE JAM 915 H St., Arcata 822-4766 | The Getdown 9pm | | The Bow-Legged Buzzards, Sturgeons, Blacksage Runners, Grag 8pm \$5-\$10 | | [T] Top Grade Tuesdays 10pm \$5 [W] Trivia 6pm, Whomp Whomp Wednesdays 10pm \$5 |

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|--|---|---|---|--|--|
| LARRUPIN CAFE 677-0230 1658 Patricks Point Dr., Trinidad | | Blue Lotus Jazz 6-9pm Free | | Tim Randles Jazz Piano 6-9pm Free | [W] Dogbone (jazz) 6-9pm |
| LOGGER BAR 668-5000 510 Railroad Ave., Blue Lake | Feliz Jueves (Spanish speaking hour) 7pm | Papa Haole 9pm Free | Culture Clash w/DJ Chill 9pm Free | | [T] Old Time Music Jam 8pm Free |
| MAD RIVER BREWING CO. 101 Taylor Way, Blue Lake 668-4151 | Good Company (Celtic) 6pm Free | LD51 (genre-defying jams) 6pm Free | The Stellar Jays (rock, soul) 6pm Free | | [W] Piet Dalmolen (solo guitar) 6pm Free |
| THE MINIPLEX 401 I St., Arcata 630-5000 | Goat Karaoke 9pm Free | Sue & The Namies video premiere, Los Dune Bums & Blood Hunny 9pm Free | | Goat Karaoke 9pm Free | [M] Death Like the Old Days, Crowey, & Die Geister Beschwören 9pm Free [T] Sonido Pachanguero 9pm [W] OMNI (Sub Pop Records) 9pm \$10 |
| NORTHTOWN COFFEE 1603 G St., Arcata 633-6187 | | Open Mic 6pm Free | | Two Mic Sundays (comedy) 5pm Free | [T] Spoken Word Open Mic 6-8pm Free |
| OCEAN GROVE COCKTAIL LOUNGE 480 Patrick's Point Dr., Trinidad 677-3543 | | | | | [M] Rudelion DanceHall Mondayz 8pm \$5 |
| REDWOOD CURTAIN BREWING CO. 550 South G St., Arcata 826-7224 | The Handshakers (Americana, alt. country) 8pm Free | | The Stellar Jays (rock, soul) 8pm Free | | [M] Darts 7pm |
| THE SANCTUARY 1301 J St., Arcata 822-0898 | | AJ Lee and Blue Summit (bluegrass, Americana) 8pm \$10-\$25 sliding | | AHHA Fundraiser 6pm \$10- \$25 sliding, no one turned away for lack of funds | |
| SIX RIVERS BREWERY 1300 Central Ave., McKinleyville 839-7580 | | | | Trivia Night 8pm Free | [T] Belles of the Levee (jazz/blues harmonies) 7pm Free |
| SIDELINES 732 Ninth St., Arcata 822-0919 | DJ Dance Party 10pm | DJ Dance Party 10pm | Dance Party w/ DJ Pressure 10pm | | |
| TOBY AND JACKS 822-4198 764 Ninth St., Arcata | DJ Dance Party TBA | Dance Party w/DJ Masta Shredda TBA | Dance Party w/DJ Masta Shredda TBA | | [W] Old School Hip Hop w/DJ Hal TBA |

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| ARTS & DRAFTS 422 First St., Eureka 798-6329 | Sip n Knit (potluck for knitters) 5:30-8:30pm | Pre-game Game Night Music TBA 5-10pm Free | Karaoke Hosted by KJ Jo 6-10pm | | |
| BEAR RIVER CASINO RESORT 11 Bear Paws Way, Loleta 733-9644 | | Dr. Squid (dance hits) 9pm Free | DJ Music by Lightning Boom 9pm Free | | [T] Trivia Night 7pm Free |
| BOOTH BREWING CO. 123 W Third St., Eureka 572-5728 | | Tease the Season (burlesque) 7pm \$12-\$20, \$120 VIP | | | |
| BRASS RAIL BAR & GRILL 3188 Redwood Dr., Redway 923-3188 | Pool Tourney 8pm | | | | [T] Karaoke 9pm [W] Open Mic/Jam session 7pm Free |
| DOUBLE D STEAK & SEAFOOD 320 Main St., Fortuna 725-3700 | | | Anna Hamilton (blues, humor) 6-9pm Free | | |
| GALLAGHER'S IRISH PUB 139 Second St., Eureka 442-1177 | Trippin the Dew (Celtic) 6pm Free | | | Open Irish/Celtic Music Session 3-6pm Free | |
| GYPPO ALE MILL 986-7700 1661 Upper Pacific Dr., Shelter Cove | | Steve Mitchell (piano/comedy) 6-8pm | | | [M] Gyppo NFL Pick 'Em League 3-9pm |
| HUMBOLDT BAY PROVISIONS 205 G St., Eureka 672-3850 | Thursday Night Dinner Music 6pm | | | | |
| MADRONE BRICK FIRE PIZZA AND TAPHOUSE 421 Third St., Eureka 273-5129 | | | Arts Alive w/Artist Jocelyn Ayala, Music by Surya 6-9pm Free | | [W] Disney Themed Trivia Night 6-8pm |
| NORTH OF FOURTH 207 Third St., Eureka 798-6303 | | | | | |
| OLD TOWN COFFEE & CHOC. 211 F St., Eureka 445-8600 | Open Mic w/Mike 6:30pm | Friday Night Improv Show 7pm Free | | | [M] Improv Show 6pm Free |
| PALM LOUNGE - EUREKA INN, 518 Seventh St., Eureka 497-6093 | Cocktail Piano 6-8pm Free The Color of Jazz 8-11pm Free | Cocktail Piano 6-8pm Free | Cocktail Piano 6-8pm Free | | [T] Buddy Reed (solo blues) 7-10pm Free [W] Cocktail Piano 6-8pm Free |
| PEARL LOUNGE 507 Second St., Eureka 444-2017 | | DJ D'Vinity (hip-hop, dance remixes, trap) 10pm Free | DJ Statik (Hip-hop, trap) 10pm Free | | |
| PHATSY KLINE'S PARLOR LOUNGE 139 Second St., Eureka 444-3344 | Laidback Lounge 7pm | | The Lost Dogs (blues, R&B) 7-10pm Free | | |

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AJ Lee and Blue Summit play the Sanctuary on Friday, Dec. 6 at 8 p.m. (\$10-\$25 sliding)

| VENUE | THUR 12/5 | FRI 12/6 | SAT 12/7 | SUN 12/8 | M-T-W 12/9-11 |
|--|-------------------------------------|---|---|--------------------------|---|
| SAVAGE HENRY COMEDY CLUB 415 Fifth St., Eureka 845-8864 | | | Alec Cole's Halfhour (stand-up) 9pm \$10 | Two Mic Sundays 9pm Free | [M] Monday Night Pod 7-11pm Free [T] Trivia Tuesdays 9pm \$5 |
| THE SIREN'S SONG TAVERN 325 Second St., Eureka 442-8778 | The Humboldt Poetry Show 7:30pm \$5 | Irie Mae & The Bayside Players w/Mighty Violets, Icarus & Suns and Mykal Somer 9pm \$5-\$20 | | | |
| THE SPEAKEASY 411 Opera Alley, Eureka 444-2244 | | Live Jazz and Blues 9pm Free | Jenni & David and the Sweet Soul Band (funk, soul and blues) 9pm Free | | [T] Opera Alley Cats 7:30pm Free [W] Buddy Reed and the Rip it Ups (blues) 7:30pm Free |
| STONE JUNCTION BAR 923-2562 744 Redway Dr., Garberville | Upstate Thursdays 10pm | | | | [M] Pool Tournament 8:30pm \$10 buy-in |
| VICTORIAN INN RESTAURANT 400 Ocean Ave., Ferndale 786-4950 | | Jeffrey Smoller (solo guitar) 6pm Free | | | |
| VISTA DEL MAR 443-3770 91 Commercial St., Eureka | | | The Triple Tones (rock, country, blues) 9pm Free | | [T] Blues Tuesdays 7pm Free [W] Karaoke 9pm Free |

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Closing Night Reception Wednesday, December 18, 7pm

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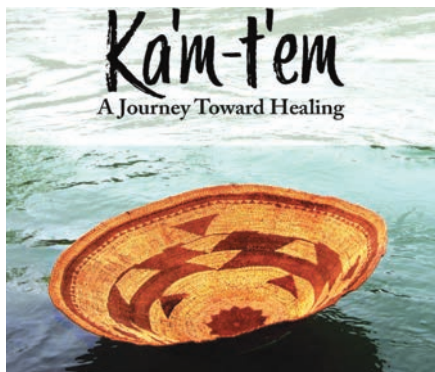
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Calendar Dec. 5 – 12, 2019



Ka'm-t'em: A Journey Toward Healing

Stop by **Eureka Books** during Arts Alive! **Saturday, Dec. 7** from **6 to 9 p.m.** for a meet and greet and book signing by Chag Lowery and Kishan Lara-Cooper, the respective authors of *Soldiers Unknown* and *Ka'm-t'em: A Journey Toward Healing*, both featuring the Klamath River and the Native people who have long lived along its banks.



Shutterstock

Dress it up! It's time for Surfrider Humboldt's annual holiday party and fundraiser, the famous **Black & White Ocean Night**, happening **Friday, Dec. 6** from **6:30 to 11 p.m.** at **Arcata Theatre Lounge** (\$10 suggested donation). Rub elbows with ocean lovers, enjoy music by pianist (and *Journal* columnist) Katie McGourty, Ben Stoeck & the West Coast Rhythm, and Tyger Byle, plus black and white films and other fancy stuff.



Photo by Sacred Images

Dance, magical dance. Don't miss the spectacular *'Twas The Night Before Christmas Holiday Ballet* presented by Trillium Dance Studios, **Saturday, Dec. 7** at **6 p.m.** and **Sunday, Dec. 8** at **2 p.m.** in the **Eureka High School Auditorium** (\$16-\$10). The magical holiday ballet is inspired by Clement C. Moore's classic poem and features a cavalcade of talented local performances of all ages.



Photo by Mark Larson

Bells, Baubles and Candies

OK! Rub your mittens together. You're on a mission. You've got your holiday shopping list (divided into naughty and nice, perhaps). You're shopping for aunts, uncles, mom, dad, your sister's dogs, your boss. You need a solid, unique gifts that say Humboldt. There are a multitude of arts and crafts shows, holiday boutiques and bazaars to help you get the deal done and many of them are happening this week (see the *Journal's* calendar for more). Here's a sampler.

The Arts & Crafts Night Market at the **McKinleyville Community Pop-up Museum**, 1520 City Center Road, is a two-night event featuring over 25 local vendors where you can "shop your community" for that really singular item this **Thursday and Friday, Dec. 5-6** from **5 to 8:30 p.m.** (free admission).

Traveling over the hill? There's a **Christmas Bazaar** at **Willow Creek China-Flat Museum** happening **Dec. 5-8** from **10 a.m. to 4 p.m.** where you can peruse holiday gifts from local artists and crafters, and enjoy holiday cider and cookies. Also in Willow Creek, **Studio 299's Holiday Boutique** is **Dec. 7-8** from **10 a.m. to 4 p.m.** with more art and crafts, a bake sale, hot drinks and food.

The biggie of them all, the **Humboldt Artisans Crafts & Music Festival**, fills the fairgrounds at **Redwood Acres** on **Friday, Dec. 6** from **noon to 9 p.m.**, **Saturday, Dec. 7** from **10 a.m. to 7 p.m.** and **Sunday, Dec. 8**, **10 a.m. to 6 p.m.** (\$3 admission, or free with a toy for the Humboldt Bay Fire Department toy drive).

Also large and a long-running tradition is the **Winter Arts Faire** at **Mateel Community Center** happening **Saturday and Sunday, Dec. 7-8** from **10 a.m. to 6 p.m.** (\$5, free for Mateel members). Find handmade treasures at the artisan booths and enjoy musical entertainment, children's activities and more.

— Kali Cozyris



The Ferndale Choir. Submitted

It's Christmas, Carol.

Part of what makes the holidays so delightful is the music. Whether you're sitting back in cushioned seats and taking in a chorus, symphony or *Nutcracker*, or wassailing through the neighborhood with a group of fellow merrymakers, music makes the holidays memorable.

All around the county as December unravels, revelers are raising their voices and instruments in song. Here are a few musical events happening this week. Enjoy.

The **Arkley Center for the Performing Arts** is a gorgeous venue and nothing could be finer than experiencing **Eureka Symphony's Celestial Celebrations Holiday Concert** in such a space. Hear selections from *Nutcracker Suite*, choral works by Randall Thompson and more this **Friday and Saturday, Dec. 6 and 7** at **8 p.m.** at the **Arkley** (\$19-\$49). **Ferndale Community Choir** presents the last of its annual **Christmas Concerts** for the year this **Sunday, Dec. 8** at **3 p.m.** at **Christ Episcopal Church** (free). The group has been delighting audiences for 50 years with these concerts, performing sacred music for the holidays. Treat yourself. Speaking of treats, **Cookies & Carols** are on the menu **Wednesday, Dec. 11** from **12:30 to 2:30 p.m.** at **Eureka Woman's Club** (free admission) where you can enjoy goodies and festive music by the Arcata Sweet Harmony Christmas Chorus. Finally, there's a full day of music happening at the **Fortuna River Lodge** on **Sunday, Dec. 8** when musical groups from throughout Humboldt County play one after the other from **12:30 to 6:30 p.m.** (free). Drop in any time during the afternoon.

— Kali Cozyris

5 Thursday

ART

Figure Drawing Group. 7-9 p.m. Cheri Blackerby Gallery, 272 C St., Eureka. Chip in for the live model and hone your artistic skills. Go into the courtyard on C Street to the room on the right. \$5. 442-0309.

Playing into Transformation. 3-4:30 p.m. The Connection HPRC, 334 F St. (former Bank of America building), Eureka. Use the power of improv, somatic therapy, visualization and explorative games to fuel transformation. Free. damionpanther@gmail.com. 497-9039.

COMEDY

ETV. First Thursday of every month, 9-11:45 p.m. Savage Henry Comedy Club, 415 Fifth St., Eureka. Comedian Evan Vest scours the bottom of the internet to find the weirdest videos and a panel of comedians riff on them. Free. www.savagehenrymagazine.com/events. 798-6333.

DANCE

Redwood Fusion Partner Dance. 7-10 p.m. Redwood Raks World Dance Studio, 824 L St., Arcata. Contemporary partner dance with an improvised, lead-follow approach. A 7 p.m. lesson, 8 p.m. dancing. \$5, first time free. www.redwoodraks.com.

LECTURE

Conifers Country 2019 Update from the Field. 7 p.m. HSU Natural History Museum, 1242 G St., Arcata. Educator, author and ecologist Michael Kauffmann has been tracking the ecology and distribution of Klamath Mountain conifers for more than 15 years. His definitive guide to the region will be available in the museum's bookstore. www.humboldt.edu/natmus. 826-4479.

MUSIC

Humboldt Folklife Society Sing-along. First Thursday of every month, 7 p.m. Arcata Community Center, 321 Dr. Martin Luther King Jr. Parkway. Sing your favorite folk, rock and pop songs of the 1960s with Joel Sonenshein. Songbooks are provided. Free. joel@asis.com.

Thirsty Thursday (College Night). 9:30 p.m. Arcata Theatre Lounge, 1036 G St. 21 and up. Doors at 9:30 p.m. Show ends at 2 a.m. www.arcatatheatre.com.

SPOKEN WORD

The Humboldt Poetry Show. 7:30-9:30 p.m. The Siren's Song Tavern, 325 Second St., Eureka. Open mic sign ups at 7 p.m. Show at 7:30 p.m. Music by DJ Goldyllocks. Live art by Dre Meza from The Lullaby Lounge. \$5. areasontolistento@gmail.com. www.sirensongtavern.com. 496-9404.

THEATER

The Character Project. 8-9 p.m. Dell'Arte's Carlo Theatre, 131 H St., Blue Lake. Expect a funny, poignant and surreal evening in the theater with brand-new characters. Pay what you can. dellarte.com/shows-and-events/2018-2019-season/. 668-5663.

Scouts Honor: The Whichever Scouts vs. The Energy Monster. 7:30-9:30 p.m. Arcata Playhouse, 1251 Ninth St. This annual event is a family-friendly musical play that features community special guest acts that rotate nightly. \$12, \$10 student/senior/members, \$8 kids, \$15 Sorooptimist (on Dec. 6). haley@arcataplayhouse.org. www.arcataplayhouse.org. 822-1575.

EVENTS

Know Your Humboldt Wildlife - Trail Camera Workshop. 7-8:15 p.m. Trinidad Library, 380 Janis Court. A "show & tell" with Ron Dean, sharing trail camera footage of Humboldt wildlife. Find out how you can become a citizen scientist through setting up a backyard trail camera. Free. rpd@suddenlink.net. 444-1324.

FOR KIDS

Harry Potter Party. 4-6 p.m. Redwood Raks World Dance Studio, 824 L St., Arcata. An all "house," all "school" kids Harry Potter party with music, themed activities, the treats and splendor of Hogsmeade and plenty of surprises. Children ages 5 years and up are welcome to attend, but must be signed in and out by an adult. \$8 per child. www.redwoodraks.com.

Trinidad Library Toddler Storytime. 10-11 a.m. Trinidad Library, 380 Janis Court. Stories with the little ones. Free. trihuml@co.humboldt.ca.us. 677-0227.

HOLIDAY EVENTS

Arts & Crafts Night Market. 5-8:30 p.m. McKinleyville Community Pop-up Museum, 1520 City Center Road. Over 25 local vendors and handcrafted goods. Dutch auctions to benefit the pop-up museum.

Christmas Bazaar. 10 a.m.-4 p.m. Willow Creek China-Flat Museum, 38949 State Route 299. Pick up holiday gifts from local artists and crafters. Enjoy holiday cider and cookies.

Christmas Celebration at the McKinleyville Shopping Center. 5-7:30 p.m. McKinleyville Shopping Center, Central Avenue. Santa on a fire truck, tree lighting, Christmas caroling, photos with Santa, horse-drawn carriage rides, shops open late serving treats, crafts area for kids and more. Free. info@sandsevents.net. 834-6460.

ETC

Katie's Krafters. 9:30-11:30 a.m. Arcata Senior Dining Center, 321 Dr. Martin Luther King Jr. Parkway. New members welcome. Anyone with sewing or quilting experience or who wants to learn. Free.

Standard Magic Tournament. 6-10 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Put your deck to the test. \$5. nugamesonline@gmail.com. www.nugamesonline.com. 497-6358.

6 Friday

ART

Drop-in Volunteering. 1-6 p.m. SCRAP Humboldt, 101 H St., Suite D, Arcata. Drop-in volunteering every Friday to help the creative reuse nonprofit. Free. volunteer@scraphumboldt.org. www.scraphumboldt.org. 822-2452.

COMEDY

Friday Night Improv Show. 7-9:45 p.m. Old Town Coffee & Chocolates, 211 F St., Eureka. Watch or play fun improv games with audience suggestions. Clean comedy. All ages welcome. Free. damionpanther@gmail.com. www.oldtown-coffeeeureka.com. 497-9039.

DANCE

Live Music World Dance Party. 8-11 p.m. Redwood Raks World Dance Studio, 824 L St., Arcata. The Humboldt Folk Dancers invite the public to an evening of easy dances and world music with international bands. All ages and dance levels welcome. \$5. kurumada@humboldt.edu. www.humboldtfolk dancers.org. 496-6734.

Winter Wonderland Aerial Cabaret. 7:30-10 p.m. Synopsis Nova, 212 G St., Suite 102, Eureka. Synopsis and Humboldt Aerial Collectives present two unique all-aerial show featuring an array of local performers. \$10. synopsisireuka@gmail.com. www.synopsisperformance.com. 616-3104.

MUSIC

Community Singing Circle. 7:30-9 p.m. The Ink People Center for the Arts, 525 Seventh St., Eureka. Humboldt SINGS hosts community singing events where participants learn simple songs and chants from various traditions. No printed music, a capella. Free. tjsapunar@gmail.com. (404) 229-1812.

Eureka Symphony's "Celestial Celebrations" Holiday Concert. 8-10 p.m. Arkley Center for the Performing Arts, 412 G St., Eureka. A holiday concert featuring selections from

"Nutcracker Suite," choral works by Randall Thompson and the Eureka Symphony Chorus singing "Holiday Songs from Home Alone" by John Williams. \$19-\$49. eurekasymphony@gmail.com. www.eurekasymphony.org. 845-3655.

HSU Madrigal Singers and Mad River Transit Singers. 8-10 p.m. Fulkerson Recital Hall, Humboldt State University, Arcata. The HSU Department of Music and choral conductor Rachel Samet present "Night in the City," a program of choral music ranging from the Renaissance through contemporary jazz. \$10, \$5 child, Free for HSU students with ID. mus@humboldt.edu. music.humboldt.edu. 826-3928.

SPOKEN WORD

Blackout Poetry Performance. 7-9 p.m. Morris Graves Museum of Art, 636 F St., Eureka. College of the Redwoods presents the Blackout Poets (creative writing students from English 32, the poetry class) reading their original poetry from this semester. Free. david-holper@redwoods.edu. www.humboldtarts.org. 476-4370.

THEATER

Dreamers: Aquí y Allá. 7:30-9 p.m. Gist Hall Theatre, Humboldt State University, Arcata. *Dreamers* features stories and characters based on DACA recipients who got to travel to Mexico to visit family and reconnect with their roots. \$10, \$8. www2.humboldt.edu/theatre. 826-3928.

Every Brilliant Thing. 8 p.m. Redwood Curtain Theatre, 220 First St., Eureka. A funny play about love, loss and depression. Presented by Creative Type Productions. \$10. creativetypeproductions@gmail.com.

The Character Project. 8-9 p.m. Dell'Arte's Carlo Theatre, 131 H St., Blue Lake. See Dec. 5 listing.

Jesus Christ Superstar. 8-11 p.m. North Coast Repertory Theatre, 300 Fifth St., Eureka. The Andrew Lloyd Webber and Tim Rice rock-opera re-telling of the last five days in the life of Jesus Christ. \$18, \$16 students, seniors. northcoastreper-tory@gmail.com. www.ncrt.net. 442-6278.

Matilda. 8 p.m. Ferndale Repertory Theatre, 447 Main St. The award-winning musical with high-energy dance numbers and catchy songs. \$18 general admission \$16 students (15-college) \$16 seniors (60+) \$10 youth (ages 3-14). www.ferndalerep.org.

Scouts Honor: The Whichever Scouts vs. The Energy Monster. 7:30-9:30 p.m. Arcata Playhouse, 1251 Ninth St. See Dec. 5 listing.

EVENTS

Black & White Ocean Night. 6:30-11 p.m. Arcata Theatre Lounge, 1036 G St. Surfrider Humboldt's annual holiday party and fundraiser featuring pianist Katie McGourty, Ben Stoeck and the West Coast Rhythm, and Tyger Byle. Black and white films and photography, and raffles. Fancy(ish) black and white attire encouraged. \$10 suggested donation. humboldt@surfrider.org. humboldt.surfrider.org/black-white-ocean-night-2.

FOR KIDS

Baby Read & Grow. First Friday of every month, 11-11:45 a.m. Humboldt County Library, 1313 Third St., Eureka. Babies and their families are invited to share songs, finger plays and short stories at this early literacy event. Free. jlancaster@co.humboldt.ca.us. www.humlib.org. 269-1910.

HOLIDAY EVENTS

Arts & Crafts Night Market. 5-8:30 p.m. McKinleyville Community Pop-up Museum, 1520 City Center Road. See Dec. 5 listing.

Candlelight Walk in the Redwoods. 5 p.m. Prairie Creek Redwoods State Park Visitors Center, Newton B. Drury Scenic Parkway, Orick. Begins with auctions and light refreshments. The walk, less than 1/2 mile round trip on a level path, starts at 6 p.m. No traditional fire powered candles, please. The trail will be lit by luminaries heading out to the

Continued on next page »



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DREAMERS:

Aquí y Allá

By Andrea Caban

GIST HALL THEATRE

December 6, 7, 12, 13, 14, 2019 @ 7:30 p.m.

December 15, @ 2 p.m.



The Dreamers: Aquí y Allá was written by Andrea Caban in collaboration with an ensemble of student artists. It was originally produced by the California Repertory Company, the Theatre Arts Department of California State University, Long Beach. Jeff Janisheski, Artistic Director. Source material provided in part by professor Armando Vazquez-Ramos and the CMSS. Inc. This production is partially funded by the Instructionally Related Activities Fee.

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NCJ CALENDAR

Continued from previous page

campfire center for storytelling. Sorry, no dogs. Rain or shine.

Christmas Bazaar. 10 a.m.-4 p.m. Willow Creek China-Flat Museum, 38949 State Route 299. See Dec. 5 listing.

CDC Holiday Bazaar. 2-7 p.m. College of the Redwoods Theatre, 7351 Tompkins Hill Road, Eureka. CR Child Development Center hosts more than 20 local vendors and artisans. Raffle prizes, food and live music. Benefits CDC improvements and special projects. Free admission.

Holiday Tree Lighting. 5-7 p.m. Visitor Information Booth, Corner of state routes 299 and 96, Willow Creek. Watch as the downtown tree is lit with Christmas Lights. Enjoy hot cocoa and cookies, a fundraiser serving hot soup and chili. Plus a visit with Santa and carols.

Hospitality Night Open House. 5-9 p.m. Ferndale Main Street, Ferndale. The Victorian Village welcomes friends to a lively evening block party. Merchants stay open until 9 p.m. to serve up cheer along with free beverages and goodies. Free.

Humboldt Artisans Crafts and Music Festival. Redwood Acres Fairgrounds, 3750 Harris St., Eureka. The 40th annual holiday arts and crafts fair with more than 100 craft booths featuring local and regional artists and four stages of live music. Free admission for kids and seniors, free with a toy for toy drive, free after 5 p.m. \$3 or bring a toy for the Humboldt Bay Fire Department Toy Drive for free admission. www.redwoodacres.com.

Lighted Truck Parade. Garberville Town Square, Church Street. Pics with Santa, lighted truck parade and more festivities.

Season of Wonder & Light - Holiday Open House. 5-8 p.m. Arcata Plaza, Ninth and G streets. The plaza, the Historic Jacoby's Storehouse and downtown are wreathed in lights and garlands. Shop, wine and dine with extended holiday hours.

Willow Creek Tree Lighting. 5-7 p.m. Willow Creek, State Route 299. At the Visitor Information Booth, corner state routes 299 and 96. Caroling, hot chocolate and cookies. info@willowcreekchamber.com. (530) 629-2693.

ETC

Beginning Computer Skills. 10 a.m.-noon Humboldt County Library, 1313 Third St., Eureka. For beginner adults with little-to-no computer experience who want to get comfortable using a computer. Free. www.humlib.org. 269-1900.

A Call to Yarns. 12-1 p.m. Arcata Library, 500 Seventh St. Knit. Chat. Relax. Free. sparsons@co.humboldt.ca.us. 822-5954.

Solidarity Fridays. 5-6 p.m. County Courthouse, 825 Fifth St., Eureka. Join Veterans for Peace and the North Coast People's Alliance for a peaceful protest on the courthouse lawn. www.northcoastpeoplesalliance.org.

7 Saturday

ART

Arts Alive. First Saturday of every month, 6-9 p.m. Historic Old Town Eureka, Second Street. Art, and a heap of it. All around Old Town, Eureka. Free. www.eurekamainstreet.org. 442-9054.

BOOKS

Book and Media Sale. 11 a.m.-3 p.m. Arcata Library, 500 Seventh St. Shop for Christmas gifts at the Friends of the Arcata Library Book and Media Sale. Benefits the Arcata Library's cultural activities. Free. www.facebook.com/HumcoLibraryArcata. 822-5954.

Soldiers Unknown and Ka'm-t'em: A Journey Toward Healing. 6-9 p.m. Eureka Books, 426 Second St. Join author of *Ka'm-t'em: A Journey Toward Healing*, Kishan Lara-Cooper and author of the graphic novel *Soldiers Unknown* Chag Lowry for a meet and greet followed by a book signing. Copies of their books will be available for sale. Light refreshments provided. info@euekabookshop.com. 444-9593.

COMEDY

Alec Cole's Halfhour. 9-11 p.m. Savage Henry Comedy Club, 415 Fifth St., Eureka. Comedian Alec Cole is ready for 30 minutes. Josh Barnes, Jessica Grant and Evan Vest open. David Eubanks hosts. \$10. www.savagehenrymagazine.com. 845-8864.

DANCE

Milonga. 8-11 p.m. Academy of Irish Dance and Music, 433 A Street, Eureka. Argentine Tango Milonga with special performance by Erin Malley and Doruk Golcu at 9 p.m. Come dance, socialize or watch. Holiday potluck. Bring a dish, snack or drink to share. \$10.

Winter Wonderland Aerial Cabaret. 9-10:30 p.m. Synapsis Nova, 212 G St., Suite 102, Eureka. See Dec. 6 listing.

LECTURE

Fort Humboldt Historic Tour. 11 a.m.-noon. Fort Humboldt State Historic Park, 3431 Fort Ave., Eureka. An easy, 45-minute stroll with a story of hope, struggle and future presidents. Explore the historic buildings and enjoy views of the Humboldt Bay. Meet at the small flag pole at the north end of the parking lot. Free. ryan.spencer@parks.ca.gov. 445-6568.

Humboldt County Historical Society Program. Humboldt County Library, 1313 Third St., Eureka. Join Chuck and Wendy Petty for *The Eureka Theater at 80*. The Pettys will discuss the history of Redwood Theaters and its founder George Mann, his original plans which included a hotel, and his eventual building of the theater in 1939. Free. www.humboldthistory.org. 445-4342.

RWP Annual Literacy Conference. 9 a.m.-4 p.m. Humboldt State University, 1 Harpst St., Arcata. For current and future K-16 teachers, administrators and paraprofessionals. Sessions are facilitated by RWP Teachers Consultants. \$85, \$75 RWP TC, CATE, BTS; \$50 HSU and CR students. rwp@humboldt.edu. www.humboldt.edu. 826-5109.

MUSIC

Eureka Symphony's "Celestial Celebrations" Holiday Concert. 8-10 p.m. Arkley Center for the Performing Arts, 412 G St., Eureka. A holiday concert featuring selections from "Nutcracker Suite," choral works by Randall Thompson and the Eureka Symphony Chorus singing "Holiday Songs from Home Alone" by John Williams. \$19-\$49. ticketing@eurekasymphony.org. www.eurekasymphony.org/get-your-tickets/#2. 845-3655.

How the Grouch Stole ChristMurs. 10 p.m. Arcata Theatre Lounge, 1036 G St. The 12th and final tour featuring The Grouch, Murs, Pure Powers and Gabe Pressure. Wear your ugly or sexy Christmas sweater. \$20-\$25. bootyshakin-musicproductions@yahoo.com. www.arcatatheatre.com. 367-5949.

HSU Percussion Ensemble, World Percussion Group & Calypso Band in Concert. 8-10 p.m. Van Duzer Theatre, Humboldt State University, Arcata. Directors Eugene Novotney and Howard Kaufman present contemporary and experimental music for Percussion Ensemble, Brazilian samba and high-energy calypso. \$10, \$5 child, \$5 HSU students with ID. mus@humboldt.edu. music.humboldt.edu/. 826-3928.

THEATER

Dreamers: Aquí y Allá. 7:30-9 p.m. Gist Hall Theatre, Humboldt State University, Arcata. See Dec. 6 listing.

The Character Project. 8-9 p.m. Dell'Arte's Carlo Theatre, 131 H St., Blue Lake. See Dec. 5 listing.

Jesus Christ Superstar. 8-11 p.m. North Coast Repertory Theatre, 300 Fifth St., Eureka. See Dec. 6 listing.

Matilda. 2 & 8 p.m. Ferndale Repertory Theatre, 447 Main St. See Dec. 6 listing.

Return to Oz. 7:30-9 p.m. Eureka Theater, 612 F St. The Dell'Arte Company's annual holiday show tour ushers in the festive season with an adaptation of L. Frank Baum's original world of Oz trilogy. Free. dellarte.com/shows-and-events/mad-river-festival-2/. 668-5663.

Scouts Honor: The Whichever Scouts vs. The Energy Monster. 7:30-9:30 p.m. Arcata Playhouse, 1251 Ninth St. See Dec. 5 listing.

EVENTS

Barn Boogie Birthday Bash. 7 p.m. Arcata Veterans Hall, 1425 J St. Celebrate Mad River Alliance's ninth birthday. Barn dance with the Striped Pig Stringband, live music by Barn Fire, beverages, food, silent auction, 50/50 raffle and a special raffle benefiting Mad River Alliance programs. Free.

HSU Samoa Facility Open House and Visioning. 10 a.m.-noon. Hsu Samoa Facility, 1601 Samoa Blvd., Arcata. Humboldt State University seeks ideas for creatively using the 51,500-square-foot space. Light appetizers served. Free.

Quarter Craze For the Redwood Discovery Museum. 6-9 p.m. Eureka Woman's Club, 1531 J St. Auction and vendor items up for a quarter bid. Dinner and dessert available for \$8. Beer, wine and a holiday cocktail available for purchase. \$8. carolecrossleygifts@gmail.com. www.eurekawomansclub.org. 845-7243.

FOR KIDS

Kids Alive. First Saturday of every month, 5:30-8 p.m. Redwood Discovery Museum, 612 G St., Eureka. Drop-off program for ages 3-12 during Arts Alive. \$20 per child, \$15 per child for members. www.discovery-museum.org.

Mini Masters Reading Program. First Saturday of every month, 12-2 p.m. Morris Graves Museum of Art, 636 F St., Eureka. Monthly workshop includes story time, tours of current exhibitions, literacy games and art activities. For children ages 2-8, but all ages welcome. Hear a read aloud of *If* by Sarah Perry. Free. cecily@humboldtarts.org. www.humboldtarts.org/pbsnc-kids-club. 442-0278.

Story Time. First Saturday of every month, noon. Willow Creek Library, State routes 299 and 96. Introduce your preschooler to the fun of books. Free.

Storytime and Crafts. 11:30 a.m. Blue Lake Library, 111 Greenwood Ave. Followed by crafts at noon. Now with a Spanish and English story every first and third Saturday. Free. blkhuml@co.humboldt.ca.us. 668-4207.

Virtual Reality at the McKinleyville Library. First Saturday of every month, 2-5 p.m. McKinleyville Library, 1606 Pickett Road. Drop in to try out virtual reality as part of the California Virtual Reality Experience, bringing this new technology to communities that might otherwise not have it.

FOOD

Arcata Plaza Winter Farmers' Market. 10 a.m.-2 p.m. Arcata Plaza, Ninth and G streets. Fresh GMO-free foods direct from the farmers. Fruits and vegetables, humanely raised meats, pastured eggs, artisanal body products, plants, hot food stands and more.

HOLIDAY EVENTS

Christmas Bazaar. 10 a.m.-4 p.m. Willow Creek China-Flat Museum, 38949 State Route 299. See Dec. 5 listing.

VFW Christmas Bazaar. 10 a.m.-4 p.m. Fortuna Veterans Hall/Memorial Building, 1426 Main St. The Auxiliary to the Veterans of Foreign Wars 2207 hosts an opportunity to support veterans and local small businesses and vendors. Free admission.

Dennis Wendt Tree Lighting Ceremony. 5 p.m. Rio Dell and Scotia Chamber of Commerce, 406 Wildwood Ave. Meet Santa, enjoy refreshments and children's activities courtesy of the Community Resource Center, hear holiday music by Scotia Saxs and carol with the Baptist Church singers. Free.

Holiday Artisan Sale. 12-9 p.m. Morris Graves Museum of Art, 636 F St., Eureka. Peruse a wide variety of fine art, gifts and crafts by local artists. Prices start around \$4. www.humboldtarts.org.

Holiday Boutique. 10 a.m.-2 p.m. Jacoby Creek School, 1617 Old Arcata Road, Bayside. The Jacoby Creek School PTO hosts a showcase of handmade items from local and student artisans and crafters in the library. Vendor applications are

available in the school office or by email. jacobycreek-schoolPTO@gmail.com.

Holiday Decoration Exchange. 12-4 p.m. Eureka Center for Spiritual Living, 239 Buhne St. Take whatever decorations you like. Donate clean, working decorations for any faith at the center on Sunday, Dec. 1 from 11:30 a.m. to 12:30 p.m. and on Wednesday, Dec. 4 from noon to 2 p.m. Or contact via phone or email. Donations appreciated. scottq@scottq-marcus.com. 834-4090.

Holiday Nature Crafts. 11 a.m. Hsu Natural History Museum, 1242 G St., Arcata. Make a variety of fun holiday gifts with a nature theme from pressed plant bookmarks to pinecone owl ornaments. Adults with kids are free and can shop while the kids create \$5 per participant. www.humboldt.edu/natmus. 826-4479.

Humboldt Artisans Crafts and Music Festival. Redwood Acres Fairgrounds, 3750 Harris St., Eureka. See Dec. 6 listing.

Santa Claus in the Victorian Village. 10:30 a.m. Ferndale Main Street, Ferndale. St. Nick and his jolly elf arrive by gleaming red fire truck with bags of goodies for youngsters. Free. info@visitferndale.com.

Studio 299 Holiday Boutique. 10 a.m.-4 p.m. Studio 299, 75 The Terrace, Willow Creek. Browse art and crafts. Enjoy the photo booth, bake sale, hot drinks and treats and food available to purchase. www.studio299.tripod.com.

Tuba Christmas. 1 p.m. Old Town Gazebo, Second and F streets, Eureka. Enjoy the holiday sounds of a tuba and euphonium chorus performed by students, teachers, amateur and professional musicians. Free. info@sandsevents.net. 834-6460.

Tuba Christmas at the McKinleyville Shopping Center. 3-4 p.m. McKinleyville Shopping Center, Central Avenue. Join the McKinleyville Shopping Center for a free Holiday brass instrument concert. Meet at the signs at the Shopping Center. Will be help outdoors, if weather permits. Free. info@sandsevents.net. 834-6460.

'Twas The Night Before Christmas Holiday Ballet. 6 p.m. Eureka High School Auditorium, 1915 J St. Trillium Dance Studios presents this holiday ballet danced by and for children of all ages and adults, inspired by Clement C. Moore's classic poem. \$16-\$10. www.TrilliumDance.com. 822-8408.

UIHS American Indian Winter Arts and Crafts Fair. 10 a.m.-5 p.m. United Indian Health Services (Potawot), 1600 Weeot Way, Arcata. Some 75 vendors will be selling arts and crafts pieces of Native American design. Also a fundraiser lunch and drawing. 825-5000.

Visit With Santa. 12-3 p.m. and 6-9 p.m. Old Town Gazebo, Second and F streets, Eureka. Say hi to the jolly old elf. Free.

Winter Arts Faire. 10 a.m.-6 p.m. Mateel Community Center, 59 Rusk Lane, Redway. This time honored two-day family event will feature nearly 50 handmade artisan booths, musical entertainment, children's activities and more. \$5, free for Mateel members. www.mateel.org.

OUTDOORS

Arcata Marsh Bird Walk. 8:30-11 a.m. Arcata Marsh and Wildlife Sanctuary, South I Street. Bring your binoculars and have bird with Redwood Region Audubon Society. Meet leader Gary Friedrichsen in the parking lot at the end of South I Street (Klopp Lake) in Arcata, rain or shine. Free. www.ras.org/home.aspx.

Arcata Marsh Tour. 2 p.m. Arcata Marsh and Wildlife Sanctuary Interpretive Center, 569 S. G St. Meet leaders Jenny Hanson and Alex Stillman for a 90-minute walk focusing on the plants, history and/or ecology of the marsh. Loaner binoculars available with photo ID. Free. 826-2359.

Audubon Society Arcata Marsh Bird Walk. 8:30-11 a.m. Arcata Marsh and Wildlife Sanctuary, South I Street. Bring your binoculars and meet in the parking lot at the end of South I Street (Klopp Lake) in Arcata, rain or shine. Free. www.ras.org/calendar. 826-7031.

Continued on next page »



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NCJ CALENDAR

Continued from previous page

Dune Ecosystem Restoration. Every third Saturday, 9:30 a.m.-12:30 p.m. Humboldt Coastal Nature Center, 220 Stamps Lane, Manila. Help remove invasive plants to make room for native plant diversity. Tools, gloves and snacks provided. Please bring water and wear work clothes. Free. info@friendsofthedunes.org. www.friendsofthedunes.org/calendar. 444-1397.

Hammond Trail Work Day. First Saturday of every month, 9-11 a.m. Hammond Trail, McKinleyville, McKinleyville. Work, clean and paint. Dress for work. New volunteers welcome. Changing locations each month. Contact for meeting place. sbecker@reninet.com. www.humtrails.org. 826-0163.

Lanphere Dunes Guided Walk. 10 a.m.-1 p.m. Lanphere Dunes, Lanphere Road, Arcata. Join a Friends of the Dunes naturalist for a guided tour. Meet at Pacific Union School to carpool to the protected site. RSVP. Free. info@friendsofthedunes.org. www.friendsofthedunes.org/. 444-1397. First Saturday of every month, 10 a.m.-1 p.m. Humboldt Bay NWR Lanphere Dunes Unit, 6800 Lanphere Road, Arcata. Join a Friends of the Dunes naturalist for a guided tour. Meet at Pacific Union School to carpool to the protected site. Free. info@friendsofthedunes.org. friendsofthedunes.org. 444-1397.

Pilot Point. 9:30 a.m.-noon. Pilot Point, Osurg Ln, Trinidad. Pilot point is a private forest nature reserve near Moonstone Beach and only accessible to the public during events such as this. Meet at Osurg Land and Scenic Drive. Carpool if you can. Bring water. Gloves and tools provided. Sturdy shoes are required. Free. info@trinidadcoastallandtrust.org. www.trinidadcoastallandtrust.org. 677-2501.

ETC

Beginning American Sign Language. 11 a.m.-1 p.m. Humboldt County Library, 1313 Third St., Eureka. For anyone interested in learning ASL. No pre-registration. Attend every week, or pop in when you can. The library's programs and services are intended to be accessible to people with disabilities. Free. www.humlib.org. 269-1905.

Stitches in the Stacks. 1:30-3:30 p.m. Humboldt County Library, 1313 Third St., Eureka. Hang out with other knitters and crocheters. Bring your latest project and join in. All levels welcome. The library's programs and services are intended to be accessible to people with disabilities. Free. www.humlib.org. 269-1905.

Women's Peace Vigil. 12-1 p.m. County Courthouse, 825 Fifth St., Eureka. Dress in warm clothing and bring your own chair. No perfume, please. Free. 269-7044.

Yu-Gi-Oh! Standard League. 1-4 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Bring your decks and claim your prizes. \$5. nugamesonline@gmail.com. www.nugamesonline.com. 497-6358.

8 Sunday

ART

Sewing Night. 6-9 p.m. The Sanctuary, 1301 J St., Arcata. A time and place to work on sewing or mending projects with others. Assistance and guidance are available. \$5-\$20 suggested donation. shunada@att.net. sanctuaryarcata.org. 822-4221.

MOVIES

The Secret of NIMH (1982). 6 p.m. Arcata Theatre Lounge, 1036 G St. A widowed mouse must move her children out of their home in a field before the local farmer starts plowing. \$5. www.arcatatheatre.com.

MUSIC

Bayside Community Hall Music Project. 6-8 p.m. Bayside Community Hall, 2297 Jacoby Creek Road. Bandemonium, community activist street band. Bring wind instruments and drums. Free. gregg@relevantmusic.org. www.relevantmusic.org/Bayside. 499-8516.

Ferndale Community Choir 50th Annual Christmas Concerts. 3-4 p.m. Christ Episcopal Church, 15th and H streets, Eureka. Celebrate the spirit of this holiday season at the choir's final concert of the season. Free. susandmc@gmail.com. ferndalechoir.com. 496-6429.

HSU's Humboldt Symphony. 2-4 p.m. Fulkerson Recital Hall, Humboldt State University, Arcata. The department and conductor Garrick Woods present an afternoon of music for strings, winds and percussion. Included on the program are the *Blue Danube Waltz* by Strauss, the first movement of Schubert's *Unfinished Symphony*, selections from *Enigma Variations* by Elgar, and Grieg's first *Peer Gynt Suite*. \$10, \$5 child, Free for HSU students with ID. mus@humboldt.edu. music.humboldt.edu. 826-3928.

THEATER

The Character Project. 8-9 p.m. Dell'Arte's Carlo Theatre, 131 H St., Blue Lake. See Dec. 5 listing.

Every Brilliant Thing. 2 p.m. Redwood Curtain Theatre, 220 First St., Eureka. See Dec. 6 listing.

Jesus Christ Superstar. 2-5 p.m. North Coast Repertory Theatre, 300 Fifth St., Eureka. See Dec. 6 listing.

Matilda. 2 p.m. Ferndale Repertory Theatre, 447 Main St. See Dec. 6 listing.

Scouts Honor: The Whichever Scouts vs. The Energy Monster. 2 p.m. Arcata Playhouse, 1251 Ninth St. See Dec. 5 listing.

EVENTS

AHHA Fundraiser. 6 p.m. The Sanctuary, 1301 J St., Arcata. A benefit concert performance for Arcata nonprofit Affordable Homeless Housing Alternatives. Featuring performances by John Elliott, Leslie Castellano, Violet Crabtree, Joanne McGarry, Solomon Lowenstein and more. \$10 - \$25 sliding scale, no one turned away for lack of funds.

FOR KIDS

Lego Club. 12:30-2 p.m. Redwood Discovery Museum, 612 G St., Eureka. For ages 4 and up. Free w/museum admission. www.discovery-museum.org.

Nature's Gifts. 3-4 p.m. Arcata Marsh and Wildlife Sanctuary Interpretive Center, 569 S. G St. A holiday event for the whole family. Join us for a reading of the children's book *The Night Tree* then make and take birdseed ornaments. Free. hschmidt@cityofarcata.org. 822-7091.

FOOD

Food Not Bombs. 4 p.m. Arcata Plaza, Ninth and G streets. Free, hot food for everyone. Mostly vegan and organic and always delicious. Free.

Pancake Breakfast. Second Sunday of every month, 8-11 a.m. Mad River Grange, 110 Hatchery Road, Blue Lake. Breakfast with your choice of eggs, ham, sausage, toast, pancakes, coffee, tea and orange juice. \$5, \$2.50 kids ages 6-12, free for kids under 6.

Veterans Pancake Breakfast. Second Sunday of every month, 8 a.m.-noon. Fortuna Veterans Hall/Memorial Building, 1426 Main St. Pancakes, eggs, sausage, bacon, biscuits and gravy, orange juice, coffee, tea, hot chocolate. Benefits local youth groups and veterans' events in the Eel River Valley. \$8, \$5 kids under 12. vfwpost2207@gmail.com. 725-4480.

HOLIDAY EVENTS

Christmas Bazaar. 10 a.m.-4 p.m. Willow Creek China-Flat Museum, 38949 State Route 299. See Dec. 5 listing.

Fortuna Christmas Music Festival. 12:30-6:30 p.m. Fortuna River Lodge, 1800 Riverwalk Drive. This annual community event brings together diverse musical groups from throughout Humboldt County, playing one after the other onstage – six full hours of nonstop musical holiday spirit. Drop in any time during the afternoon. Scotia Band opens at 12:30 p.m. Free.

Holiday Artisan Sale. 12-5 p.m. Morris Graves Museum of Art, 636 F St., Eureka. See Dec. 7 listing.

HSSA Holiday Tea. 2-4 p.m. Phillips House Museum, Seventh and Union streets, Arcata. Tea and treats served. Free.

Humboldt Artisans Crafts and Music Festival. Redwood Acres Fairgrounds, 3750 Harris St., Eureka. See Dec. 6 listing.

McKinleyville Community Choir Holiday Concert. 3 p.m. Azalea Hall, 1620 Pickett Road, McKinleyville. The choir and director Jon Reisdorf present a holiday program. Goodies served. www.mckinleyvillecsd.com/azalea-hall.

Studio 299 Holiday Boutique. 10 a.m.-4 p.m. Studio 299, 75 The Terrace, Willow Creek. See Dec. 7 listing.

'Twas The Night Before Christmas Holiday Ballet. 2 p.m. Eureka High School Auditorium, 1915 J St. See Dec. 7 listing.

Visit With Santa. 12-3 p.m. Old Town Gazebo, Second and F streets, Eureka. See Dec. 7 listing.

Winter Arts Faire. 10 a.m.-6 p.m. Mateel Community Center, 59 Rusk Lane, Redway. See Dec. 7 listing.

OUTDOORS

Ecogrief Healing Circle: Honoring Our Pain and Resiliency. 3:30-5 p.m. Trinidad State Beach, Trinidad State Beach. Join others for an afternoon on the beach to grieve and share ways of engaging in empowering actions and cultivating resiliency and earth community. \$5. ryan@wildnatureheart.com. www.meetup.com/Wild-Nature-Heart-Humboldt/events/266615635/. (510) 219-3349.

Ma-le'l South Restoration. 10 a.m.-1 p.m. Ma-le'l Dunes South, Young Lane, Arcata. The Dune Ecosystem Restoration Team teaches plant identification and removal practices, and provides tools, gloves and snacks. Meet at the Ma-le'l Dunes South parking lot off of Young Lane in Manila. Free. info@friendsofthedunes.org. www.friendsofthedunes.org/. 444-1397.

Audubon Society Birding Trip. Second Sunday of every month, 9 a.m. Humboldt Bay National Wildlife Refuge, 1020 Ranch Road, Loleta. Join Redwood Region Audubon Society for a 2- to 3-hour birding walk. Beginners welcome. Meet at the Visitor Center at 9 a.m. Contact Ralph Bucher. Free. thebook@reninet.com. 499-1247.

SPORTS

Play Like Geno 3-on-3 Basketball Tournament. 9 a.m.-4 p.m. South Fork High School, 6831 Ave. of the Giants, Miranda. Basketball tournament for youth and adults to fundraise for the Redway Elementary outdoor basketball courts. Teams are maximum of four players. Individual and team walk-ups welcome. \$120 adult team, \$80 youth team.

Sunday NFL. 9:30 a.m.-4 p.m. Arcata Theatre Lounge, 1036 G St. Watch the games on the giant screen. Free w/\$5 food/bev purchase. www.arcatatheatre.com.

ETC

Pokémon Trade and Play. 3-5 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Bring your cards to play or learn. Free. nugamesonline@gmail.com. www.nugamesonline.com. 497-6358.

Sewing Night. Second Sunday of every month, 6-9 p.m. The Sanctuary, 1301 J St., Arcata. Work on sewing or mending projects with others. Assistance and guidance available, as well as four sewing machines ideal for different applications. \$5-\$20 suggested. shunada@att.net. sanctuaryarcata.org. 822-4221.

9 Monday

BOOKS

Writing Group. 4-5:30 p.m. Old Town Coffee & Chocolates, 211 F St., Eureka. Authors and authors-to-be supporting one another weekly from plotting to publication. RSVP by text or email. Free. damionpanther@gmail.com. www.oldtown-coffeeeureka.com. 497-9039.

COMEDY

Improv Show. 6-7:45 p.m. Old Town Coffee & Chocolates,

211 F St., Eureka. Watch or play fun improv games. Audience suggestions taken for scenes, plays, films, songs and more. Clean comedy. All ages welcome. Free. damionpanther@gmail.com. www.oldtowncoffeereureka.com. 497-9039.

Monday Night Pod. 7-11 p.m. Savage Henry Comedy Club, 415 Fifth St., Eureka. Live recordings of podcasts on the Savage Henry Podcast Network. Usually two recordings 7 and 9 p.m. Free. editor@savagehenrymagazine.com. www.savagehenrymagazine.com. 845-8864.

DANCE

Baile Terapia. 7-8 p.m. Jefferson Community Center, 1000 B St., Eureka. Paso a Paso hosts dance therapy. Free. jorge.matias@stjoe.org. 441-4477.

MUSIC

Humboldt Harmonaires. 7-9:30 p.m. Eureka High School, 1915 J St. Sing four-part men's a cappella barbershop harmony, no experience needed. All voice levels and ages welcome. In the EHS band room located in the rear with parking at Del Norte and J streets. Free. SrJoePapa@gmail.com. 834-0909.

Join the Scotia Band. 7:30-9 p.m. Fortuna High School, 379 12th St. Woodwind, brass and percussion musicians (intermediate level and above) of all ages are invited. The band rehearses Monday evenings in the Fortuna High Band Room and performs publicly throughout the year. Free. thescotiaband@yahoo.com. www.scotiaband2.org. 599-4872.

FOR KIDS

Kneeland School presents *Everyday Heroes*. 10:30 a.m. Ferndale Repertory Theatre, 447 Main St. This year's comic play by students tackles homework, beach litter, global drought and getting up early for school. Free for Humboldt County schools. www.ferndalerep.org.

MEETINGS

VFW Post 2207 Monthly Meeting. Second Monday of every month, 7-8:30 p.m. Fortuna Veterans Hall/Memorial Building, 1426 Main St. Fostering camaraderie among U.S. veterans of overseas conflicts and advocating for veterans, the military and communities. Free. 725-4480.

Volunteer Orientation. 2:30 p.m. Food for People, 307 W. 14th St., Eureka. Learn to pack and sort food, work with clients, collect donations and cook. panderson@foodfor-people.org.

SPORTS

Monday Night NFL. 4:30-9 p.m. Arcata Theatre Lounge, 1036 G St. Watch the game on the giant screen. Free w/\$5 food/bev purchase. www.arcatatheatre.com.

10 Tuesday

COMEDY

Trivia Tuesdays. 9-11 p.m. Savage Henry Comedy Club, 415 Fifth St., Eureka. Teams of three. Three rounds. Real prizes. \$5 team entry fee. editor@savagehenrymagazine.com. www.savagehenrymagazine.com. 845-8864.

DANCE

Let's Dance. 7-9:30 p.m. Humboldt Grange Hall, 5845 Humboldt Hill Road, Eureka. Live music. All ages. \$6. www.facebook.com/humboldt.grange. 725-5323.

MUSIC

Humboldt Ukulele Group. Second Tuesday of every month, 5:30 p.m. Arcata Community Center, 321 Dr. Martin Luther King Jr. Parkway. A casual gathering of strummers. Beginners welcome. \$. dsanderl@arcatanet.com. 839-2816.

FOR KIDS

Family Storytime. 10:30-11 a.m. Fortuna Library, 753 14th St. A rotating group of storytellers entertain children ages 2-6 and parents at Fortuna Library. Free. www.humlib.org. 725-3460.

First 5 Playgroup Fortuna. 9:30-11:30 a.m. The Multi-Generational Center, 2280 Newburg Road, Fortuna. For kids 0-5 and their parents/caregivers. Meet our new playgroup leader Jamimah. Free. playgroup@glccenter.org. 725-3300.

Kneeland School presents *Everyday Heroes*. 10:30 a.m. Ferndale Repertory Theatre, 447 Main St. See Dec. 9 listing.

MEETINGS

Humboldt Cribbers. 6:15 p.m. Moose Lodge, 4328 Campton Road, Eureka. Humboldt Cribbage Club plays weekly. Seven games in summer and nine games during the season. \$. grasshopper60@aol.com. 444-3161.

ETC

Bingo. 6 p.m. Moose Lodge, 4328 Campton Road, Eureka. Speed bingo, early and regular games. Doors open at 5 p.m. Games \$1-\$10.

Board Game Night. 6-9 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Choose from a variety of games or bring your own. All ages. Free. www.nugamesonline.com. 497-6358.

Ferndale Cribbage. 10 a.m. Our Savior's Lutheran Church, 425 Shaw Ave., Ferndale. Cards and pegs.

Katie's Krafters. 9:30-11:30 a.m. Arcata Senior Dining Center, 321 Dr. Martin Luther King Jr. Parkway. See Dec. 5 listing.

Pokémon Trade and Play. 3-6 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. See Dec. 8 listing.

11 Wednesday

ART

CR Annual Art Faculty and Staff Exhibition Reception. 3-5 p.m. College of the Redwoods Creative Arts Gallery, 7351 Tompkins Hill Road, Eureka. Paintings, sculptures, mixed media, ceramics, jewelry, photography and video by Benjamin Funke, Cynthia Hooper, David Zdrasil, Dean Smith, Erica Botkin, Hannah Meredith, Lindsay Lacewell Kessner, Mary Mallahan, Natalia Margulis, Ruth Jensen, Shannon Sullivan and Tova Lund.

Figure Drawing. Second Wednesday of every month, 6:30-8:30 p.m. The Sanctuary, 1301 J St., Arcata. Sessions hosted by Natalie Williams begin with one to five-minute poses, then 10 to 20 minutes. Tea and snacks served, some drawing materials and easels provided. Bring a drawing board if needed. \$5-\$15 sliding. info@sanctuaryarcata.org. www.sanctuaryarcata.org/events/figure-drawing-3-2019-08-28. 822-0898.

COMEDY

Open Mikey. 9-11:45 p.m. Savage Henry Comedy Club, 415 Fifth St., Eureka. Hosted by Nando Molina, Jessica Grant and Josh Barnes. Sign up early. For beginners and seasoned comics. Free. peter@savagehenrymagazine.com. www.savagehenrymagazine.com/events. 798-6333.

MOVIES

Sci-Fi Night: *Santa & the Ice Cream Bunny* (1972). 6 p.m. Arcata Theatre Lounge, 1036 G St. Santa's sleigh gets stuck in the sand on a Florida beach only days before Christmas Eve. Free w/\$5 food/bev purchase. www.arcatatheatre.com.

MUSIC

Sweet Harmony Women's Chorus. 6-8 p.m. Arcata United Methodist Church, 1761 11th St. All-female barbershop-style chorus that sings a variety of music in four-part, a cappella harmonies. Accepting new members. Ability to read music not required. barbershophumboldt@gmail.com. (802) 490-9455, 601-8219.

THEATER

Return to Oz. 5-6:30 p.m. Orick School, 120918 Highway 101. The Dell'Arte Company's annual holiday show tour ushers in the festive season with an adaptation of L. Frank Baum's original world of Oz trilogy. Free. dellarte.com/shows-and-events/mad-river-festival-2. 668-5663.

FOR KIDS

Kneeland School presents *Everyday Heroes*. 6 p.m. Ferndale Repertory Theatre, 447 Main St. See Dec. 9 listing.

HOLIDAY EVENTS

Cookies & Carols. 12:30-2:30 p.m. Eureka Woman's Club, 1531 J St. Goodies and music by the Arcata Sweet Harmony Christmas Chorus. Free admission. www.eurekawomansclub.org.

Fortuna Garden Club's Christmas Home Tour & Tea. 1-9 p.m. Fortuna Monday Club, 610 Main St. 49th annual event. Nifty Fifties Christmas. Fortuna Monday Club, Leonardo home, Shannon home, Gene Lucas Community Center and Humboldt Equity. \$15, free for kids 5 and under. deniselea@sbcglobal.net. 616-9555.

ETC

Casual Magic. 4-9 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Bring your decks and connect with the local Magic community. Beginners welcome. Door prizes and drawings. \$5. nugamesonline@gmail.com. www.nugamesonline.com. 497-6358.

English as a Second Language (ESL). 4:30-7:30 p.m. Humboldt County Library, 1313 Third St., Eureka. Improve your English for everyday life, work or school at these free classes offered by College of the Redwoods. Childcare provided. *¿Quieres mejorar tu inglés para la vida cotidiana, el trabajo o la escuela? College of the Redwoods ofrecerá clases gratuitas de inglés como segundo idioma (ESL). Se proporcionará cuidado de niños.* Free. www.humlib.org. 269-1900.

Family Night. 4-7 p.m. Blood Bank, 2524 Harrison Ave, Eureka. The Blood Bank will make dinner and watch the kids while you donate. Free. recruit@nccbb.org. www.nccbb.org. 443-8004.

12 Thursday

ART

Figure Drawing Group. 7-9 p.m. Cheri Blackerby Gallery, 272 C St., Eureka. See Dec. 5 listing.

Playing into Transformation. 3-4:30 p.m. The Connection HPRC, 334 F St. (former Bank of America building), Eureka. See Dec. 5 listing.

BOOKS

Trinidad Library Book Buddies Club. Second Thursday of every month, 11 a.m.-noon. Trinidad Library, 380 Janis Court. No mandatory reading, just a love of books. Free. trihuml@co.humboldt.ca.us. 677-0227.

COMEDY

Ki-Man and the Masters of the Universe. 9-11 p.m. Savage Henry Comedy Club, 415 Fifth St., Eureka. Savage Henry's first live-dub show where voice actors lend their talents towards movies, television and more. The only catch, they haven't been given any scripts. Free. www.savagehenrymagazine.com. 845-8864.

DANCE

Redwood Fusion Partner Dance. 7-10 p.m. Redwood Raks World Dance Studio, 824 L St., Arcata. See Dec. 5 listing.

MOVIES

Anthill Films presents *Return to Earth*. 6 p.m. Arcata Theatre Lounge, 1036 G St. Tickets available at Revolution Bicycles and NICA Students. www.arcatatheatre.com.

MUSIC

Thirsty Thursday (College Night). 9:30 p.m. Arcata Theatre Lounge, 1036 G St. See Dec. 5 listing.

THEATER

Dreamers: *Aquí y Allá*. 7:30-9 p.m. Gist Hall Theatre, Humboldt State University, Arcata. See Dec. 6 listing.

EVENTS

Celebration of Sanctuary Ordinance and Humboldt Immigrants. 6-9 p.m. Arcata Playhouse, 1251 Ninth St. Potluck and program, "Ebb and Flow of Immigration in Humboldt, Part I: Stories from Latinx and Asian Communities," by Centro del Pueblo, the Asian Desi Pacific Island Collective of Humboldt State University and Taiko Swing Humboldt.

FOR KIDS

Kneeland School presents *Everyday Heroes*. 10:30 a.m. Ferndale Repertory Theatre, 447 Main St. See Dec. 9 listing.

Trinidad Lego Club. Second Thursday of every month, 3-4:30 p.m. Trinidad Town Hall, 409 Trinity St. Calling all master-builders 5 and up for the Trinidad Lego Club now meeting at the Trinidad Civic Club Room on the second and fourth Thursdays of the month. Free. 496-6455.

Trinidad Library Toddler Storytime. 10-11 a.m. Trinidad Library, 380 Janis Court. See Dec. 5 listing.

HOLIDAY EVENTS

Christmas Bazaar. 10 a.m.-4 p.m. Willow Creek China-Flat Museum, 38949 State Route 299. See Dec. 5 listing.

Vintage Holiday Boutique. 3-8 p.m. Annie B. Ryan House and Gardens, 1000 F St., Eureka. Peruse special holiday items at the Eureka Heritage Society's holiday event. Gifts and refreshments. www.eurekaheritage.org.

MEETINGS

Conservation Meeting. Second Thursday of every month, 12-1:30 p.m. Rita's Margaritas & Mexican Grill, Fifth St., 1111 Fifth St., Eureka. Discuss conservation issues of interest to the Redwood Region Audubon Society. Free. www.ras.org/calendar.html. 445-8311.

Humboldt Grange 501. Second Thursday of every month, 6:30-8 p.m. Humboldt Grange Hall, 5845 Humboldt Hill Road, Eureka. Regular monthly meeting. nanettespearschade@gmail.com. www.facebook.com/humboldt.grange. 443-0045.

Toastmasters. Second Thursday of every month, noon. Redwood Sciences Laboratory, 1700 Bayview St., Arcata. Give and receive feedback and learn to speak with confidence. Second and fourth Thursdays. Visitors welcome.

ETC

Katie's Krafters. 9:30-11:30 a.m. Arcata Senior Dining Center, 321 Dr. Martin Luther King Jr. Parkway. See Dec. 5 listing.

Standard Magic Tournament. 6-10 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. See Dec. 5 listing.

Heads Up ...

Hospice of Humboldt seeks volunteers for office support, community outreach, thrift store staff and more. Call 267-9813.

Blue Lake Parks and Recreation seeks artists/vendors for a holiday fair Saturday, Dec. 14, 10 a.m. to 4 p.m. at the roller rink. Free to shoppers, \$20 fee for vendors. Email bluechair-press@gmail for more info.

The city of Arcata is looking for musicians interested in volunteering to perform at the 20th annual Holiday Craft Market on Dec. 14-15. Email rec@cityofarcata.org or call 822-7091.

Soroptimist International of Humboldt Bay has six monetary awards and/or scholarships available. Visit www.soroptimistofhumboldtby.org.

Friends of the Arcata Marsh and the city of Arcata seek welcome desk volunteers for weekends at the Marsh Interpretive Center. Shifts are four hours, from 9 a.m. to 1 p.m. or 1 p.m. to 5 p.m. Call 826-2359 or email amic@cityofarcata.org.

Faben Artist Fund now accepting applications. Grant guidelines are posted at www.humboldtarts.org. Email jemima@humboldtarts.org or 442-0278, extension 205. ●

Knives Out is Razor Sharp

By Jennifer Fumiko Cahill

jennifer@northcoastjournal.com

Reviews

KNIVES OUT. Classic mystery fans are an odd lot. We gleefully watch fancy people in drafty estates stab, shoot, garotte, bash, poison and shove one another down ornate staircases. It's a genre that rewards conformity and low stakes: the parsing of clues, red herrings and the big reveal. Do I even want to see a crime solved without every suspect seated in a circle of overstuffed furniture?

Writer and director Rian Johnson loves a mystery, too, as his darkly comic and engrossing 2005 teen noir *Brick* clearly shows. (It's on Netflix now. Enjoy.) And on a break from a galaxy far, far away, he revisits the genre, affectionately jabbing at its conventions, raising the stakes and, as Agatha Christie did, cutting at the hypocrisies of our time, all with style and a tremendous amount of fun.

A week after nurse Marta (Ana de Armas, *Blade Runner 2045*, 2017) finds her employer, internationally famous mystery author Harlan Thrombey (a stately Christopher Plummer), with his throat slit, investigating officer Lt. Elliott (LaKeith Stanfield) gathers Thrombey's family and employees at his mansion — a claustrophobia-inducing maze of leather, brocades, secret passages and creepy figures that Elliott likens to a Clue board — to be questioned again about the events of the night of his death. This time, it is for the benefit of the cigar smoking, coin flipping Benoit Blanc (Daniel Craig, having a ball trading his Bond tux for tweed), profiled in the *New Yorker* as the “last gentlemen detective” and hired by a mysterious client to investigate the author's death. One by one, the Thrombeys take their turn before an ornamental sunburst of daggers, recounting their movements on the night of their patriarch's 85th birthday party and their conversations with the deceased. There is the formidable and formidably pants-suited daughter Linda (Jamie Lee Curtis), a real estate mogul married to the smarmy Richard (Don Johnson), with whom she shares general disappointment over Ransom (a smugly spoiled Chris Evans), their son/black sheep of the family. There is son Walt (Michael Shannon), who handles Harlan's book publishing, Walt's glass shard of a wife (Riki Lindhome) and their right-wing troll son (Jaeden Martell doing a fine impression of a glass of skim milk in a prep school jacket). There's also daughter-in-law Judith (a hilarious Toni Colette), a Goop-spiritual cosmetics entrepreneur whose marriage to Harlan's late son Neil produced Meg (Katherine Langford), an idealistic undergrad. One by one, their flashbacks reveal to us what their sanitized descriptions hope to hide from the

detectives: an affair, siphoning money off the old man, getting canned from Harlan's publishing company, getting cut from the will. Interviewing Marta proves an effective way to ferret out most of the deceptions as she has a physiological condition that makes her unable to lie without vomiting. Along with her visceral tell, Marta was also Harlan's confidante, privy to all his ruminations about his family and the disservice he felt he'd done them by paying their way.

When a flashback shows us Harlan's actual death, the movie takes a sharp turn from whodunnit to who'll-get-done-for-it and, to his credit, Johnson, with his sharp writing and inventive camera work, doesn't let the tension drop, even through “the dumbest car chase ever.” With winking nods to *Murder She Wrote* and others, we get a mysterious blackmailer, secret entryways, footprints, the reading of a surprise will (by a refreshingly blunt Frank Oz) and a library encrusted with weapons. There's even a fumbling, though not a full drop, of a tray at the sight of a body. Against type, though, Harlan, whom Plummer plays with more warmth than usual, is not the stock monster of the manor, ripe for a letter opener to the back — he's kind and obstinate, humbled by his mistakes and grateful for Marta's companionship, despite her wiping the floor with him at Go.

And it's de Armas' understated performance as Marta — smart, resourceful and above all decent — that is the heart of the movie. She, too, has a secret in that her mother is undocumented — a precarious position requiring deception she can't pull off. What the Thrombeys experience as a living room debate about immigration is life or death for Marta and nearly throws her into panic attack. Not that the siblings notice, mired as they are in delusions of themselves as “self-made,” preaching the gospel of hard work and sacrifice as they helm businesses financed by Harlan's books and breathlessly await their inheritances. And while they are quick to declare Marta “family,” quote *Hamilton* and boast their liberal cred for embracing a woman from an immigrant family, none of them can agree on what country her people are from. Predictably, their good will and ideals dissolve when the lifestyle to which they are accustomed is threatened. Marta's welcome in the Thrombey home is as tenuous as her welcome in what they perceive as their country by birthright. They come, as Blanc puts it, “knives out, beaks bloody.”

The tightly controlled suspense, the clues and the family sniping (especially among such a stellar cast) carry us swiftly along to a



The energy I'm carrying into 2020.

Knives Out

satisfying conclusion. But even as we chuckle, Marta's wet eyes and nervous, bouncing knee remind us that for some of us, it's life or death. PG13. 130M. BROADWAY, FORTUNA, MILL CREEK, MINOR.

— Jennifer Fumiko Cahill

See showtimes at www.northcoastjournal.com or call: Broadway Cinema 443-3456; Fortuna Theatre 725-2121; Mill Creek Cinema 839-3456; Minor Theatre 822-3456; Richards' Goat Miniplex 630-5000.

Opening

DARK WATERS. Mark Ruffalo stars as a corporate defense lawyer who switches sides to go after DuPont for knowingly polluting a rural town. With Anne Hathaway. PG. 126M. BROADWAY, FORTUNA, MILL CREEK.

PLAY MOBILE: THE MOVIE. So like the Lego movies but less of a choking hazard. With Jim Gaffigan. PG. 99M. BROADWAY, MILL CREEK.

WHITE CHRISTMAS (1954). Hot take: This is Rosemary Clooney's movie. PG. 103M. BROADWAY.

Continuing

21 BRIDGES. Chadwick Boseman stars as a cop on a manhunt who discovers a police conspiracy in a totally locked down Manhattan. R. 99M. BROADWAY.

DOCTOR SLEEP. Ewan McGregor stars as grown-up Danny Torrance facing vague forces of evil in a plodding, meandering adaptation of Stephen King's sequel to *The Shining*. R. 152M. BROADWAY.

FANTASTIC FUNGI. Mycological documentary with time-lapse footage of mushrooms and a dive into their history. NR. 81M. MINIPLEX, MINOR.

FORD VS. FERRARI. Matt Damon and Christian Bale star in an excellent true-story drama about an engineer and a driver perfecting a racecar in a years-long grudge match. With engaging performances and exhilarating racing sequences. PG13. 152M. BROADWAY, FORTUNA, MILL CREEK.

FROZEN 2. Elsa and Anna return for more snowbound sisterly adventure and to put that song back in your head. PG.

104M. BROADWAY, FORTUNA, MILL CREEK, MINOR.

IT'S A BEAUTIFUL DAY IN THE NEIGHBORHOOD. Tom Hanks dons the cardigan of Mr. Rogers in this biopic that's probably wholesome enough to give you strong bones and healthy teeth. PG. 108. BROADWAY, FORTUNA, MILL CREEK.

JOJO RABBIT. Director Taika Waititi's satire about a Hitler youth recruit (Roman Griffin Davis) whose goofy imaginary friend is Hitler (Waititi) and who struggles with his beliefs when he finds his mother is hiding a Jewish girl. PG13. 108M. MINOR.

LINDA RONSTADT: THE SOUND OF MY VOICE. Documentary about the iconic singer. With Bonnie Raitt and Dolly Parton, so go and be blessed. PG13. 95M. MINIPLEX.

MALEFICENT: MISTRESS OF EVIL. Angelina Jolie is back in the horns to block Aurora's (Elle Fanning) wedding and throw down with Michelle Pfeiffer. With a winged Chiwetel Ejiofor. PG. 119M. BROADWAY.

MIDWAY. Ed Skrein and Patrick Wilson as U.S. Navy pilots in the key battle over the Pacific during World War II. PG13. 138M. FORTUNA.

PARASITE. Writer/director Bong Joon Ho's entertaining, explosive drama about a poor family scamming its way to employment with a rich one is stunning in its sudden turns and unflinching mirror on capitalist society. Starring Kang-ho Song and Woo-sik Choi. (In Korean with subtitles.) R. 132M. BROADWAY, MINOR.

PLAYING WITH FIRE. John Cena, Keegan-Michael Key and John Leguizamo star in a comedy about smoke jumpers saddled with a trio of kids. PG. 96M. MILL CREEK.

QUEEN AND SLIM. When Slim (Daniel Kaluuya) shoots a cop in self-defense, what started out as a first date with Queen (Jodie Turner-Smith) turns into an escape from the authorities. R. 132M. BROADWAY.

ZOMBIELAND: DOUBLE TAP. Woody Harrelson, Emma Stone, Jesse Eisenberg and Abigail Breslin return for the deceptively well-written, better acted sequel to the action comedy. R. 93M. BROADWAY.

— Jennifer Fumiko Cahill

WORKSHOPS & CLASSES

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Arts & Crafts

POTTERY CLASSES AT FIRE ARTS: WINTER CLASSES January 6 - March 14 full schedules of classes @ fireartsarcata.com or call 707-826-1445. Sign up today! (A-1226)

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GUITAR/PIANO LESSONS. All ages, beginning & intermediate. Seabury Gould (707)845-8167. (DMT-1226)

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STEEL DRUM CLASSES. Weekly Beginning Class: Fri's. 10:30a.m.-11:30a.m., Level 2 Beginners Class Fri's. 11:30a.m.-12:30 p.m. Beginners Mon's 7:00p.m.-8:00p.m. Pan Arts Network 1049 Samoa Blvd. Suite C (707) 407-8998. panartsnetwork.com (DMT-1226)

Fitness

SUN YI'S ACADEMY OF TAE KWON DO. Classes for kids & adults, child care, fitness gym & more. Tae Kwon Do Mon-Fri 5-6 p.m., 6-7 p.m., Sat 10-11 a.m. Come watch or join a class, 1215 Giuntoli Lane, or visit www.sunyisarcata.com, 825-0182. (F-1226)

Kids & Teens

POTTERY CLASSES AT FIRE ARTS: WINTER CLASSES January 6 - March 14 full schedules of classes @ fireartsarcata.com or call 707-826-1445. Sign up today! (K-1226)

50 and Better

OSHER LIFELONG LEARNING INSTITUTE (OLLI). Offers dynamic classes for people age 50 and over. Call 826-5880 or visit www.humboldt.edu/olli to register for classes (O-1226)

Spiritual

EVOLUTIONARY TAROT Ongoing classes, private mentorships and readings. Carolyn Ayres. 442-4240 www.tarotofbecoming.com carolyn@tarotofbecoming.com (S-1226)

HUMBOLDT UNITARIAN UNIVERSALIST FELLOWSHIP. We are here to change lives with our love. Services at 11am on Sunday. Child care is provided. 24 Fellowship Way, off Jacoby Creek Rd., Bayside. (707) 822-3793, www.huuf.org. (S-0117)

SOTO ZEN MEDITATION Sunday programs and weekday meditation in Arcata locations; Wed evenings in Eureka, arcatazengroup.org Beginners welcome, call for orientation. (707) 826-1701 (S-1226)

SPIRIT WISDOM TEACHINGS Jan-Nov 2020, (707) 397-0018 www.theyewtreeshamanichealing.com (S-1219)

TONING OUR TEMPLE YOGA Level 1/2 Tuesdays 6pm Mad River Grange. Thursdays 10am 1433 G st Eureka on labyrinth floor facing old growth tree 58 -15. Certified Yoga Teacher Jamie Kessloff 460.0303 nourishedcenter.org

Sports & Recreation

BECOME A WHITEWATER RIVER GUIDE. Looking for an awesome summer job or just want to guide rivers safely on your own? Redwoods & Rivers Guide School is the way to get started. Scheduled for March 15-20. (800) 429-0090

Therapy & Support

ALCOHOLICS ANONYMOUS. We can help 24/7, call toll free 1-844 442-0711. (T-1226)

ARCATA SMART 707 267 7868. (T-1212)

SEX/ PORN DAMAGING YOUR LIFE & RELATIONSHIPS? Confidential help is available. 707-825-0920, saahumboldt@yahoo.com (T-1226)

SMOKING POT? WANT TO STOP? www.marijuana-anonymous.org (T-1226)

Vocational

AUTO BODY COLLISION REPAIR Feb 24 - Apr 29. Register early to secure your seat. Call CR Workforce & Community Education for more information at (707) 476-4500. (V-1205)

BOOKING BOOTCAMP - QUICKBOOKS ONLINE: Learn how to use Quickbooks for your business using the online version. Tues., Dec. 10, 5:30-8:30 p.m., www.humboldt.edu/sbdc. (V-1205)

FREE COMPUTER SKILLS CLASS Call College of the Redwoods Adult Education at 707-476-4520 for more information or come to class to register. (V-1219)

BUILD YOUR FIRST E-COMMERCE WEBSITE: You will finish the workshop with your own low-cost e-commerce website. Sat., Dec. 14, 10 a.m.-2 p.m., www.humboldt.edu/sbdc. (V-1205)

CONVERSATIONAL SPANISH FOR BEGINNERS Feb 12 - Mar 18. Develop skills in a quick and fun setting. Call CR Workforce & Community Education for more information at (707) 476-4500. (V-1205)

FREE AMERICAN SIGN LANGUAGE CLASSES Call College of the Redwoods Adult Education at 707-476-4520 for more information or come to class to register. (V-1219)

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FREE GED/HISET PREPARATION Call College of the Redwoods Adult Education at 707-476-4520 for more information or come to class to register. (V-1219)

FREE LIVING SKILLS FOR ADULTS WITH DISABILITIES Call College of the Redwoods Adult Education at 707-476-4520 for more information or come to class to register. (V-1219)

GED TESTING Earn your GED. Call Workforce and Community Education for more information or to schedule your appointment at (707) 476-4500. (V-1205)

INJECTIONS Jan 8th. One day training! Register early to secure your seat. Call CR Workforce & Community Education for more information at (707)476-4500. (V-1205)

INTRODUCTION TO CONSTRUCTION PROJECT MANAGEMENT Jan 17 - Feb 21. Exciting new class! Call CR Workforce & Community Education for more information at (707) 476-4500. (V-1205)

LOAN DOCUMENT SIGNING Feb 3rd. One day training! Register early to secure your seat. Call CR Workforce & Community Education for more information at (707)476-4500. (V-1205)

MEDICAL ASSISTING INFORMATIONAL MEETING Dec 11. Attend the meeting to apply for the Spring 2020 program. Call Workforce & Community Education for more information at (707) 476-4500. (V-1205)

MICROSOFT BEGINNING EXCEL Jan 7 - 16. Call CR Workforce & Community Education for more information at (707) 476-4500. (V-1205)

NOTARY Feb 4th. One day training! Register early to secure your seat. Call CR Workforce & Community Education for more information at (707)476-4500. (V-1205)

REAL ESTATE CORRESPONDENCE Become a Real Estate Agent. Start anytime! Call Workforce and Community Education for more information at (707) 476-4500. (V-1205)

MICROSOFT OFFICE SUITE More classes coming in Spring of 2020 check the schedule at www.redwoods.edu/communityed. Call CR Workforce & Community Education for more information at (707) 476-4500. (V-1205)

VENIPUNCTURE Jan 9th. One day training!

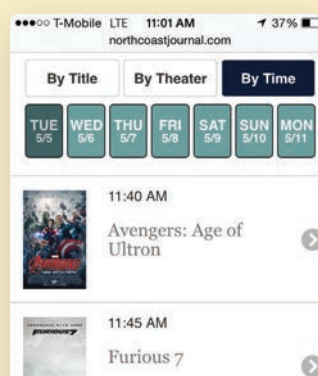
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Wellness & Bodywork

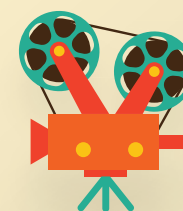
DANDELION HERBAL CENTER CLASSES WITH JANE BOTHWELL. Dandelion Herbal Center classes with Jane Bothwell. Beginning with Herbs. Oct. 2 - Nov. 20, 2019, 8 Wed. evenings. Learn medicine making, herbal first aid, and herbs for common imbalances, includes 2 Herb Walks. Shamanic Herbalism. Feb. - June 2020. Meets 1st Weekend of the Month. Celebrate the traditional and ritualistic uses of plants as Sacred Medicine with visiting experts! 10-Month Herbal Studies Program. Feb. - Nov. 2020. Meets one weekend per month with three camping trips. Learn in-depth material medica, plant identification, flower essences, wild foods, formulations and harvesting. Herbal & Traditional Healing on the Aegean Greek Isles. May 22 - June 2, 2020. Discover the beauty, aromas, traditional and modern uses of many medicinal plants on the islands of Ikaria & Samos! Register online www.dandelionherb.com or call (707) 442-8157. (W-0130)

2020 AYURVEDA PROGRAMS WITH TRACI WEBB "Ayurveda Life Mastery": Starts Feb. 5, Self-Healing + Health & Life Coach Training. Are you an overextended serial-giver, mom, yogi or multi-passionate wellness pro who feels unsupported & underpaid? Unable to bridge the gap between your current reality & what you sense is possible for your life, family & career? Let 2020 be Your Year! Reclaim your body, your abundance, your passion, your time, your heart & your home, all while building deep & lasting friendships, & upleveling your income & career! /// "Ayurveda Herbalist Training & Internship": Starts March 3, Dive deep into Ayurvedic Herbalism & Imbalance Management of All Bodily Systems. Experience Clinic & Client Management, Formulating, Medicine Making, Herb Harvest. *Both Programs Include: Caring Community + 1-on-1 Support, Monthly Clinics, assessment Skills (Pulse, Face, Tongue), Aromatic Product Making Immersion, Group Detox & Cooking Class, & Meet: 1 evening/week online + 1 weekend/month in Arcata or online. Ignite Transformation for Yourself & Others! Limited to 20, Early Registration Advised. Register: info@ayurvedicliving.com (W-1107)

MOVIE TIMES. TRAILERS. REVIEWS.



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NOTICE OF PETITION TO
ADMINISTER ESTATE OF
HARVEY RAYMOND BLEVINS
CASE NO. PR1900278

To all heirs, beneficiaries, creditors, contingent creditors and persons who may otherwise be interested in the will or estate, or both, of HARVEY RAYMOND BLEVINS, HARVEY R. BLEVINS, HARVEY BLEVINS

A PETITION FOR PROBATE has been filed by Petitioner, ALBERT GATES In the Superior Court of California, County of Humboldt. The petition for probate requests that ALBERT GATES be appointed as personal representative to administer the estate of the decedent.

THE PETITION requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by court.

A HEARING on the petition will be held on December 12, 2019 at 2:00 p.m. at the Superior Court of California, County of Humboldt, 825 Fifth Street, Eureka, in Dept.: 6. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are a person

interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

ATTORNEY FOR PETITIONER:
Jason M. Garlick

State Bar #193725
1805 Central Avenue
McKinleyville, CA 95519
707-840-0909

November 14, 2019
SUPERIOR COURT OF CALIFORNIA
COUNTY OF HUMBOLDT

11/21, 11/28, 12/5 (19-332)

NOTICE OF PETITION TO
ADMINISTER ESTATE OF
Dorothy Jeanette Gritts
CASE NO. PR190228

To all heirs, beneficiaries, creditors, contingent creditors and persons who may otherwise be interested in the will or estate, or both, of Dorothy Jeanette Gritts A PETITION FOR PROBATE has been filed by Petitioner JD Gritts II In the Superior Court of California, County of Humboldt. The petition for probate requests that JD Gritts II be appointed as personal representative to administer the estate of the decedent.

THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held on January 9, 2020 at 2:00 p.m.

at the Superior Court of California, County of Humboldt, 825 Fifth Street, Eureka, in Dept.: 6. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

PETITIONER:
JD Gritts II

Filed: September 20, 2019
SUPERIOR COURT OF CALIFORNIA
COUNTY OF HUMBOLDT

12/5, 12/12, 12/19 (19-323)

TS # 19-2661 NOTICE OF
TRUSTEE'S SALE YOU ARE IN
DEFAULT UNDER A DEED OF
TRUST DATED: 8/20/18.
UNLESS YOU TAKE ACTION TO
PROTECT YOUR PROPERTY, IT
MAY BE SOLD AT PUBLIC SALE.
IF YOU NEED AN EXPLANATION
OF THE NATURE OF THE
PROCEEDING AGAINST YOU,
YOU SHOULD CONTACT A
LAWYER.

A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state, will be held by the duly appointed trustee, as shown below, all right, title and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described below. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to satisfy the obligation secured by said Deed of Trust. The undersigned Trustee disclaims any liability for any incorrectness of the property address or

other common designation, if any, shown herein. TRUSTOR: Christopher William Trent and Robin Ashleigh Trent, as Trustees of The Trent Family Trust, dated February 22, 2013 DULY APPOINTED TRUSTEE: Foreclosure Specialists, a General Partnership RECORDED: 10/1/18 AS INSTRUMENT NO. 2018-017843 of Official Records in the office of the Recorder of Humboldt County, California. DATE OF SALE: Thursday, December 26, 2019 at 11:00 AM PLACE OF SALE: At the front entrance to the County Curthouse at 825 5th St., Eureka, CA 95501 THE COMMON DESIGNATION OF THE PROPERTY IS PURPORTED TO BE: 659 Locust St., Garberville, CA 95542 APN: 032-011-010 Amount of unpaid balance and other charges: \$ 173,862.25 Beneficiary may elect to open bidding at a lesser amount. The total amount secured by said instrument as of the time of initial publication of this notice is stated above, which includes the total amount of the unpaid balance (including accrued and unpaid interest) and reasonable estimated costs, expenses and advances at the time of initial publication of this notice. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to fee and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call the trustee's information line at 530-246-2727; Toll Free: 844-333-6766, or visit this Internet Web site: calforeclosures.biz, using the file number assigned to this case: TS #19

-2661. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. NPP website and sales line number: www.nationwideposting.com Trustee Sales Automated Number: 916-939-0772 DATE: 11/21/19 FORECLOSURE SPECIALISTS P.O. Box 994465 REDDING, CA 96099-4465 530-246-2727; Toll Free: 844-333-6766 Sheena Hunter / Partner Foreclosure Specialists is assisting the Beneficiary in collecting a debt. Any and all information obtained may be used for that purpose. NPP0364147 To: NORTH COAST JOURNAL 12/05/2019, 12/12/2019, 12/19/2019

(19-348)

Notice

is hereby given that the undersigned intends to sell the personal property described below to enforce a lien imposed on said property pursuant to sections 21700-21716 of the Business and Professions Code, Section 2328 of the UCC, Section 535 of the Penal Code and provisions of the Civil Code. The undersigned will be sold at public auction by competitive bidding on the 6th day of December, 2019, at 11:00 AM on the premises where said property has been stored and which are located at INDIANOLA STORAGE, 673 Indianola Cutoff, Eureka, County of Humboldt, State of California. The following units will be sold:

Omali Mwasumali---unit #385--- Misc. Household items

Purchase must be paid for (cash only) and removed at the time of the sale, with the unit left broom clean. Sale is subject to cancellation in the event of settlement between owner and obligated party. Owner reserves the right to bid. Call 442-7613.

Indianola Storage, Jerry Avila, bond # 0327592

11/25, 12/08 (19-341)

PUBLIC NOTICE

Notice is hereby given that the undersigned intends to sell the personal property described below to enforce a lien on said property pursuant to sections 21700-21717 of the Business and Professions Code, section 2328 of the UCC section 535 of the Penal Code and provisions of the Civil Code. The undersigned will sell at public sale the competitive bidding on the 7th day of December, 2019, at 10:00 am on the premises where the said property has been stored and which is located at Sutter Central Self Storage 1649 Sutter Road, McKinleyville, CA, county of Humboldt the following:

#5 Justin Rider

#23 Jeremiah Brown
#169 Matt Moser
#185 Case Mandel
#260 Michael Robitaille
#288 Tammie McGrady
#333 Karyn Wilson
#347 Christina Yciano
#409 Robert Gelder
#484 Oralee McAlexander
#619 Manager unit
#705 Juan Herrera
#714 Chris Vasek
#731 Adrienne Floreen
#749 Managers unit
#806 Managers unit
#829 Monte Turner
Purchases must be paid for at the time of sale in cash only. Anyone interested in attending the auction must sign in prior to 10:00 am on the day of the auction, no exceptions. All purchase items sold as-is, where-is, and must be removed at the time of sale. Sale is subject to cancellation in the event of settlement between the owner and the obligated party.

Auctioneer: David Johnson bond #9044453
Dated this 28th day of November and 5th day of December 2019.
11/28, 12/05/2019

(19-342)

PUBLIC SALE

NOTICE IS HEREBY GIVEN that the undersigned intends to sell the personal property described below to enforce a lien imposed on said property pursuant to Sections 21700-21716 of the Business & Professions Code, Section 2328 of the UCC, Section 535 of the Penal Code and provisions of the civil Code.

The undersigned will sell at auction by competitive bidding on the 18th of December, 2019, at 9:00 AM, on the premises where said property has been stored and which are located at Rainbow Self Storage.

The following spaces are located at 4055 Broadway Eureka, CA, County of Humboldt.

Sean Eadens, Space # 5407

The following spaces are located at 639 W. Clark Street Eureka, CA, County of Humboldt and will be sold immediately following the sale of the above units.

Sarah Barton, Space # 2311
Jeanette Lenihan, Space # 3413

The following spaces are located at 3618 Jacobs Avenue Eureka, CA, County of Humboldt and will be sold immediately following the sale of the above units.

Damon Armstrong, Space # 1323
Coral Rainey, Space # 1373
Robinn Baird, Space # 1504
Kevin Grundman, Space # 1650
Erin Woodburn, Space # 1707
Robert Moorehead, Space # 1787

The following spaces are located at 105 Indianola Avenue Eureka, CA,

CITY OF FORTUNA - NOTICE OF PUBLIC HEARING

NOTICE IS HEREBY GIVEN that on Monday, **December 16, 2019 at 6:00 p.m.** or as soon thereafter as possible, the Fortuna City Council will hold a public hearing at 621 11th Street, Fortuna, California in the City Hall Council Chamber for the following purpose:

TO CONSIDER ADOPTION OF ORDINANCE NO. 2019-740 AN ORDINANCE OF THE CITY OF FORTUNA AMENDING CHAPTER 13.12 OF THE FORTUNA MUNICIPAL CODE RELATING TO WATER BILLS AND CHARGES

All interested persons are invited to appear at this time and place specified above to give oral or written testimony in regards to this matter. Written comments may be forwarded to the City Clerk at 621 11th Street, Fortuna, California, 95540.

In compliance with the Americans with Disabilities Act, if you need special assistance to participate in this meeting, please contact the City Clerks Office at (707) 725-7600. Notification 48 hours prior to the meeting will enable the City to make reasonable arrangements to ensure accessibility to this meeting (28 CFR 35.102 - 35.104 ADA Title II).

Buffy Gray, Deputy City Clerk
Dated: December 5, 2019

County of Humboldt and will be sold immediately following the sale of the above units.

Douglas Brown, Space # 126
Brandy Siebuhr, Space # 259
Sheila Middleton, Space # 515
Tyvonne Latimer, Space # 534
Tyrice Washington, Space # 741
Carlos Camacho Jr., Space # 796
Donna Dale, Space # 806
Chanse Zimmer-Wilder, Space # 823

Items to be sold include, but are not limited to:
Household furniture, office equipment, household appliances, exercise equipment, TVs, VCR, microwave, bikes, books, misc. tools, misc. camping equipment, misc. stereo equip. misc. yard tools, misc. sports equipment, misc. kids toys, misc. fishing gear, misc. computer components, and misc. boxes and bags contents unknown.

Anyone interested in attending Rainbow Self Storage auctions must pre-qualify. For details call 707-443-1451.
Purchases must be paid for at the time of the sale in cash only. All pre-qualified Bidders must sign in at 4055 Broadway Eureka CA. prior to 9:00 A.M. on the day of the auction, no exceptions. All purchased items are sold as is, where is and must be removed at time of sale. Sale is subject to cancellation for any reason whatsoever.
Auctioneer: Kim Santsche, Employee for Rainbow Self-Storage, 707-443-1451, Bond # 40083246.

Dated this 5th day of December, 2019 and 12th day of December, 2019

12/5, 12/12

FICTITIOUS BUSINESS NAME STATEMENT 19-00641
The following person is doing Business as
PERTINATAL SERVICES OF NORTHCOUNTRY CLINIC / NORTHCOUNTRY PRENATAL SERVICES

Humboldt
3800 Janes Rd Suite 101
Arcata, CA 95521
670 9th St Suite 203
Arcata, CA 95521

Open Door Community Health Centers
0615813
670 9th St Suite 203
Arcata, CA 95521

The business is conducted by a Corporation.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a

misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Cheyenne Spetzler
This October 24, 2019
KELLY E. SANDERS
by sc, Humboldt County Clerk

11/21, 11/28, 12/5, 12/12 (19-328)

FICTITIOUS BUSINESS NAME STATEMENT 19-00679
The following person is doing Business as
HOOVEN & SPINKS PROPERTY MANAGEMENT

Humboldt
1806 H Street
Arcata, CA 95521

Julie L Spinks
6650 Humboldt Hill Rd
Eureka, CA 95503

The business is conducted by an Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Julie Spinks, Owner
This December 2, 2019
KELLY E. SANDERS
by kt, Humboldt County Clerk

12/5, 12/12, 12/19, 12/26 (19-350)

FICTITIOUS BUSINESS NAME STATEMENT 19-0063
The following person is doing Business as
DUGIEBOY ENTERPRISES

Humboldt
256 Beach Dr
Trinidad, CA 95570
PO Box 502
Trinidad, CA 95570

Kenneth G Dugan
256 Beach Dr
Trinidad, CA 95570

The business is conducted by an Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Kenneth G Dugan, Proprietor
This November 20, 2019
KELLY E. SANDERS
by kt, Humboldt County Clerk
11/28, 12/5, 12/12, 12/19 (19-335)

FICTITIOUS BUSINESS NAME STATEMENT 19-00642
The following person is doing Business as
FORTUNA COMMUNITY HEALTH CENTER

Humboldt
3750 Rohnerville Rd
Fortuna, CA 95540
670 9th St Suite 203
Arcata, CA 95521

Open Door Community Health Centers
0615813
670 9th St Suite 203
Arcata, CA 95521

The business is conducted by a Corporation.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Cheyenne Spetzler
This October 24, 2019
KELLY E. SANDERS
by sc, Humboldt County Clerk

11/21, 11/28, 12/5, 12/12 (19-331)

FICTITIOUS BUSINESS NAME STATEMENT 19-00643
The following person is doing Business as
EUREKA COMMUNITY HEALTH CENTER

Humboldt
2200 Tydd St
Eureka, CA 95501
670 9th St Suite 203
Arcata, CA 95521

Open Door Community Health Centers
0615813
670 9th St Suite 203
Arcata, CA 95521

The business is conducted by a Corporation.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Cheyenne Spetzler
This October 24, 2019
KELLY E. SANDERS
by sc, Humboldt County Clerk

11/21, 11/28, 12/5, 12/12 (19-330)

FICTITIOUS BUSINESS NAME STATEMENT 19-00644
The following person is doing Business as
FERNDALE COMMUNITY HEALTH CENTER

Humboldt
638 Main St
Ferndale, CA 95536
670 9th St Suite 203
Arcata, CA 95521

Open Door Community Health Centers
0615813
670 9th St Suite 203
Arcata, CA 95521

The business is conducted by a Corporation.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Cheyenne Spetzler
This October 24, 2019
KELLY E. SANDERS
by sc, Humboldt County Clerk

11/21, 11/28, 12/5, 12/12 (19-329)

FICTITIOUS BUSINESS NAME STATEMENT 19-00670
The following person is doing Business as
REDS LIQUOR

Humboldt
411 W Harris
Eureka, CA 95503

Amy C Simpson
906 Allard Ave
Eureka, CA 95503

Makham S Purewal
4674 Kinicaid Ct
Eureka, CA 95503

The business is conducted by a General Partnership.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Amy Simpson, Owner
This October 1, 2019
KELLY E. SANDERS
by sc, Humboldt County Clerk

11/28, 12/5, 12/12, 12/19 (19-337)



ARCATA SCHOOL DISTRICT
PUBLIC NOTICE

A vacancy on the Board of Trustees of the Arcata School District has occurred effective October 6, 2019.

Pursuant to Education Code sections 5091 and 5328, the Board of Trustees of the Arcata School District intends to appoint a qualified person to the Board. Qualifications include being at least 18 years of age, a resident of the Arcata School District, a citizen of California, and a registered voter. Persons interested in applying for the position may obtain an application online at arcataschooldistrict.org, or by calling or writing to Superintendent Luke Biesecker at (707) 822-0351, ext. 4, 1435 Buttermilk Lane, Arcata CA 95521.

Completed applications must be received in the District Office no later than 4:30 p.m. on Friday, January 17, 2020. The current members of the Board of Trustees will interview applicants in open session at a meeting on Monday, February 10, 2020.

Persons desiring to submit questions for the Board's consideration in connection with the interview process may submit suggested questions in writing to the District Office by 4:30 p.m. on Friday, January 17, 2020.

NOTICE OF PUBLIC HEARING
FORTUNA CITY COUNCIL

NOTICE IS HEREBY GIVEN that the Fortuna City Council will hold a public hearing on **December 16, 2019 at 6:00 P.M. at City Hall**, 621 - 11th Street in Fortuna, California to consider approval of the subdivision of a 1.6-acre lot into 6 lots ranging in size from .22 to .31 acres. Each lot will be developed with a 6-unit multifamily building. The site will also be developed with an interior access road, utilities, open space, and parking spaces in accordance with the requirements of the Fortuna Municipal Code. Location: West side of Smith Lane between Rohnerville Road and Fortuna Blvd. Zoning: Residential Multifamily (RM); APN: 200-461-018; Applicant: Will Adams.

You are invited to come to the Public Hearing to ask questions or comment on the proposed project. Information on the project is available at City Hall for review at the Community Development Department. Written comments may be submitted to the City Planner on or before the day of the meeting.

In compliance with the Americans with Disabilities Act, if you need special assistance to participate in this meeting, please contact the Building Department at (707) 725-7600. Notification 48 hours prior to the meeting will enable the City to make reasonable arrangements to ensure accessibility to this meeting (28 CFR 35.102 - 35.104 ADA Title II).

Buffy Gray, Deputy City Clerk

REQUEST FOR PROPOSAL FOR ARCHITECTURAL SERVICES

NOTICE IS HEREBY GIVEN that the Governing Board of the Redwoods Community College District, of the County of Humboldt, State of California, is soliciting proposals for architectural services on January 17, 2020 at 2:00 PM PST.

A mandatory walkthrough will be held at College of the Redwoods, 7351 Tompkins Hill Road, Eureka, CA 95501 on Friday, December 13, 2019 at 1:00 PM PST for the purpose of acquainting all potential proposers with the project site. Failure to attend will result in the disqualification of the submitted proposal.

Proposal Documents (RFP) are available at: College of the Redwoods 7351 Tompkins Hill Road, Eureka, CA 95501 **Website:** <https://www.redwoods.edu/businessoffice/Purchasing> Inquiries may be directed to: Steven McKenzie, Director - Facilities and Planning Tel: (707)476-4382 Email: Steven-Mckenzie@redwoods.edu. **PROPOSALS ARE DUE:** No later than 2:00 PM PST on January 17, 2020. All proposals must be submitted in person or by mail to: College of the Redwoods, Office of the Vice President, Administrative Services, 7351 Tompkins Hill Road, Eureka, CA 95501.

Only proposals that are in strict conformance with the instructions included in the Request for Statements of Proposals will be considered.

Redwoods Community College District

LEGALS? 442-1400 x314

LEGAL NOTICES

FICTITIOUS BUSINESS NAME
STATEMENT 19-00647

The following person is doing Business as
PLASTIC2LIFE

Humboldt
960 I Street Apt C
Arcata, CA 95521

PLASTIC2LIFE
201922310371
960 I Street Apt C
Arcata, CA 95521

The business is conducted by a Limited Liability Company. The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable I declare the all information in this statement is true and correct. A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Matthew Cendejas, CEO/Partner
This November 7, 2019
KELLY E. SANDERS
by kt, Humboldt County Clerk

11/14, 11/21, 11/28, 12/5 (19-325)

FICTITIOUS BUSINESS NAME
STATEMENT 19-00628

The following person is doing Business as
WESTERN CUSTODIAL ARTS

Humboldt
1602 Hawkes Rd
McKinleyville, CA 95519

Colin T Curren
1602 Hawkes Rd
McKinleyville, CA 95519

The business is conducted by an Individual. The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable I declare the all information in this statement is true and correct. A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Colin Curren, Owner
This October 24, 2019
KELLY E. SANDERS
by kl, Humboldt County Clerk

11/14, 11/21, 11/28, 12/5 (19-326)

FICTITIOUS BUSINESS NAME
STATEMENT 19-00655

The following person is doing Business as
LOST COAST LAND DEVELOPMENT

Humboldt
981 Mahan Rd
Garberville, CA 95542
PO box 1050
Redway, CA 95560

Carlos E. Finn
981 Mahan Rd
Garberville, CA 95542

The business is conducted by an Individual. The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable I declare the all information in this statement is true and correct. A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Carlos Finn, CEO
This November 18, 2019
KELLY E. SANDERS
by ss, Humboldt County Clerk

11/21, 11/28, 12/5, 12/12 (19-333)

FICTITIOUS BUSINESS NAME
STATEMENT 19-00639

The following person is doing Business as
JASPER HILL RANCH

Humboldt
2736 Jacobs Avenue
Eureka, CA 95501
2598 Cooper Drive
Hydesville, CA 95547
PO Box 114
Hydesville, CA 95547

Mark E Hill
2598 Cooper Dr
Hydesville, CA 95547

The business is conducted by an Individual. The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable I declare the all information in this statement is true and correct. A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s Mark Hill, Owner
This November 4, 2019
KELLY E. SANDERS
by kt, Humboldt County Clerk

11/14, 11/21, 11/28, 12/5 (19-332)

STATEMENT OF ABANDON-
MENT OF USE OF FICTITIOUS
BUSINESS NAME FILE NO.
19-00106

The following person have abandoned the use of the fictitious business name REDS LIQUOR Humboldt
411 W Harris Street
Eureka, CA 95503
P.O. Box 5586
Eureka, CA 95502
The fictitious business name was filed in HUMBOLDT County on February 13, 2019
Amy C Simpson
906 Allard Ave
Eureka, CA 95503
Troy Kuhlman
2947 Cheryl Lane
Fortuna, CA 95540
This business was conducted by: A General Partnership
/s/ Amy Simpson, Owner
This state was filed with the HUMBOLDT County Clerk on the date November 21, 2019
I hereby certify that this copy is true and correct copy of the original statement on file in my office
Kelly E. Sanders
s/ sc, Deputy Clerk
Humboldt County Clerk

11/28, 12/5, 12/12, 12/19 (19-338)

ORDER TO SHOW CAUSE FOR
CHANGE OF NAME EUGENIA
DRAKOULIAS CASE NO.
CV1901016

SUPERIOR COURT
OF CALIFORNIA,
COUNTY OF HUMBOLDT
825 FIFTH ST.
EUREKA, CA. 95501
PETITION OF:
EUGENIA DRAKOULIAS
for a decree changing names as follows:
Present name
EUGENIA DRAKOULIAS
to Proposed Name
EVGENIA DRAKOULIAS
THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
NOTICE OF HEARING
Date: December 27, 2019
Time: 1:45 p.m., Dept. 4
SUPERIOR COURT
OF CALIFORNIA,
COUNTY OF HUMBOLDT
825 FIFTH STREET
EUREKA, CA 95501
Date: November 12, 2019
Filed: November 12, 2019
/s/ Kelly L. Neel
Judge of the Superior Court

11/28, 12/5, 12/12, 12/19 (19-336)

ORDER TO SHOW CAUSE FOR
CHANGE OF NAME SUSANNA
MITCHELL CASE NO. CV1901013

SUPERIOR COURT
OF CALIFORNIA,
COUNTY OF HUMBOLDT
825 FIFTH ST.
EUREKA, CA. 95501
PETITION OF:
SUSANNA MITCHELL
for a decree changing names as follows:
Present name
SUSANNA ASTRI MITCHELL
to Proposed Name
SUSANNA ASTRI GIBSON
THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above

must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
NOTICE OF HEARING
Date: January 10, 2020
Time: 1:45 p.m., Dept. 4
SUPERIOR COURT
OF CALIFORNIA,
COUNTY OF HUMBOLDT
825 FIFTH STREET
EUREKA, CA 95501
Date: November 14, 2019
Filed: November 14, 2019
/s/ Kelly L. Neel
Judge of the Superior Court

11/21, 11/28, 12/5, 12/12 (19-334)

ORDER TO SHOW CAUSE FOR
CHANGE OF NAME ACACIA
HATTEN, ANTHONY RAYA
CASE NO. CV1900991

SUPERIOR COURT
OF CALIFORNIA,
COUNTY OF HUMBOLDT
825 FIFTH ST.
EUREKA, CA. 95501
PETITION OF:
ACACIA HATTEN, ANTHONY RAYA
for a decree changing names as follows:
Present name
ADAIN JACOB HATTEN
to Proposed Name
ADAIN JACOB RAYA
THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
NOTICE OF HEARING
Date: December 27, 2019
Time: 1:45 p.m., Dept. 4
SUPERIOR COURT
OF CALIFORNIA,
COUNTY OF HUMBOLDT
825 FIFTH STREET
EUREKA, CA 95501
Date: November 6, 2019
Filed: November 6, 2019
/s/ Kelly L. Neel
Judge of the Superior Court

12/5, 12/12, 12/19, 12/26 (19-352)

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Black English

By Barry Evans

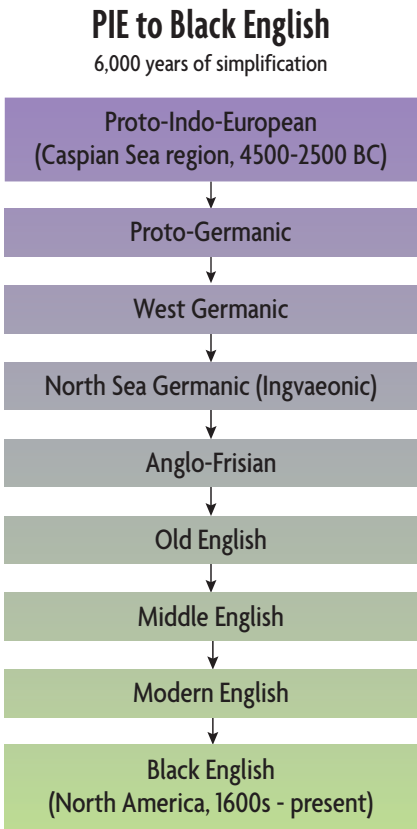
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“Black English ... is a kind of tune-up of the English language. Some of the needless complexities are wiped away, just as happened all along the journey from Proto-Indo-European to English.”
— Linguist John McWhorter

Thanks to rap music, the internet, countless TV shows and movies, and just living in a mixed society, we're all familiar with Black English, which civil rights leader Jesse Jackson famously called “slang” and “garbage.” The civil rights leader was railing against the 1996 decision by the Oakland City Council to incorporate the dialect spoken at home by most black kids into the classroom. (The city council called it “Ebonics,” from ebony + phonics.) Jackson was out of line — ain’t nothin’ wrong with Black English. Although it’s sometimes derisively referred to as “bad English,” it’s not (as linguist Geoffrey Pullum put it) “standard English with mistakes.” Black English (formally, African-American Vernacular English or AAVE) is a dialect of English no less complex, systematic and nuanced than that spoken by NPR newscasters. In some ways, it’s more expressive than Standard American English, SAE being “the variety of the English language that’s generally used in professional communication in the United States and taught in American schools.” Black English has several grammatical features that distinguish it from SAE, including:

- **Missing copulas:** A copula is a useless bit of linguistic baggage in English that Black English has (sensibly) dropped: “How you doing?” instead of “How are you doing.” The copula “are” isn’t the usual use of the verb “to be,” as in “My name is Barry,” where “Barry” and “my name” refer to the same thing.
- **Double negatives:** “I ain’t never seen such a sight.” This is negative concord, emphasis by repetition. (Compare the less expressive, “I haven’t ever seen such a sight!”) It’s used the world over (*¡No necesito nada!*); Chaucer and Shakespeare regularly used double, even triple, negatives. (In *Love’s Labour Lost*, Holofernes says, “Via, goodman Dull! Thou hast spoken no word all this while.” Dull responds: “Nor understand none neither, sir.”)
- **Uninflected verbs:** “She write her memoir.” “He work for the county.” That is, there’s no –s ending in the present tense, third person singular.
- **Habitual aspect:** “He be singing” means he sings regularly, as a hobby or profession, i.e. he’s a singer.

And many more. So while Black English is often more expressive than SAE, it’s generally simpler. That’s because it originated in the 1600s as an exoteric language, one learned imperfectly by adults, as opposed to an esoteric native language



learned from birth. The adults in this case were, of course, people abducted from Africa as slaves who learned their English from white overseers. Like any exoteric language, its grammar is simplified. (It’s a myth, by the way, that Black English has its grammatical roots in the dozen or so West African languages spoken natively by slaves.) But the language spoken by those slave owners — English of the 1600s and 1700s — was originally exoteric, too, as were its predecessors. Middle English, for instance, derived from Old English (with all its Proto-Germanic complexity) spoken in England following settlement by Angles, Saxons, Jutes and Frisians. The next wave of invaders, Scandinavian vikings, were mostly males who, marrying native women, learned — and simplified — the local language, passing this “Old-English-lite” (that is, Middle English) to their children. In the process, English lost most of its noun genders, verb conjugations and much else. This process of language simplification goes back even further. Proto-Indo-European (PIE) was an unholy mess of grammar and syntax before Proto-Germanic simplified it. (In “Grimm’s Law: The Phoenician Connection,” Nov. 15, 2012, I discussed how Proto-Germanic probably originated as an exoteric language when Phoenician adults encountered PIE.) Each subsequent iteration lost some complexity, such as when Old English morphed into Middle English, as we saw above. In the broader context, then, the Black English dialect is carrying on a venerable tradition of simplifying: in this case, stripping SAE of some of its complex forms. A process surely to be continued, cuz you ain’t seen nothin’ yet. ●

Barry Evans (barryevans9@yahoo.com) wants to learn jive. His newly-published fifth compendium of these columns, *Curse of Field Notes*, is at *Eureka Books*, *Booklegger* and *Northtown Books*.

CROSSWORD by David Levinson Wilk

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ODDSMAKER

ANSWERS NEXT WEEK!

ACROSS

1. Social media abbreviation often accompanying an old photo

4. Israel's Meir

9. Children's author who wrote "Some people talk to animals. Not many listen, though. That's the problem."

14. Sigh of relief

15. "The results ____!"

16. Baker with the 1986 hit "Sweet Love"

17. Catches up

19. Trainer's advice for a sprained ankle

20. Home of about 25% of U.N. member states

21. Jennifer who wrote "Manhattan Beach"

23. It's not a good look

24. 1982 #1 hit with the lyric "Too ra loo ra too ra loo rye aye"

28. Give a tattoo to

30. Lennon was her third husband

31. Successes for returning space shuttles

38. Go bad

39. Lifesaver, for short

40. Post-regulation periods, for short

41. "Sorry to be repeating myself but ..."

48. Its first letter stands for "India"

49. x

50. Cheech Marin comedy that plays on a Bruce Springsteen song title

56. Suit

57. Swivel around

58. Opposite of away

62. Birch relative

64. Vegas bigwig ... or

17-, 24-, 31-, 41- or 50-Across

67. Neglected to

68. Crayola color

69. "Who ____ to complain?"

70. They rotate at barbecues

71. Film composer Morricone

72. Desire

DOWN

1. "I did it!"

2. You may hum a few

3. Asian takeout option

4. Oxygen or hydrogen

5. Miners dig it

6. New Orleans protector

7. Cousin of Dora the Explorer

8. 1997-2006 U.N. leader

9. "Boo'd Up" singer Ella

10. Not black-and-white

11. Feudal lord

12. One-point Scrabble piece

13. Off the table?

18. Bananas

22. Superbright

25. Fast asleep

26. Speedometer fig.

27. QB's mistake: Abbr.

28. "____ the opinion ..."

29. "Me? Never!"

31. ____ Lanka

32. "The Crying Game" star Stephen

33. Onetime owner of Capitol Records

34. Takeoff guess: Abbr.

35. Skye of "Say Anything ..."

36. Series conclusions: Abbr.

37. Seattle-to-Reno dir.

42. Price of film

43. Anaphylaxis

treatment, for short

44. Opposite of "avec"

45. "The Addams Family" cousin

46. Up to, for short

47. Midwestern birthplace of Malcolm X

50. Abacus row

51. Wildflower of the primrose family

52. ____-wip (dessert topping)

53. Save a ton on the wedding reception?

54. "September 1, 1939" poet

55. Four-door, usually

59. "Sure"

60. Grumpy Cat, e.g.

61. Burnett or Brockovich

63. Shares again on Twitter, briefly

65. Biol. or geol.

66. Electrical unit now called a siemens

LAST WEEK'S ANSWERS TO HUMBLE

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MEDIUM #10

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Free Will Astrology

Week of Dec. 5, 2019

By Rob Brezsny
freewillastrology@freewillastrology.com

ARIES (March 21-April 19): In composing this oracle, I have called on the unruly wisdom of Vivienne Westwood. She's the fashion designer who incorporated the punk esthetic into mainstream styles. Here are four quotes by her that will be especially suitable for your use in the coming weeks. 1. "I disagree with everything I used to say." 2. "The only possible effect one can have on the world is through unpopular ideas." 3. "Intelligence is composed mostly of imagination, insight and things that have nothing to do with reason." 4. "I'm attracted to people who are really true to themselves and who are always trying to do something that makes their life more interesting."

TAURUS (April 20-May 20): "I'm drowning in the things I never told you." Famous make-up artist Alexandra Joseph wrote that message to a companion with whom she had a complicated relationship. Are you experiencing a similar sensation, Taurus? If so, I invite you to do something about it! The coming weeks will be a good time to stop drowning. One option is to blurt out to your ally *all* the feelings and thoughts you've been withholding and hiding. A second option is to divulge just *some* of the feelings and thoughts you've been withholding and hiding — and then monitor the results of your partial revelation. A third option is to analyze why you've been withholding and hiding. Is it because your ally hasn't been receptive, or because you're afraid of being honest? Here's what I suggest: Start with the third option, then move on to the second.

GEMINI (May 21-June 20): I've got some borderline sentimental poetry to offer you in this horoscope. It may be too mushy for a mentally crisp person like you. You may worry that I've fallen under the sway of sappy versions of love rather than the snappy versions I usually favor. But there is a method in my madness: I suspect you need an emotionally suggestive nudge to fully activate your urge to merge; you require a jolt of sweetness to inspire you to go in quest of the love mojo that's potentially available to you in abundance. So please allow your heart to be moved by the following passage from poet Rabindranath Tagore: "My soul is alight with your infinitude of stars. Your world has broken upon me like a flood. The flowers of your garden blossom in my body."

CANCER (June 21-July 22): Try saying this, and notice how it feels: "For the next 17 days, I will make ingenious efforts to interpret my problems as interesting opportunities that offer me the chance to liberate myself from my suffering and transform myself into the person I aspire to become." Now speak the following words and see what thoughts and sensations get triggered: "For the next 17 days, I will have fun imagining that my so-called flaws are signs of potential strengths and talents that I have not yet developed."

LEO (July 23-Aug. 22): An interviewer asked singer-songwriter Leonard Cohen if he needed to feel bothered and agitated in order to stimulate his creativity. Cohen said no. "When I get up in the morning," he testified, "my real concern is to discover whether I'm in a state of grace." Surprised, the interviewer asked, "What do you mean by a state of grace?" Cohen described it as a knack for balance that he called on to ride the chaos around him. He knew he couldn't fix or banish the chaos — and it would be arrogant to try. His state of grace was more like skiing skillfully down a hill, gliding along the contours of unpredictable terrain. I'm telling you about Cohen's definition, Leo, because I think that's the state of grace you should cultivate right now. I bet it will stimulate your creativity in ways that surprise and delight you.

VIRGO (Aug. 23-Sept. 22): Poet Juan Felipe Herrera praises the value of making regular efforts to detox our cluttered minds. He says that one of the best methods for accomplishing this cleansing is to daydream. You give yourself permission to

indulge in uncensored, unabashed fantasies. You feel no inhibition about envisioning scenes that you may or may not ever carry out in real life. You understand that this free-form play of images is a healing joy, a gift you give yourself. It's a crafty strategy to make sure you're not hiding any secrets from yourself. Now is a favorable time to practice this art, Virgo.

LIBRA (Sept. 23-Oct. 22): In accordance with current astrological omens, here's your meditation, as articulated by the blogger named Riverselkie: "Let your life be guided by the things that produce the purest secret happiness, with no thought to what that may look like from the outside. Feed the absurd whims of your soul and create with no audience in mind but yourself. What is poignant to you is what others will be moved by, too. Embrace what you love about yourself and the right people will come."

SCORPIO (Oct. 23-Nov. 21): "I swear I became a saint from waiting," wrote Scorpio poet Odysseus Elytis in his poem "Three Times the Truth." According to my reading of the astrological omens, you may be in a similar situation. And you'll be wise to welcome the break in the action and abide calmly in the motionless lull. You'll experiment with the hypothesis that temporary postponement is best not just for you, but for all concerned.

SAGITTARIUS (Nov. 22-Dec. 21): "My greatest asset is that I am constantly changing," says Sagittarian actress and activist Jane Fonda. This description may not always be applicable to you, but I think it should be during the coming weeks. You're primed to thrive on a robust commitment to self-transformation. As you proceed in your holy task, keep in mind this other advice from Fonda. 1. "One part of wisdom is knowing what you don't need anymore and letting it go." 2. "It is never too late to master your weaknesses." 3. "If you allow yourself, you can become stronger in the very places that you've been broken." 4. "The challenge is not to be perfect. It's to be whole." P.S. And what does it mean to be whole? Be respectful toward all your multiple facets, and welcome them into the conversation you have about how to live.

CAPRICORN (Dec. 22-Jan. 19): You can't escape your past completely. You can't loosen its hold on you so thoroughly that it will forever allow you to move with limitless freedom into the future. But you definitely have the power to release yourself from at least a part of your past's grip. And the coming weeks will be an excellent time to do just that: to pay off a portion of your karmic debt and shed worn-out emotional baggage.

AQUARIUS (Jan. 20-Feb. 18): Aquarian playwright August Strindberg didn't have much interest in people who "regurgitate what they have learned from books." He was bored by stories that have been told over and over again; was impatient with propaganda disguised as information and by sentimental platitudes masquerading as sage insights. He craved to hear about the unprecedented secrets of each person's life: the things they know and feel that no one else knows and feels. He was a student of "the natural history of the human heart." I bring Strindberg's perspective to your attention, my dear one-of-a-kind Aquarius, because now is a perfect time for you to fully embody it.

PISCES (Feb. 19-March 20): "It's no fun being in love with a shadow," wrote Piscean poet Edna St. Vincent Millay. And yet she indulged profusely in that no-fun activity, and even capitalized on it to create a number of decent, if morose, poems. But in alignment with your astrological omens, Pisces, I'm going to encourage you to fall out of love with shadows. The coming weeks will be an excellent time to channel your passions into solid realities: to focus your ardor and adoration on earthly pleasures and practical concerns and imperfect but interesting people. ●

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Serves as a customer service representative to patients, their families, the public and the Medical Staff. Must be able to communicate clearly. Effective computer and software skills, a knowledge and experience with a wide array of various software systems and applications. Ability to maintain confidentiality with regard to patient information and other sensitive issues. Ability to perform basic math functions and be able to balance a cash box. Ability to follow direction. Willing to train the right person. High school diploma or equivalent required. One year secretarial or general office experience preferred. Must be available to work weekends.

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Redwoods Rural HEALTH CENTER

Job Openings

Part-Time HR Specialist

The HR specialist recruits new hires, maintains benefits and payroll, mediates conflict and engages employees in training and development. He/she will also be involved in updating employee handbook and supporting new employee orientations. Must have 2+ years experience in HR field and degree or certificate in Human Resource Management.

Transportation Care Coordinator

Will assist in program development and coordinate our new transportation services. Must be a detail oriented multi-tasker! A valid California Driver's License, clean driving record and knowledge of the local area(s) are required. Spanish speaking is desired.

Full Time Care Manager

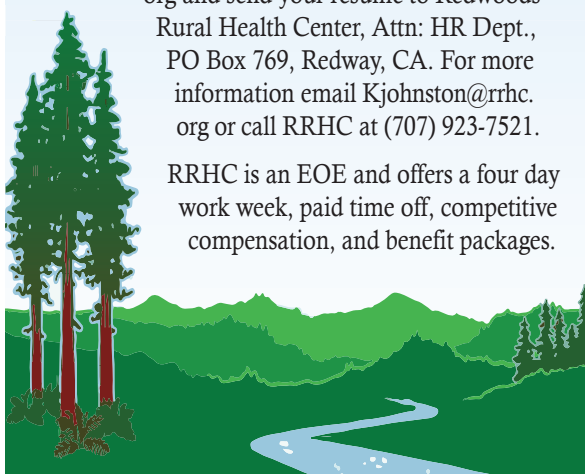
Functions as a core member of a Collaborative Care team that involves the patient's primary care provider, other mental health providers in the primary care clinic.

The care manager is responsible for coordinating and supporting mental health care within the clinic and for coordinating referrals outside the clinic. The care manager may provide evidence-based treatments or interventions.

Bachelor's or Associate level Counselor, Mental Health Aide, and or Behavioral Health Aide education required. Must have experience working with patients who have co-occurring mental health, substance use, and physical health problems.

Interested parties are encouraged to complete the employment application at www.rrhc.org and send your resume to Redwoods Rural Health Center, Attn: HR Dept., PO Box 769, Redway, CA. For more information email Kjohnston@rrhc.org or call RRHC at (707) 923-7521.

RRHC is an EOE and offers a four day work week, paid time off, competitive compensation, and benefit packages.



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\$15.65 - \$20.08 hr. plus benefits

Under general supervision, oversees inmates and inmate trustees and personally participates in the preparation, volume cooking and and portioning of meals in the County Jail; performs related work as assigned. AA/EOE

Filing deadline: December 5, 2019.

Apply online at www.humboldt.gov/hr

County of Humboldt Supervising Librarian – Fortuna Branch

\$25.51 - \$32.73 hr. plus benefits

Under direction, plans, organizes and directs the operation of a major library section, function or a major branch library; performs related work as assigned.

Filing deadline: December 12, 2019. AA/EOE

Apply online at: <http://www.humboldt.gov/hr>



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2121 SALTER LOOP ROAD, SALTER - \$319,000

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MYERS FLAT – LAND/PROPERTY - \$490,000

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DINSMORE – HOME ON ACREAGE - \$499,000

±15 Acre riverfront w/ pond, 2 /2 home, 2/1 guest cabin, patio, shop, gardens & greenhouse.



WILLOW CREEK – HOME ON ACREAGE - \$349,000

±40 Acres with a 2/1 home just outside of sunny Willow Creek! Features a shed, water storage tanks, and PG&E (with hookups for backup generator).



3561 IOWA STREET, EUREKA - \$255,000

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HOOPA – HOME ON ACREAGE - \$199,000

Flat, usable ±.65 parcel, fully fenced, w/ Mill Creek frontage, fruit trees, 2 cabins w/ bath & electric.

BLOCKSBURG – CULTIVATION - \$1,575,000

±160 Acre turn-key cultivation farm in desirable Blocksburg! State & County permits for 10k sqft of ML & 31k sqft of OD cultivation space!



45400 HIGHWAY 299, JUNCTION CITY - \$130,000

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WILLOW CREEK – LAND/PROPERTY - \$385,000

±160 Remote acres featuring meadows, building sites, developed well, and Grass Creek frontage!



118 PANTHER ROAD, WILLOW CREEK - \$485,000

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1510 SEELEY McINTOSH RD, WILLOW CREEK - \$389,000

3/2 home on ±3 acres with a pool, shop, room for horses, gardens, or whatever your heart desires!



ELK PRAIRIE VINEYARD, MYERS FLAT - \$1,350,000

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CUTTEN – LAND/PROPERTY - \$495,000

±9.25 Acres in Cutten/Ridgewood area! Property has redwoods, open meadows, a skid road, and the potential to subdivide.



1286 HOWARD STREET, EUREKA - \$218,000

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WEITCHPEC – LAND/PROPERTY \$399,000

±200 Acres w/ water, flats, good roads, cabin, shop. 250,000 BF merchantable timber.



HORSE MOUNTAIN – LAND/PROPERTY - \$2,500,000

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KING SALMON – LAND/PROPERTY - \$99,000

Three parcels totaling ±.4 acres on the canal in King Salmon. Water and power on the property.



102 MARIGOLD LANE, WILLOW CREEK - \$499,000

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Food for People

Feeding Those in Our Community Who Need it Most

Did you know that nearly **10,000 children** in Humboldt County live at or below the federal poverty line? And that **60 percent** of Humboldt County children qualify for free or reduced-cost lunch during the school year?

For many of those children, access to adequate, nutritious food can be a challenge—especially on the weekends when school meals are not available.

Children who experience food insecurity face a greater risk of **illness, inability to concentrate, anxiety, and behavioral issues** resulting in poor school performance.

Since 2006, Food for People has provided a weekend bag of food to local children who are considered at-risk for hunger through its **Backpacks for Kids Program**.

The Backpacks for Kids Program is just one way Food for People is working to eliminate hunger and improve the health and well-being of our community.

Our 18 programs would not be possible without the sup-

port of our community partners, volunteers and donors like **you**. Keep reading for ways you can make a difference in somebody's life this holiday season.

"Sometimes we're out of food, so it's nice to have food on the weekends."

- child in the Backpacks for Kids Program



A local child eats yogurt provided through Food for People's Child Nutrition programs.



Food for People
The Food Bank for Humboldt County

(707)445-3166 - www.foodforpeople.org - 307 W. 14th Street, Eureka CA 95501

— FOOD FOR PEOPLE'S MISSION —

The mission of Food for People is to work to eliminate hunger and improve the health and well-being of our community through access to healthy and nutritious foods, community education and advocacy.



Your donation can help me a difference in a child's life - foodforpeople.org

Food for People | at a glance

Countywide Food Programs

Food for People operates a network of **17 food pantries** as far north as Orick, south to Garberville, and east to Willow Creek and Dinsmore. Many of the pantries use the "choice" model, allowing clients to pick food items that **meet their needs**.

(Right): Food for People's Bilingual CalFresh Outreach Specialist Bertha answers clients' questions at a Mobile Produce Pantry in Trinidad.



Feeding At-Risk Children

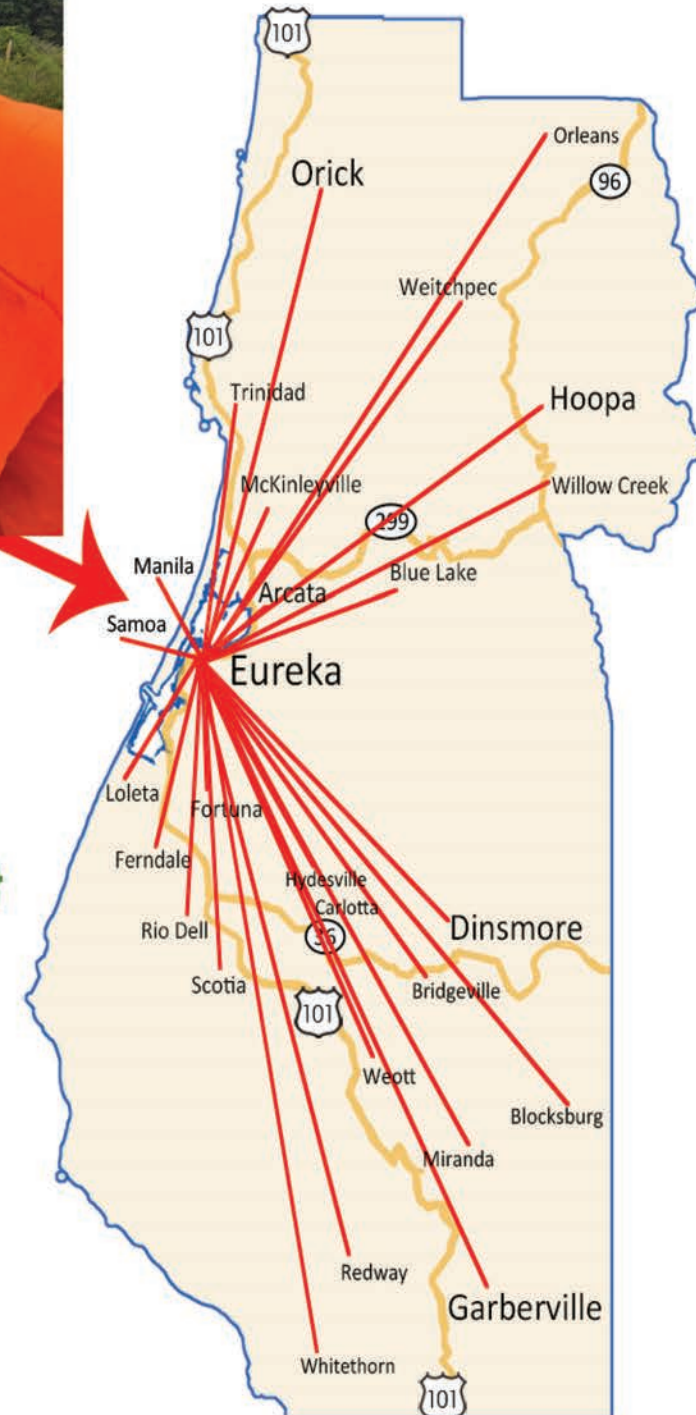
Food for People's **Backpacks for Kids** and **Children's Free Summer Lunch** programs help **fill the meal gap** for at-risk children on weekends and during the summer when school meals are not available.



Thanks to generous community support, the Backpacks for Kids program serves nearly 600 Humboldt County children at more than 36 schools.

"I usually don't eat food after school, but on Friday I do"

- child in the Backpacks for Kids Program

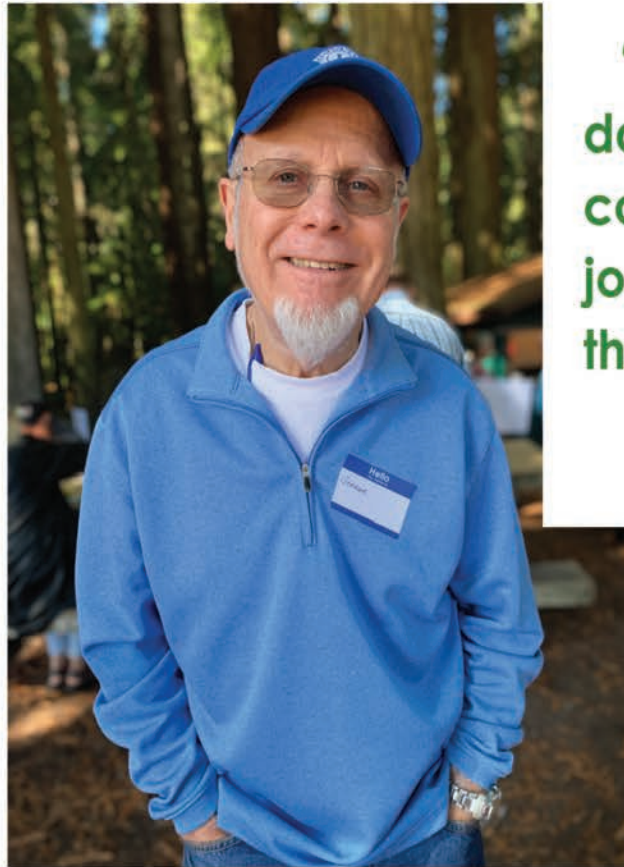




Interested in giving back to your community? Volunteer with Food for People!

Senior & Homebound Delivery

Food for People provides monthly food to low-income **seniors and homebound** individuals through the Senior & Homebound Delivery Programs, allowing participants to maintain their **health and independence**.



"When I know it's the day the food bank is coming over, I'm very joyful because I need the food."

- senior in Food for People's Senior & Homebound Program

Volunteer Opportunities

Last year alone, volunteers spent more than **21,000 hours** sorting and distributing food, packing or delivering senior food bags, harvesting produce, interviewing and assisting program participants, helping with clerical tasks, and much more. Food for People is always looking for volunteers. Visit www.foodforpeople.org to find out how you can help.



Fresh & Local Foods

Food for People believes that everyone deserves access to healthy, nutritious foods. That is why 36 percent of the food distributed is grown right here in Humboldt. It's all possible thanks to partnerships with local farmers, ranchers, orchards and backyard gardeners.



(Above left): Trinidad Pantry Coordinator George enjoys the Food for People's volunteer party at Sequoia Park. (Above Center): Volunteer Katrina gleans green beans at a local farm with baby Myko in tow. (Above right): Food for People's Nutrition Education Coordinator Kayla shares zucchini plum skewers at a Free Produce Distribution in Eureka.



Give this holiday season to help those in need



Give to Food for People

Send a donation or give at
www.foodforpeople.org



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Fill a bag with healthy nonperishable food and drop in one of our food drive barrels

Get involved!

Volunteer - Advocate - Learn more



www.foodforpeople.org

307 W. 14th Street, Eureka, CA 95501

During this time of year, we are reminded to **reflect on our blessings** and **express appreciation** for what we have. As we make plans to see loved ones, share food and celebrate, it is important to recognize that for some in our community, the holidays can be a difficult time.

For people struggling to make ends meet, the expectation of buying gifts and the pressure of preparing a special holiday meal for loved ones can be challenging. That is where the holiday spirit comes in.

Food for People would like to **invite you** to participate in the 27th Annual Holiday Food & Fund Drive.

Last year, the drive brought in more than **127,000 pounds of food**—more than half of Food for People's annual food drive donations—thanks to the support of local businesses, organizations and donors. **You can help!** Drop your nonperishable food donations in marked barrels and boxes throughout the county, or make a financial donation using the enclosed pre-addressed envelope. **Your support is appreciated!**

A Special Gift

For every **\$30 gift you make** to Food for People, we will send this special holiday card to a friend or loved one you designate to honor.

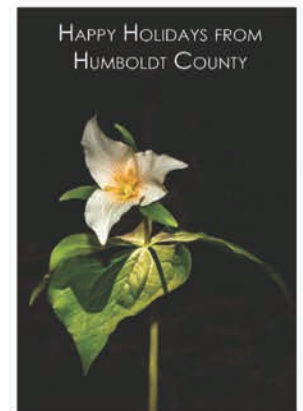


Photo by Ginny Dexter.